

Happenings – Hillcrest Middle Newsletter

Monday April 23rd, 2018

CALENDAR OF EVENTS:

Monday, April 23 rd	* Adv. Band – MPR / Beg. Band – Gym @ 7:45 * Quebec Exchange Students – Metro Vancouver Scavenger Hunt * Athletics: Rugby Practice @ 3:00 – 4:30
Tuesday, April 24 th	* Boys Choir in Dramus Rm @ 7:45 * Quebec Exchange Students – Stanley Park * PAC Pizza Lunch for Blue & Yellow Teams who placed orders * Athletics: Track & Field Practices @ 12:25/ Rugby Practice @ 3:00 – 4:30/ Badminton Club Gr. 6/7 @ 3:00 – 4:00
Wednesday, April 25 th	* Adv. Band – MPR / Beg. Band – Gym @ 7:45 * Quebec Exchange Students – Day Trip to Victoria * Athletics: Rugby Practice @ 3:00 – 4:30/ Track & Field Mini Meet @ 3:15 @ Como Lake Middle * Gr. 5 Parent Open House – 6:00 -6:30 MACC Parent Mtg./ 6:30 – 7:00 School Tours/ 7:00 – 8:00 All Gr. 5 Parents & Student Presentation Gym
Thursday, April 26 th	* Girl Choir in Dramus Rm. @ 7:45 * Quebec Exchange Students – School Visit in am / Bowling in pm * Bring Your Child to Work Day @ Hillcrest * Athletics: Track & Field Practices @ 12:25/ Rugby Game Gr. 7/8 @ 3:00 – 4:30 @ Scott Creek/ Badminton Club Gr. 6/7 @ 3:00 – 4:00
Friday, April 27 th	* District Challenge Activity – Geocaching @ Hillcrest@ 12:30 * Quebec Exchange Students – Deep Cove Kayaking/ Hike Quarry Rock * Athletics: Rugby Game – Boys Gr. 6/7 @ Scott Creek @ 3:00 – 5:30
Monday, April 30 th	* Adv. Band – MPR / Beg. Band – Gym @ 7:45 * Athletics: Rugby Practice @ 3:00 – 4:30
Tuesday, May 1 st	* Boys Choir in Dramus Rm @ 7:45 * Kiwanis Band Festival – Advanced Band @ Langley @ 9:00 – 12:00 * Explorations Term 4 Ends * Athletics: Track & Field Practices @ 12:25/ Rugby Game – Girls @ Scott Creek @ 3:00 – 5:30/ Badminton Club Gr. 6/7 @ 3:00 – 4:00
Wednesday, May 2 nd	* Adv. Band – MPR / Beg. Band – Gym @ 7:45 * Explorations Term 5 Begins * Athletics: Rugby Practice @ 3:00 -4:30
Thursday, May 3 rd	* Girl Choir in Dramus Rm. @ 7:45 * Athletics: Track & Field Practices @ 12:25/ Rugby Game – Boys Gr. 7/8 @ Scott Creek @ 3:00 – 5:30/ Badminton Club Gr. 6/7 @ 3:00 – 4:00
Friday, May 4 th	* Div. 15/ 16 Hyde Creek Fish Release Activity @ 9:00 * Presentation: Sarah Krueger school theme of Perseverance and Grit @ 9:00 * Athletics: Rugby Game – Boys Gr. 6/7 @ Scott Creek @ 3:00 – 5:30
Please see our school calendar on our website: www.sd43.bc.ca/hillcrest	

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McFaul's Chat and Chew: Working WITH the Kids.

I spent my Professional Development Day on Friday working with over fifty educators and our group leader who is a leading practitioner in Restorative Practices/ Justice from California. During our working sessions the key point was to be working **WITH** the students to enhance their most optimal learning environment.

This is a situation of having high student expectations and maximum adult support for building strong human relationships. By working **WITH** students as people to be honoured and to have an unconditional acceptance in working together is the part of the concept of being **WITH**. The **WITH** part means working side by side, sitting at the same level or conversing together shoulder to shoulder. Which is different from the other options of working TO your students to *manage* them, or FOR your students to *meet their needs* or NOT working which has the relationship of *neglecting and rejecting* the student as a partner in learning. The working **WITH** avoids the power differential of the adults having power over the students and relies on building a trust that nurtures the capacity of all people and their environment that is inclusive, collaborative and allows all involved to act in ways that are healing and developmental rather than power dimensions that alienate and are coercive.

