

Camp Elphinstone – Grade 8 Team Building Event

September 27-29, 2017

Dear Parents and Guardians:

The purpose of this meeting is to seek your support and permission for your child to participate in our annual Grade 8 teambuilding event at Camp Elphinstone from September 27th until September 29th, 2017. Please note that participation in this activity is strictly voluntary. The cost of the trip reflects your child's expenses only, and is non-refundable.

As attendance on the field trip is optional, alternate learning experiences will be provided at the school if your child chooses not to attend camp. Payment will be made online and will be available as soon as possible. An email will be sent to you when it is up and running.

Thank you in advance from the Grade 8 teachers.

A \$200.00 payment to the school is to be paid online.
Details to follow

Recommended Packing List

When preparing for camp, be sure to consider the length of stay, time of year and the activities that your child may participate in. Our programs continue despite the occasional rainy day. For your child's comfort and well-being, please come prepared for the weather.

The luggage you transport your belongings in does not need to be expensive, backpacks are ideal, hockey bags, duffels, old suitcases and big laundry bags are fine too. We kindly ask that you do not pack items in garbage bags as they rip easily and can be mistaken for garbage. Do not bring knives, cell phones, MP3 players, or other electronics. Below are recommended packing lists for equipment, clothing and toiletries.

Equipment

Sleeping bag (the warmer the better), pillow, and pillow case, sheet for mattress / extra blanket (Optional), Flashlight (with fresh batteries), Water bottle.

Clothing (be sure to check the weather before leaving)

Socks & underwear, Shorts, t-shirts, pants & sweaters, Rain gear (camp activities happen rain or shine!), Rubber boots, Shoes/Boots/Sandals (one pair with laces and rubber soles, and one pair that can get wet), Pajamas, Swimsuit, Towels (one large, one small), Hat (for sun and rain).

Toiletries

Toothbrush and toothpaste, Biodegradable soap and/or shampoo, Deodorant (roll on only, no sprays or perfumes), Roll of toilet paper (just in case!), Insect repellent, Sunscreen.

Heat Room & Packing

To ensure a bed bug free facility, all bags and personal belongings arriving at Camp Elphinstone must pass through a heat treatment process which eliminates the concern of bed bugs spreading to our facilities or to your homes. Our specially constructed heat treatment room brings bags to 60 degrees Celsius which ensures that any bed bugs and/or eggs that may be contained within with bags, fabrics, or bedding is killed prior to entering the lodges or cabins. The heat treatment is safe for most items, but a few things should not pass through the Heat Room:

Toiletries and cosmetics, cameras and all electronics (should be left at home as Elphinstone is an electronics free facility). Medicines, aerosols, food, including pop cans, candles and wax, photographs, and rubber boots should not be left in the luggage, and should be carried separately.

In order to have your luggage "heat-room ready", we ask that a zip-lock bag, (or other self-contained) with all heat-room exempt items be kept out of the luggage. Please ensure bags are labelled for ease of recognition with the both first and last name and school.