

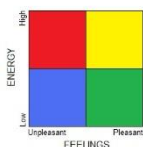
April : MEADOWBROOK MID MONTH UPDATE




Como Lake relay

On April 17<sup>th</sup>, the driving rain did not stop our students from participating in the Como Lake Relay. Thanks to the dedication of their coaches – Ms. Dhami, Ms. Moscone and Mr. Nicoll, our grade four and five runners were prepared to run the 1.2 km circuit in any weather! Our parents had the foresight to set up a canopy and light a gas fire to keep our students warm while they waited to run, and hot chocolate was available afterwards. Thank you to all our runners and our coaches, drivers and supporters who made such a wet day such a fun one! Participation ribbons will be awarded to each runner on Friday's Run for Water/Earth Day assembly at 10:45.

#### Mood Meter Survey



A survey has been sent home to parents to help us determine the effectiveness of this year's emphasis on the use of the Mood Meter. Please fill it out and return to the office – your responses will help us develop our next year's goals and guide our instruction around social-emotional learning. Students are completing a survey in class as well, so ask your child about it!

**After School programs:** Please note that the Tumblebus is still accepting registrations for the afterschool program starting April 30<sup>th</sup> and that BCTennis is also still accepting registrations for the programs starting next week. 



**Matt Hallat:** Yesterday, Paralympic alpine skier Matt Hallat came to speak to our students. Matt has competed in three Paralympics and has just returned from Sochi, where he came in 6<sup>th</sup> in slalom! He is a former Coquitlam student and spoke to our school about the importance of setting goals and working to attain them. To hear more from him, go to [www.matthallat.com](http://www.matthallat.com)

**Assembly on Friday 11:00:** On Friday we will be having a presentation made by Run for Water : *Envision a Better World* provides engaging opportunities to learn about the importance of clean water and sanitation for all in the world with a special focus on Ethiopia. They promote positive action and encourage students to take their own steps in creating a more just and sustainable world. As part of this awareness, we will be having a mini-run at our school at the end of May. There will also be student presentations about Earth Day. Everyone is welcome to attend!