The nurturing journey of working **WITH** needs to focus on the path, not just the destination. We adults tend to dramatically discount the present moment in favor of future outcomes. Yet childhood is a fleeting time. We need to be fostering healthy relationships that develop social emotional learning in all its core competencies – self-awareness, social awareness, self-management, responsible decision making and relationship skills. We should be encouraging the children in our care to revel in their childhood, not hurry out of it as if children were mini adults on a fast-track to paying income taxes and signing on to a low rate mortgage. The path of building relationships requires us to look at honouring growth above proficiency. The idea of working **WITH** students to see their individual and incremental growth in academic steps be it numeracy or literacy, is far more significant than an overall mark of a letter grade on a report card. The challenge of acknowledging these small nuances in learning by the teachers and by you the parent/ guardian helps to ensure that the growing **WITH** one another is an aspect and feature that supports lifelong learning and healthy relationships amongst all. We as teachers are workers of gradual miracles and we model patience like the green gardeners, who, know how long seeds take to grow. It's hard work tilling the soil, nurturing the first fragile green tendrils, and staying vigilant when frosts or plague threaten the seedlings' survival. As teachers and parents, the work of sustaining a gradual miracle requires incredible patience. If we can teach ourselves that hard habit, our students/ children will grow. They may also learn to slow down, delight in the present, and take time to fully experience the many moments before the harvest.

The quickest way to change another person's behavior is to change your behavior towards them so by working **WITH** kids we have a greater chance of changing their life outcomes. Kids are going to make mistakes. But if you make it a point to enjoy being **WITH** them, and treat them **WITH** great respect and care, there is almost no mistake you can't correct. They will be far more open to your feedback when they feel that you like them and enjoy them. I know that I get a much better result in working **WITH** students when I make it a point to enjoy being **WITH** them. They don't always act just like I want, but I do enjoy being **WITH** them anyway.

School Happenings: Events and Activities.

Gr. 5 Parent Night Open House Activities – This event is upcoming on the calendar and it will involve some more opportunities for our current students to showcase their school and their leadership skills. We will be asking our students to help share information about our Academic programs, Explorations, Athletics, Fine Arts – Band and Choir Programs and the various clubs that happen throughout the year.

We invite all our Gr. 5 incoming students and their families to participate in this event to come and learn about what middle school will look, sound and feel like for all of those involved.

The evening starts with the following timelines as we aim to meet the needs of the various academic programs:

- MACC Program Gr. 5 Students and Families are expected to attend 6:00 – 6:30 for an introduction.
- All Gr. 5 Students and Families are invited to join our student ambassadors for a tour of the school.
- All Gr. 5 Students and Families are then expected to join our staff in the gym from 7:00 – 8:00.

Even if you are a parent and this is your second or third child that has attended Hillcrest, we ask that you honour that younger sibling by dedicating the time to celebrate their transition to middle school and learn along with them so that they feel special just like their older siblings did when they moved onto Hillcrest.

International Bring Your Child to Work Day – On Thursday our school clientele might look a little different in terms of age groups as many of our staff will be asking their children to join them at school to celebrate this significant international day of recognition. We will have younger ones that will be popping in for short sessions to spend part of their day with their parent and older ones who might be able to provide another perspective on some in-class tutoring opportunities. We encourage you to talk to your employer and to discuss this small window of opportunity to have your child experience a day in the life of your work world. This can be an enlightening and worthy experience as our students and children learn to see the vast options of work experiences that exist and may cease to exist by the time they are employable.

Odyssey of the Mind Fundraising Adventures – The OM Team from Hillcrest Middle is raising funds for their planned adventure trip to Iowa to compete in the World International Odyssey of the Mind Finals. A huge goal and one that the girls hope can be achieved through your kindness and support.

They have three methods for fundraising over the next few weeks:

1. **Freezie Sales:** Do you like freezies? Go to Hillcrest's Odyssey of the Mind Team's fundraiser on Wednesdays after school starting Wednesday April 25th and ending on Wednesday May 16th! You can find them in the parking lot near the gym or at the spirit bear! Remember to bring money for your jumbo freezie!
2. **Donut Sales:** If you like Krispy Kreme donuts you'll love the Hillcrest Odyssey team's fundraiser in front of the liquor store at Como Lake Village on Friday April 27th after school. Make sure to bring money!
3. **Online Garage Sale:** The Hillcrest Odyssey of the Mind team invites to participate in their online bidding auction to raise funds for their trip to World Finals. You'll never know what treasures you will find! Or maybe you have items you'd like to post and get out of your house. All proceeds will benefit the team. Read more here:

<https://m.facebook.com/groups/1498336123622966>



ATTENTION NEIGHBOURS OF HILLCREST MIDDLE SCHOOL

You can help stop vandalism on school grounds

What You Can Do

Parks, schools and public spaces are most vulnerable at night. Keep your eyes and ears open for suspicious activities. Everything you see and hear helps. Note the physical characteristics and clothing of individuals. If you see automobiles, jot down license plate numbers.

