

GLENEAGLE TALON TALK

DAY 1 - Thursday, May 16, 2024



THE EAGLE'S NEST WILL BE OPEN Thursday, May 16, 2024, FOR LUNCH:

Soup Sweet potato & melted artisan cheese

Entrée Teriyaki chicken wraps with yam fries

Dessert Red velvet cake with cream cheese icing

BELL SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday
REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE	REGULAR BELL SCHEDULE

Student Bell Schedule 2023-2024

BLOCK	REGULAR (80 minutes)	EARLY DISMISSAL (65 minutes)	Assembly Schedule (60 minutes) <small>These dates will be announced as assemblies occur</small>
X	7:36 – 8:56	8:00 – 9:00	7:55 – 8:55
1	9:00 - 10:20	9:00 - 10:00	9:00 – 10:00
2	10:25 – 11:50	10:05 – 11:10	10:05 – 11:05
Assembly			11:05 – 12:25
LUNCH	11:50 - 12:30	11:10 - 11:50	12:25 – 1:05
3	12:35 – 1:55	11:55 - 12:55	1:10 – 2:10
4	2:00 - 3:20	1:00 – 2:00	2:15 – 3:15
Y	3:25 – 4:45	2:05 – 3:05	3:20 – 4:20

ALL STUDENTS

WELCOME TO

Ms. Vala, Ms. Laustrup, Mr. Alua, Ms. Sien, Ms. Crawford, Mr. Finnigan, Ms. Abraham, Ms. Bleko, Mr. Walker, Ms. Avelino

UNPAID, OUTSTANDING FEES

Hey Talons! If you have already bought a yearbook, **make sure you pay all outstanding fees, or you won't receive your yearbook.** You can pay at school cash online or at the office with Ms. Chan.

MUSICAL THEATRE AND THEATRE PRODUCTION

Reminder to all musical theatre and theatre production students- today is day one of clean up. Class will go until 4:45. You must be there.

MOVIE NIGHT

Hey Talons! Leadership 10 is putting on a movie night May 24! Do you want to relive a classic movie from your childhood? Well, our movie night is perfect for you because we're playing CARS! That's right, CARS! So, bring your friends, blankets and PJ's to the MPR May 24 @ 6pm. There will be a concession with snacks and drinks. Tickets can be purchased at the door for a minimum of \$2. All donations go towards the Canadian Cancer Society.

SKILLED TRADES HIRING FAIR

Careers Department will be hosting a Skilled Trades Hiring Fair on June 5th at Centennial Secondary.

The event is for any grade 11/12 student who is interested in a Trades Job.

There will be employers looking for apprentices and seasonal work. Students in grade 10 are welcome to attend, however, many of these employers will likely be looking for students slightly older.



SD43 Trades Hiring Fair

Looking for a job?

Bring your resume

Meet employers from a variety of skilled trades such as:
carpentry * plumbing * electrical * mechanics * sheet metal * welding * landscaping * ironworking

43careers.com * careerprograms@sd43.bc.ca

Wednesday
June 5th
5-7pm
Centennial Sec.
(foyer & gym)
570 Poirier St.
Coquitlam

SPORTS

TABLE TENNIS INTRAMURALS

Any questions about table tennis intramurals, or if you'd still like to register, email Mr. Comeau or [see him during non-instructional hours.](#)





POST-SECONDARY & CAREER RESOURCES

ONE-ON-ONE STUDENT ADVISING

All-Grade students can speak with Ms. Chau about their post-secondary planning (career pathway), program selection, applications to universities, scholarships, learning opportunities, volunteering, and employment in a 20-minute one-on-one discussion. Scan this QR code or click this link <https://bit.ly/3RaZy3l> to book an appointment.



HOW TO CONNECT

-  [Teams](#) Join Career Centre TEAMS, use this code: ky98vzf
-  [Instagram](#) Follow Career Centre on INSTAGRAM: Gleneagle_career. Centre
-  [Website](#) Browse WEBSITE
-  [Book a Meeting](#)
- Check out the attached Career Centre news & events.
- Email Ms. Chau pchau@sd43.bc.ca if you have other questions.





Thursday, May 16, 2024

POST SECONDARY EVENTS

Please visit the Career Centre TEAMS, Career Centre Instagram page, or visit our school website for the most up to date events.

VANCOUVER ISLAND UNIVERSITY (VIU) APPLICATION DEADLINES EXTENDED

For those Gr 12 students who have yet to decide on a program to start this Fall, there's still time to apply.

