

Miller Park Community School

working together to strengthen our community

Winter 2020

Afterschool Program



REGISTRATION DATES: December 2nd 2019 - December 13th 2019

PROGRAM DATES: January 13th 2020 - March 6th 2020

Community Development Facilitator

Shreya Qazi

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MONDAYS:**Drawing and Painting**

Drawing and painting is a fun activity that helps encourage creativity. The children will learn the different techniques to make their art stand out. Your kids will feel a sense of accomplishment and pride when they finish their works of art.

Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
Gr. K-2	Monday	3:00PM-4:00PM	GYM	January 13 — March 2	6	\$38
Gr. 3-5	Monday	4:00PM-5:00PM	GYM	January 13 — March 2	6	\$38

TUESDAYS:**Rock , Learn and Play**

Rock, Learn and Play- is a fun, entertaining and creative participatory music program for young children. It is a great way to help kids overcome their shyness and to socialize with other children. They get to try different instruments, provide children with some exercise, and add some excitement to an otherwise ordinary school day.

Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
3-5	Tuesday	3:00PM-4:00PM	Library	January 14— March 3	8	\$80
K-2	Tuesday	4:00PM-5:00PM	Library	January 14 — March 3	8	\$80

****NO CLASSES ON Jan 27 and Feb 14,17,28**

****COST OF MATERIALS INCLUDED**

TUESDAYS:



Using specialized LEGO® Technic pieces such as gears, axles, and electric motors to let children construct a variety of Bricks 4 Kidz motorized models designed by teachers, architects and engineering professionals. The STEM-based, hands-on curriculum will introduce children to the concept of engineering, architecture and mechanics. It enhances children's knowledge and skills in Science, Technology, Engineering and Math while improving their teamwork, organization and communication skills.

Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
K-5	Tuesday	3:00PM-4:00PM	Room 6	January 14— March 3	8	\$60

COZY CROCHET (BEGINNERS)

Crochet is a fun activity that encourages creativity. Knitting is all the rage, but did you know crocheters outnumber knitters 3 to 1?

Cozy Crochet is for grade 3-5 classes and teaches you need to learn how to crochet. Get crochet patterns and helpful advice on stitches, yarn and more.



Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
Gr. 3-5	Tuesday	4:00PM-5:00PM	ROOM 6	January 14— March 3	8	\$40

RHYTHMIC GYMNASTICS

Rhythmic Gymnastics is an elegant sport both in physique and performance. It involves the use of body movements with apparatus by throwing and catching the apparatus (rope, hoop, ball, ribbon, and clubs). Students will put the skills together in choreographed routines with music.



Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
Gr. K-5	Tuesday	3:00PM-4:00PM	Gym	January 14— March 3	8	\$40

WEDNESDAYS:**Mpower your Inner Warrior**

This mpowerment program aims to benefit your child emotionally, mentally, and physically through martial arts. The values of martial arts such as respect and self defence will be discussed in a welcoming environment, but confidence, self-awareness and proper goal setting approaches will also be incorporated in the discussion as these are important lessons that help students mature. The student will learn practical self defence skills through technical drills, workouts, and games. These skills will focus on both grappling and striking techniques. Throughout the class, students will follow respectful etiquette such as bowing, meditating, and active listening to show respect to instructor, their peers, and the classroom

Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
1- 5	Wednesday	<u>3:00PM-4:30PM</u>	Gym	January 15— March 4	8	\$85

****NO CLASSES ON Jan 27 , and Feb 14,17,28**

****COST OF MATERIALS INCLUDED**

THURSDAYS:

Musical Theater All Stars

Practice the musical-theatre skills of acting, singing and dancing through fun games and exercises. We will focus on current pop songs and work together as a group. Combine your skills in a short piece and perform it on the last day of the program for family and friends.

Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
Gr. K-5	Thursday	3:00PM-4:00PM	Gym	January 16— March 5	8	\$80

FRIDAYS:



Cooking with Kids– City of Coquitlam

This program features fun and healthy recipes that are low cost and kid friendly. Participants will learn techniques and strategies used in the kitchen.

Let's start cooking!

Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
Gr. K-2	Friday	3:00PM-4:00PM	Gym	January 17— March 6	6	\$36
Gr. 3-5	Friday	4:00PM-5:00PM	Gym	January 17 — March 6	6	\$36

Science Kids– City of Coquitlam



Enjoy fun science experiments for kids that feature awesome hands-on projects and activities that help bring the exciting world of science to life.

Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
Gr. K-2	Friday	3:00PM-4:00PM	Room 6	January 17— March 6	6	\$36
Gr. 3-5	Friday	4:00PM-5:00PM	Room 6	January 17 — March 6	6	\$36

How to Register

Our Community School “After School Programs Registration” is online using **Karelo** registration system.

Karelo accepts payment using **Visa or MasterCard** from most major banks.

You can get instant confirmation of your spots in the programs you choose. You will require an email address in order to get your confirmation # and print out a receipt for your payment.

To access the registration website please **visit the Miller Park Community School Website then click on the “Community Programs” button on the homepage.**

If you are not able to register online please get in touch with me via email :- sqazi@sd43.bc.ca.

All registrations are on first come, first serve basis.

Programs are partially subsidized by BCRPA grant