Report All Suspicious Activities to the Vandal Watch Tip Line
604-927-7600

Call immediately when something raises your suspicions.
Do not wait for the damage to be done.
Your Call is Anonymous and Confidential

No one will ask for your name or phone number. Security personnel will be alerted and will investigate. They will take direct action or involve the police. **Do not get involved in a confrontation yourself.** The Tip Line is available 24 hours a day.

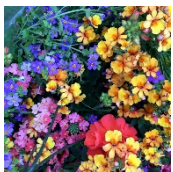
KEEP THE TIP LINE PHONE NUMBER HANDY. MAKE SURE IT IS GIVEN ONLY TO RESPONSIBLE ADULTS.

PAC News and Events:

Our PAC AGM will be held Tuesday, May 22 at 7 pm in the Library. All parents and guardians are welcome and encouraged to attend. We are looking for parents willing to take over the fundraising and lunch programs the year after next (Fall 2019 start) so they will be able to shadow the coordinator and learn the ropes during the 2018/19 year.

The PAC is on Facebook – join us at Hillcrest Middle School Parents (Coquitlam)

Questions about fundraising at Hillcrest? Contact Catherine Hubbs at hillcrestfundraising@gmail.com.



Hanging Baskets and Bedding Plants: Last week to order – don't miss out! You can order your hanging baskets, bedding plants and herbs and tomatoes online under the fundraising tab at [MunchaLunch](#). There are beautiful hanging baskets for shade and sun as well as a variety of bedding plants and herb and tomato combos. All orders are due May 1 with the plants arriving on May 10 in time for Mother's Day. Our flowers make an excellent gift that last until fall!

Grade 8 parents: Planning for the Grade 8 Leaving Ceremony is starting! Contact Louanne Midgley at ltmidgley@gmail.com if you'd like to lend a hand.

Pizza Lunches: Ordering for PAC pizza lunches for the remainder of the year is now up and running on [MunchaLunch](#). All orders and payments must be made through the MunchaLunch system.

Orders are due May 8 for the next Green and Orange Team lunch

Each team will be offered four lunch dates. The remaining dates are:

Green: May 15

Red: May 29

Blue: Apr. 24, May 29

Yellow: Apr. 24, June 5

Orange: May 15, June 5



Orders are due one week before the lunch date.

We serve two teams on each date on a rotating basis - **remember to order only on your child's team dates.** If you have multiple children on different teams you can order extra and the kids can share it - for example if you have Child A on Red Team and Child B on Orange Team order for both under Child A's name on Red Team Pizza Days and order for both under Child B's name on Orange Team dates. **Please note:** you must order the entire lunch for all kids under the child's name who is on the team being served lunch that day. **The kids must pick up the entire order together at the same time.**

We need volunteers to run the lunches. If you have about 40 minutes available from noon to 12:40 pm we would appreciate your help.

No late orders, no refunds and no special orders. All orders and payment must be through the MunchaLunch system.

The pizza lunch coordinators for this year are Catherine Hubbs and Deb Dobson who can be reached at hillcrestlunches@gmail.com.

Big Brothers and Discover Books Donation Bins – Hosted by Hillcrest: Hillcrest hosts both a Big Brothers clothing donation bin and a Discover Books bin both located at the Como Lake Ave. entrance to the school. These bins are conveniently open 24/7 and benefit both Hillcrest (we get 10 cents per pound of donated clothing, footwear, linens, material and accessories/eight cents per pound of books) AND Big Brothers. **We have received over \$1500 this year from the clothing bin and expect to receive approximately \$500 from the book bin – your donations make a difference!**

QSP Magazines: Our prize portion of this fundraiser is over but you can order magazines online all year long. QSP offers popular titles in both paper and electronic form from both Canadian and international publishers. Magazine subscriptions make great gifts that last the entire year.

Magazines may be online at www.qsp.ca – **Hillcrest is Group 3745007.** Hillcrest PAC profits an average of \$10 per subscription sold, making this a profitable fundraiser.

Fundraising by Donation: If you would like to support Hillcrest PAC by providing a donation please see the attached PAC donation letter/form. Alternatively, you can make your donation through the School Cash Online (KEV) system by clicking [here](#). No other fundraiser has a 100 percent profit margin and for donations of \$25 or more you will receive a tax receipt from SD43.



From Catherine Hubbs, PAC Fundraising Coordinator and PAC Lunch Coordinator: Next year (2018-2019) will be my last as a Hillcrest parent. I'm looking for parents who have both younger children and an interest in volunteering to take over the Fundraising Coordinator and Pizza Lunch Coordinator positions.