VIU has extended the [application deadlines for domestic students](#) for the following programs.:

- Arts, Humanities and Social Sciences
- Art, Design, and Performing Arts
- Business
- Education
- Health Sciences
- Human Services
- Management
- Professional Development and Training
- Science, Engineering, and Technology
- Trades

VIU has also extended SOME [international student deadlines](#).

Trades programs are always accepting applications. Explore [Trades programs](#) for details.

ONTARIO UNIVERSITIES VIRTUAL INFORMATION SESSION

Gr 11's, Gr 10 student who are considering studying at an Ontario university, this is for you...

When: May 22, 2-4pm (PT) | **Where:** ONLINE

Registration: <https://form.jotform.com/acadiate/ouis-registration>

More info: <https://www.ouevents.ca/virtual/>

CAREER CENTRE NEWS: OPPORTUNITIES & EVENTS FOR ALL STUDENTS

Please visit the Career Centre TEAMS, Career Centre Instagram page, or visit our school website for the most up to date events.

*****(new) BRILLIANT BLUE CHALLENGE MENTORSHIP PROGRAM - ORGANIZED BY MILLENNIUM STEM BC**

When: mid-October, 2024

Deadline to apply: June 2, 2024

What: [Brilliant Blue is a STEM Education program](#) empowering youth, supporting employers, and fostering economic growth in the Canadian blue economy. The 2024 competition will come to a finish with a hybrid event in the fall (date to be announced).

To learn more about what our mentorship program offers [here](#).

To sign up: through this [google form](#)

Please email us at millenniumstem.bc@gmail.com for more information.

UVIC PERSONAL FINANCE WORKSHOP FOR HIGH SCHOOL STUDENTS (ALL ARE WELCOME)

"Adulting 101: Personal Finance for Students Preparing for College and University."

When: UVic is offering 2 sessions:

- Monday, May 27th from 6 pm to 7:30 pm (90 minutes)

- Tuesday, May 28th from 10 am to 11 am (60 minutes)

Please register for your [preferred session here](#).

SFU FACULTY OF APPLIED SCIENCES SCIENCE ALIVE - VOLUNTEER OPPORTUNITIES

HIGH SCHOOL VOLUNTEER POSITIONS

Summer Programs Volunteer

Apr - Aug 2024 | **Grade 10-12** who has a strong interest in STEAM topics and is eager to share your enthusiasm with others? We are currently seeking volunteers for multiple positions to support and facilitate online and/or in-person STEM-based youth programs. Join our team and play a crucial role in inspiring the next generation of innovators and problem solvers. Whether you are skilled in coding, robotics, engineering, or science communication, there is an opportunity for you to make a significant impact! [To apply](#) and review the [volunteer role descriptions](#) for more details.

If you have questions, please do not hesitate to contact Eva at sacoord@sfu.ca.



SFU APPLIED SCIENCE CODING CLUB

May - June 2024 | SFU Sustainable Energy Engineering Building | Grade 9-12

The Coding Club offers a diverse array of in-person workshops tailored for school-age students interested in delving into coding and exploring popular digital tools. From May to June 2024, we present an exciting lineup of workshops covering various topics such as user interface and experience design, programming logic foundations (using Python), web design, mobile app development, and game development. Please review the overview and requirements document for each workshop before registering. Join these workshops to refine your coding skills and unlock your creative potential in the dynamic world of coding and digital innovation! [REGISTER HERE](#)

TRI-CITIES MENTORSHIP PROGRAM PROJECT - ALUMNI PANEL SERIES

ALL GRADE STUDENTS ARE WELCOME TO JOIN

Are you curious about what different degrees/programs have to offer? Want to learn more about how to get into a particular field? Join us for a VIRTUAL panel series where SD43 alumni will discuss their high school & post-secondary journeys and answer your questions!

Medical School: Thu, **May 16** (7-8 PM)

Bachelor of Arts: Thu, **May 23** (7-8 PM)

Business: Thu, **May 30** (7-8 PM)

RSVP here: bit.ly/tricitiesalumnipanel

IMAGINE MARINE - B.C. VIRTUAL CAREER EVENT

Date: **Fri, May 24** | 9:20 AM - 10:35 AM PDT | **Register:** [Here](#)

The Canadian Marine Careers Foundation (CMCF) and School District 83 invite you to join us to discover firsthand what it takes to pursue dynamic, well-paying careers as a port or vessel captain, naval architect, or marine service technician. More than 43% of Canada's marine workforce is expected to retire in the next 10 years, opening up thousands of job opportunities!

No matter what the path, there's a place for you:

- Direct-to-work
- Trades
- College
- University

Teachers and students will have the opportunity to ask speakers questions.

