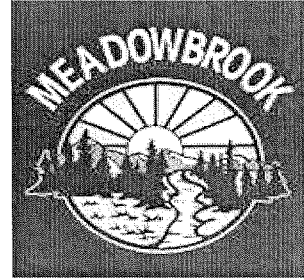


Meadowbrook News



FEBRUARY 2013

We have a wonderful group of caring students at Meadowbrook and this month we are re-introducing the "Every Drop Counts" and the S.T.A.R. tickets draws each week.

The "Every Drop Counts" idea is based on the book "Have You Filled A Bucket Today?" – I read it to classes at the start of the year and we talked about how everyone has a 'bucket' that can be filled through kindness and caring, and emptied through hurtful acts. Of course, we want everyone at Meadowbrook to have a 'full' bucket. The great message in this book is that you fill your own bucket when you fill someone else's - in other words, showing kindness to others makes **you** feel good too.

The STAR tickets (Students Taking Action Responsibly) is a program that designed to recognize responsibility and citizenship in our students.

Draws will be held weekly to recognize acts of caring and responsibility.

Our school goal this year is to improve self –regulation skills by helping students identify strong emotions and the accompanying physiological reactions in both themselves and others. Recognizing these emotions is the first step towards self regulating behaviour. Children then need to accept responsibility for their feelings and demonstrate them in healthy, socially appropriate ways.

Parent-teacher-student conferences

These conferences will be held for all Meadowbrook students on the afternoons of February 20 and 21st. Students will be dismissed at 2:00 on both of those days.

District Professional Development Day Feb 22

Schools will be closed on February 22 to allow teachers to attend professional development inservice.

Scholastic Book Fair

With the help of Ms. Stowell, the scholastic book fair will be held on February 26-28. It will be held in room 1 across from the office and open from 8:30 – 9:00, recess, lunch and after school from 3:00 – 3:30. Money raised will go to support our library.

Raven Meets the Monkey King

Axis Theatre will be performing Raven Meets the Monkey King on Friday, February 8 at 9:00 a.m. Thank you to PAC for making this performance happen.

Upcoming events and important dates

February 8	Theatre 9:00 in gym : Raven Meets the Monkey King
February 11	Family Day – no school
February 15	Movie Night 6:30 door open, Movie: HOTEL TRANSYLVANIA at 7:00 p.m.
February 21	Hot lunch
February 22	Pro D – no school for students
February 27	PINK SHIRT DAY – PUT A STOP TO BULLYING
February 27	Celebrate Real Acts of Caring Day



Community News

SPRING BREAK DAY CAMPS

THE "SCHOOL OF WONDERSTANDING" 2013

The Professional Development Program at Simon Fraser University is excited to offer four days of hands-on, action-packed activities this Spring Break from Monday, March 25th through Thursday, March 28rd, 2013 for students from grades K-5, at Central Community School. The four days of activities will run from 9:00 a.m. - 2:45 p.m. each day.

This unique opportunity is part of a wonderful community partnership between Simon Fraser University and School District 43. During the four days of our "School of Wonderstanding," students will participate in a number of different activities such as cooking, crafts, indoor/outdoor games, dance/sports, science experiments and drama and of course FUN. All sessions are fully supervised by Student Teachers in the Professional Development Program, as part of their teacher training program, working alongside certified teachers. Each session is designed to excite and delight participants with hands-on, creative learning opportunities to strengthen the connection of "wonder" and "understanding" for the world around us.

The cost for all 4 days of activities is \$50 per student, which includes supplies and materials. Participants will need to bring a bag lunch, dress comfortably and come ready to have fun!

Contact Heather Roemer Community School Coordinator for more information at hroemer@sd43.bc.ca or call 604-209-1423 or leave a message for call back at 604-464-0207

Blissful Parenting



Presented by:
Chuck Anderson

Chuck has an energetic and engaging presentation style that uses the latest accelerated learning techniques and a high level of audience involvement. This training is specifically adapted to helping parents of children & teens deal with the many behavioural issues that come with the job of being a parent.

WORKSHOP

Are you feeling challenged...

- ◆ ... by your kid's power struggles?
- ◆ ... by their whining or attitude?
- ◆ ... with bed time and morning routine?
- ◆ ... with homework not getting done?
- ◆ ... with sibling conflict?
- ◆ ... or something else?

A FREE workshop based on positive discipline techniques that can turn "bad" child behavior around immediately!

In partnership with:

Wednesday, February 20th, 6:30-8:30 p.m.



Mountain View Elementary School, 740 Smith Avenue,
Coquitlam (use Robinson Street to access the Centre)

Child minding & snacks will be provided.

Parent Support
Services Society of
BC

**Call Michelle at SHARE 604-250-0018 or PSS at
604-669-1616 to register!**

We acknowledge the financial support of the Province of British Columbia