Before my last child leaves in June 2019 I'd like to share what I've learned with the incoming coordinators. Over the 2018/19 year I'll introduce the new people to our suppliers and systems and then leave it with them to decide what works - they can leave things as is or change things up and put their mark on it!

If you are interested please contact me at hillcrestfundraising@gmail.com.

Community News:

Coquitlam Open Learning Opportunities:

Please see the various links below for

[Continuing Education](#),

Continuing Education Magazine

<http://online.flipbuilder.com/bmrxxag/mobile/index.html>

External - posted on the [district public-facing website here](#)

[Coquitlam in Bloom Sports Fair](#)

[Invitation to Our Public Works Open House \(Port Moody\)](#)

[Port Coquitlam Public Works Day events and contests](#)

[Spring Transit Service Changes](#)

[Help release coho smolts at Salmon Leave Home](#)

Science Expo Edging towards Deadline

Local kids and teens can celebrate the spirit of innovation at Coquitlam Public Library's third annual Science Expo on Thursday, May 10, 2018.

The Expo invites Tri-Cities students – working on their own, or in pairs – to present a project in one of four categories: Elementary (gr. 4 and 5), Middle (gr. 6 to 8), Junior (gr. 9 and 10) and Senior (gr. 11 and 12). The first, second and third place winners in each category will receive prize cheques, medals and trophies.

To register for the Expo, students must submit a registration and a consent form by the deadline date of Monday, Apr. 16. The forms are available on the Coquitlam Public Library web site:

<http://www.coqlibrary.ca/programs-events/children/sci-expo>

A partnership between School District 43, Douglas College and Coquitlam Public Library, the Science Expo will run from 3:30 to 8:00 pm on May 10 in the City Centre Branch library, 1169 Pinetree Way.

If you have questions about the Expo, please check the introductory document on the library web site, or contact librarian Chris Miller at cmiller@coqlibrary.ca, or 604-554-7339.

Dr. Charles Best Secondary Dance Invite: Lights Out for Miracles is a five-hour-long glow-in-the-dark/neon themed event organized by Charles Best Miracle Movement that challenges you and your friends to stay on your feet for the entire time and participate in activities and competitions in support of sick children at BC Children's Hospital. Activities include: Rave Hour with a live DJ, Giant Obstacle Courses, Awesome Prizes, So Much Food and more! Tickets are available for a minimum \$5 donation at: <https://goo.gl/3XEES1> or by contacting charlesbestdm@gmail.com.

Event Name: Lights Out for Miracles

Date: Thursday, May 31, 2018, 4PM-9PM

Location: Charles Best Secondary School Small Gym

Ticket Price: Minimum Donation of \$5

Hillcrest Middle 2161 Regan Ave. Coquitlam, B.C. V3J 3C5
Phone: 604-936-4237 Fax: 604-937-6878 Web: www.sd43.bc.ca/hillcrest
Principal: Mr. Rob McFaul Vice-Principal: Mr. Tony Romano



CHARLES BEST MIRACLE MOVEMENT'S

LIGHTS OUT FOR MIRACLES

ALL GRADE 8'S INVITED

RAVE HOUR WITH LIVE DJ - GIANT OBSTACLE COURSE - PRIZES
FOOD - GLOW IN THE DARK ACTIVITIES - AND MUCH MORE!

THURSDAY, MAY 31ST 2018, 4PM-9PM

DR CHARLES BEST SECONDARY, SMALL GYM

TICKET PRICE: MINIMUM DONATION OF \$5



← REGISTER ONLINE OR SEND US AN EMAIL!

 @cbmiraclemovement  @bestmiraclemovement  charlesbestdm@gmail.com



Learning for All

Engaging and quality learning opportunities await your child this summer!

Summer School Programs 2018
Registration opens April 27th

**Elementary
Skill Building**
Friday, April 27th

**Middle School
Skill Building**
Tuesday, May 1st



**Secondary Program
Secondary Skill Building
and Remedial**
Tuesday, May 1st

**Grade 10 Advanced (High
School) Credit and Online
Fast Track**
Friday, May 4th

**Grade 11 Advanced (High
School) Credit and Online
Fast Track**
Tuesday, May 8th

**Grade 12 Advanced (High
School) Credit and Online
Fast Track**
Friday, May 11th

- Students must have an account on our online system BEFORE registering for courses.
- Please visit our website and create/update your account now.
- To create an account you will need your child's PEN number, which is available at your child's home school.

Courses are Tuition free for BC Residents.



**Courses
Start July.**
For exact dates,
times and
locations
visit our website.



www.summerlearningcoquitlam.ca