This event is part of CMCF's collaborative effort with marine employers and educators nationwide to increase awareness of careers in Canada's marine sector among young people, those seeking second careers, new citizens, and equity-deserving groups.

To learn more about marine careers and training pathways, visit <https://imagine-marine.ca/>.

SFU APPLIED SCIENCE STEM SPEAKER SERIES

May 2024 Talk: FROM BIOMEDICAL RESEARCH TO CLINICAL DIAGNOSTICS

May 25, 2024 | 1:00 - 2:00 pm | Grade 8-12

Guest speaker for May is Phung Ta. Phung is a medical laboratory technician at Kingston Health Sciences Centre, where she conducts a wide variety of clinical diagnostic tests on patient samples. She holds a bachelor's degree in Biochemistry from Trent University and a master's degree in Biomedical Engineering from Queen's University, both of which were funded by prestigious, full-ride scholarships. Join this talk to learn about Phung's journey from biomedical research to clinical diagnostics! [Sign Up Here!](#)

June 2024 Talk: MECHATRONIC SYSTEMS ENGINEERING

June 8, 2024 | 1:00 - 2:00 pm | Grade 8-12

Guest speaker for June is Dr. John Shen, a professor and the director of the School of Mechatronic Systems Engineering at Simon Fraser University. He has over 30 years of academic, industrial, and entrepreneurial experience in the field of power electronics, power semiconductor devices, renewable energy systems, fault protection of DC and AC microgrids, and transportation electrification. In this talk, Dr. Shen will provide an introduction to the dynamic field of mechatronic systems engineering and exciting career opportunities within the discipline. Join us to learn more! [Sign Up Here!](#)

SD43 SUMMER LEARNING IS LOOKING FOR VOLUNTEERS

Gr 11's, Gr 10 student - **would you like to obtain 45 volunteer hours this summer?**

<https://ce43.augusoft.net/info/landing/summer-learning>

When: **July 9 - 26** (Elementary 9am-12pm daily; Middle 8:45am-11:45am daily)

Who: High school-aged volunteers will be placed in an [elementary](#) or [middle](#) classroom at one of our summer sites, **for a total of 45 hours**. In most cases, only students who can commit to and be available for all instructional days should apply. All student volunteers are required to submit a "criminal record check for the vulnerable sector" (CRC), **by May 31, 2024**.

To apply: Fill out this [FORM](#).

Please direct any questions to Mr. Wally Sawchuk, Volunteer Coordinator wsawchuk@sd43.bc.ca.



SD43 TRADES HIRING FAIR

When: June 5, 2024 (Wednesday) | 5-7pm

Where: Centennial Secondary (foyer & gym), 570 Poirier St, Coquitlam

What: Over 40 employers will be on site. Meet employers from a variety of skilled trades: carpentry, plumbing, electrical, mechanics, sheet metal, welding, landscaping, Ironworking.

More info: 43careers.com

SAFEHACKS 2024

Date: June 8-9, 2024. | **Cost:** \$5.00 admission fee.

Venue: Vancouver Independent School for Science and Technology (VISST) 1490 W Broadway #200, Vancouver, BC V6H 4E8

Are you **interested in pursuing STEAM** and **making a difference** in the world? Join SafeHacks, an in-person hackathon that encourages high-school students from around the lower mainland to try and develop prototypes to tackle issues with safe technology use. On top of that, XdHacks Mini Vancouver will provide resources like workshops, keynote presentations, interactive activities, and mentors to help better equip you with skills to create innovative designs!

Sign Up Here: <https://form.jotform.com/240945595341058>

Direct any questions to: xdhacksmini.van@gmail.com or our **Instagram:** @xdhacksmini_van.

INTERNATIONAL EDUCATION SUMMER VOLUNTEERING OPPORTUNITY

When: Jul 8 - August 9, 2024 | **Deadline to apply:** June 14, 2024 | **Grade 10, 11 & 12's**

SD 43 Coquitlam International Education is looking for reliable, trustworthy, helpful students who are open to talking to new students and can be flexible with the schedule and placement.

Interested students must submit [this Forms link](#), as well as the [application form](#) and their **resume** by June 14th to achapell@sd43.bc.ca or dropped off in person at the board office (IE reception). Additional details can be found in the attachments and in the Form.

Questions? Email Ms Chapell achapell@sd43.bc.ca!

GOLDEN SPIKE DAYS FESTIVAL VOLUNTEERS WANTED

Get involved in our community and help out at this Port Moody tradition.

