

## Athletics – Spring Schedule

|                    | Monday   | Tuesday  | Wednesday   | Thursday  | Friday          |
|--------------------|--|--|---|---|-----------------|
| <b>AM</b>          | Band   | Badminton<br>Sprints & Relays<br>Discus & Shot Put | Closed for Collab   | Band<br>Long Distance<br>Javelin (Grade 8 only) | Basketball Club |
| <b>Lunch</b>       | Badminton  | Dodgeball  | Lacrosse  | Dodgeball                                       | High Jump       |
| <b>PM</b>          | Badminton<br>Rugby<br>Sprints & Relays<br>Long & Triple Jump | Basketball Club                                    | Badminton<br>Long Distance<br>Long & Triple Jump<br>Rugby | Badminton<br>Sr Rugby                           | Pickleball      |
| <b>GYM</b>         |  |  |   |   |                 |
| <b>OUTSIDE</b>     |  |  |   |   |                 |
| <b>SCOTT CREEK</b> |  |  |   |   |                 |

### Practice Times:

All morning practices start at 7:45am.

Afterschool practices:

|                      |                          |                                       |
|----------------------|--------------------------|---------------------------------------|
| Rugby<br>3:00-4:00pm | Badminton<br>3:00-4:00pm | Track and Field<br>3:00pm-3:30/4:00pm |
|----------------------|--------------------------|---------------------------------------|

### Games/Events:

Sr Boys Rugby games on Thursdays @ Scott Creek 3:30pm-5:00pm.

- 1<sup>st</sup> game April 25<sup>th</sup>
- 2<sup>nd</sup> game May 9<sup>th</sup>
- 3<sup>rd</sup> game May 16<sup>th</sup>
- Grade 8 Boys Finals May 23<sup>rd</sup>

Track and Field:

- Mini Meet after-school at Pitt River Middle School on April 24<sup>th</sup> until 5pm.
- Track and Field Clinic at Centennial Secondary School on May 3<sup>rd</sup> after-school until 5pm.
- District Track and Field Meet at Coquitlam Town Centre Percy Perry Stadium (ALL DAY EVENT) on May 10<sup>th</sup>

Badminton:

- All Badminton events will take place at Kway.
- Playoff Tournaments will occur during the school day at lunch.
  - o Grade 6s – May 21<sup>st</sup>
  - o Grade 7s – May 23<sup>rd</sup>
  - o Grade 8s – May 28<sup>th</sup>