When: Saturday, June 29 11:00AM to 10:00PM

Sunday, June 30 11:00AM to 10:00PM

Monday, July 1 11:00AM to 6:00PM

Who: Must be 14+.

Volunteer Registration: open until June 14th.

Where: Rocky Point Park

Sign up here: <https://goldenspike.ca/full-menu/get-involved/volunteers-Signup>

More info about the volunteer positions can be found [here](#).

VOLUNTEER FOR 2024 SCOTFESTBC

When: June 14 & 15, 2024 | **Where:** Town Centre Park, Coquitlam

Positions can be found from the Career Centre TEAM.

Registration: <https://scotfestbc.com/volunteer/#vollies>

Contact the volunteer coordinator, Vivian Newstead: volunteers@scotfestbc.com for any questions.

PORT MOODY RIBFEST 2024 - VOLUNTEERS NEEDED

When: July 19-21, 2024 | **Where:** Rocky Point Park, Port Moody

To sign Up: <https://portmoodyribfest.ca/volunteer/>

To see a full list of volunteer positions and job descriptions for Youth, check out the Career Centre TEAM.

A certificate of volunteering will be provided with hours count towards your high school graduation requirement.

SOYL YOUTH LEADERSHIP & EMPLOYMENT PROGRAM (FULL FOUR-CREDIT COURSE)

Locations: (1) Suwa'lkh School, 1432 Brunette Ave, Coquitlam; (2) Vancouver

Dates: July 2 to August 8, 2024, 9am to 3:00pm Mondays to Thursdays. (6-week program)

Who: youth must be entering grade 9 or above in 2024-25 school year

What: Interested in nature, first peoples knowledge, and good food? Join [Fresh Roots](#) for a unique **6-week summer leadership and employment program**. The program empowers secondary students (Grades 9-12) to cultivate and steward schoolyard farms for learning, community building and growing Good Food for All. Through their time with SOYL, youth develop skills in growing, cooking, and selling food, as well as a greater connection to themselves, their community, and the regional food system.

Youth also **receive a stipend** and can **receive school credit** for their contributions. More information [here](#).

Questions? Email soyl@freshroots.ca or call 778-764-0344 ext 102.

BCIT - CERTIFICATE IN ESSENTIAL SKILLS FOR ARCHITECTURE, CONSTRUCTION & ENGINEERING ("ACE CERTIFICATE")
When: July 2024 to August 2025

Who: students *currently enrolled in Grade 12 expecting to graduate in June 2024*, as well as recent (i.e. 2023) high school graduates. This program is specifically **targeted at students who are NOT considering post-secondary education in the Fall for scholastic or financial reasons**, and/or students who are **facing other barriers that inhibit their ability to pursue further education**. This unique opportunity to **access a tuition-sponsored (no cost to student) BCIT Certificate and paid practicum placements** in the in-demand ACE sector is intended to support a diverse cohort of students with the attitude and aptitude to make the most of this program. The application is available for download from Career Resources Team. For more information, please email [Ann Martineau](mailto:Ann.Martineau@bcit.ca).

VOLUNTEERING OPPORTUNITY - SOCCER *DAY CAMPS 2024* IN JULY & AUGUST
Age: at least 14 years old by the start of the week you are volunteering.

Location: *Town Centre Park* and *Panorama Park*
How to apply: Through [an online form](#).

Our camp runs from Jul 2 – August 30, 2024. You can volunteer 1 week or up to the full 9 weeks; full-day (40 hrs/week) or just mornings/afternoon sessions (20 hours/week).

 Visit royalsoccerclub.com or contact Kieran Davoren, Office Coordinator 1-800-427-0536 for more information.

FRASER RIVER DISCOVERY CENTRE: VOLUNTEERS WANTED

 Fraser River Discovery Centre in New Westminster is introducing a **new Volunteer Youth Program**. They are looking for youth wanting to commit volunteer time at the FRDC to **gain valuable work experience** and complete **volunteer hours for graduation**.


Volunteers must be 15 years of age or older and should have a desire to work with children and families.

Position	Summer Camp Assistant	Public Programs Assistant
Time Commitment	Complete a minimum of 60 hours over the course of 8 weeks (from July to August)	Complete at least 80 hours from September to June . You can choose the days you volunteer to achieve school/life balance.

[More info about the Fraser River Discovery Centre and to apply here.](#)

SCHOLARSHIP OPPORTUNITIES

Please visit the Career Centre TEAMS, Career Centre Instagram page, or visit our school website for the most up to date scholarship/bursary opportunities.


GLENEAGLE CLASS OF 2024 - DID YOU WIN A SCHOLARSHIP OR BURSARY?
CONGRATULATIONS! ***DEADLINE TO SUBMIT IS MONDAY, MAY 20 AT 4PM*******

 Please let us know any financial award offered by universities/colleges and/or external organizations [ENTRANCE, community award, bursary] and the value for each, **so that we can include the information in the COMMENCEMENT BOOKLET**. Thank you.

 In addition to the commencement booklet, by reporting your scholarships/awards to the school, you will be invited to the **SCHOLARS EVENING** which will be held on **June 5, 2024** at the MPR.

 The **SCHOLARS EVENING** is **BY INVITATION ONLY**.

IMPORTANT: If you have won multiple awards, please fill out **ONE form PER award**. Thank you.

 Here's the [link to submit](#)
RICK & AMANDA HANSEN SCHOLARSHIP FOR YOUTH WITH DISABILITIES – UP TO \$40,000
Value: Funding of up to \$10,000 per year (up to a maximum of \$40,000)

Application Deadline: **May 31, 2024**

Applications accepted online at:

<https://secure.rickhansen.com/f/RickandAmandaHansenScholarshipforYouthwithDisabilities>

 For more information including **Eligibility**, required forms for application, guidelines, terms and conditions, and evaluation criteria, please visit www.RickHansen.com/Scholarship.

FRASER INSTITUTE STUDENT ESSAY CONTEST

Value: 5 prizes totalling \$4,000

Deadline: June 5, 2024

The Fraser Institute's 2024 Student Essay Contest is NOW OPEN!

Example Essay Questions:

- What would Milton Friedman argue should be a government's response to inflation?
- In a post-COVID world, what would Jane Jacobs say about the state of our cities?
- How can Joseph Schumpeter's concept of creative destruction help us understand the rise and fall of businesses or new technology?
- What would one of the Essential Scholars say about Canada's current housing and rent situation?
- How might F.A. Hayek address today's current unemployment rate and what policy recommendations might he suggest?

Learn more about essay contest requirements and submission process by reading our [2024 Contest Rules](#) and [FAQ Student Essay Contest 2024](#). Visit www.essentialscholars.org for more information.

BRITISH COLUMBIA MUSIC EDUCATORS' ASSOCIATION STUDENT SCHOLARSHIP

Value: 5 x \$500 | **Deadline:** June 7, 2024

The BCMEA is pleased to announce that the BCMEA student scholarships continue to be available to graduating Secondary School students who are intending on studying Music at a post secondary institution. This opportunity is open to any student graduating in 2024 from a British Columbia Secondary School Music Program **taught by a teacher who is currently a BCMEA member**. Students should be able to perform at a very high level. Proof of acceptance into post secondary music will be required before the awarding of the scholarship will be confirmed.

To apply and more info: <http://www.bcmusiced.ca/scholarship.html>

HORATIO ALGER VOCATIONAL & TECHNICAL EDUCATION SCHOLARSHIP FOR GRADE 12 STUDENTS

VALUE: 25 \$3,000 Scholarships Awarded | **APPLICATION DEADLINE:** June 15, 2024 0900 PST [APPLY HERE](#).

ELIGIBILITY - To be eligible to apply, applicants must meet the following criteria:

- Have completed high school (or earned high school equivalency credential) by July 1
- Applying or enrolled for Fall 2024 in a vocational or technical program at a government or not-for-profit institution, with direct pathways to employment
- Demonstrated critical financial need (\$65,000 or less annual net income per family is required)
- Demonstrated perseverance in overcoming adversity
- Be under the age of 35
- Be a Canadian citizen

ENGINEERS & GEOSCIENTISTS BC POST-SECONDARY ENTRANCE SCHOLARSHIP

Value: 6 x \$2,500 | **Deadline:** June 28, 2024

The Engineers and Geoscientists BC Foundation is pleased to offer the Post-Secondary Entrance Scholarship to BC secondary students entering engineering or Earth science programs. Scholarships are awarded on the basis of a combination of factors including: Academic standing; Extracurricular activities; Financial need; and Responses to long-answer questions.

Eligibility

- Graduate from a BC secondary school in 2024, and **entering an engineering or geoscience (earth science, physical geography, or similar) program**.

More info and application: <https://www.egbc.ca/how-to-apply/programs-and-resources/student-program/scholarships/post-secondary-entrance-and-transfer-scholarship>



[Follow Ms Chau on Instagram](#)



[Book a meeting with Ms Chau](#)



[Join the Gleneagle Post Secondary & Career Resource Centre](#)
Team code: **ky98vzf**

[Note: you need to sign in to your sd43 account to join]