

**HAPPY  
NEW  
YEAR**



# École Glen School Newsletter

3064 Glen Drive  
Coquitlam, BC

Friday, January 6th, 2017

## Take Care of Yourself, Take Care of Each Other & Take Care of this Place

Dear Parents/Guardians,

Happy New Year to everyone! Our school theme is "Taking Care", and what it means to "Take Care of Yourself, Others and This Place". Taking Care has been our school theme since September 2014 and connects to our school wide goal self-regulated learning. The specific strategies we use are the Zones of Regulation and Growth Mindsets (connecting achievement to effort rather than ability).

A big part of "Taking Care of Each Other" has been celebrating our diversity as a community. We are so fortunate to have Mrs. Franz on staff. A huge thank you for planning and leading our Choir and Christmas concert which shared many different celebrations around the world. Your children worked very hard to learn the songs, actions and dress specially for the performances. We appreciate the many family members who were able to take time from your busy schedule to watch your child and know that this is not possible for everyone.

School performances in all schools in BC are purchased as a package to make sure that schools are covered by copyright laws. This is not optional. Selecting a performance is challenging as the concert has to be appropriate for the age of the children, size of the school and for some schools like Glen, be bilingual. This year's performance was a concert that we bought the rights to perform.

Following the performances we received many thank you emails and kind words. We also had a few parents very respectfully share both their thanks and how some children and families were feeling as the celebration of Eid had not been part of the concert. This created some very positive conversations with classes as Mr. Appel and I visited many classes to thank them and talk about any other celebrations that were not included. We saw many smiles on childrens' faces. On Friday afternoon at the start of the Christmas carols, two grade 4 students, Hamid and Deen talked about Eid and we shared a video song about Eid. We hope this helped our Muslim students feel that they too are important members of our school community.

Mr. John Gibb has once again generously recorded the two Christmas and Choir Concerts and uploaded them to DropBox. They can be accessed at the link below for no cost. There are two videos for each concert, one intended for running on a PC (6GB), and one for a smart phone (2GB). Please thank John Gibb for giving his time so generously each year so that everyone is able to enjoy seeing the concert.

<https://www.dropbox.com/sh/7i2b1yh5uvljr7y/AABYkAP6WJPewZ9CQPK-FqIWa?dl=0>

Thank you also to our wonderful PAC for hosting so many festive events leading into Christmas. The Santa Breakfast, Santa photos, school decorations and bake sale were all possible thanks to the volunteer work of parents. If you have time to assist with the upcoming teacher appreciation lunch or Kindergarten Registration in February please email [shusband@sd43.bc.ca](mailto:shusband@sd43.bc.ca)

Sincerely,

**Mrs. S. Husband**  
Principal

**Mr. R. Appel**  
Vice-Principal

## Kindergarten Registration Process

*How to register your child for Kindergarten, September 2017.*

1. [Click here](#) to visit the school locator to make sure you live in the Glen Catchment Area. *There is one catchment for French and another catchment area for the English program.*

2. *Pick either French Immersion or English*

### ***French Immersion Registration***

*January 12 (opens 9am)- January 18 (closes 4pm) this is a district online process [click here](#) for detailed information. Glen school does not complete the registration for the French program.*

*Families with children in French Immersion at Glen must also register their kindergarten child to secure a space in the program.*

### ***English Kindergarten Registration—in the multi purpose room***

*January 31st                      9:30am-12pm and 12:45pm -2:00pm*

*for families that have a child already attending Ecole Glen Elementary in 2017-2018*

*February 1st and 2nd      9:30am-12pm and 12:45pm -2:00pm for all families new to Glen.*

3. ***Please bring all original documents to the registration as well as a photocopy.***

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The [School District 43](#) website has detailed information and dates about:

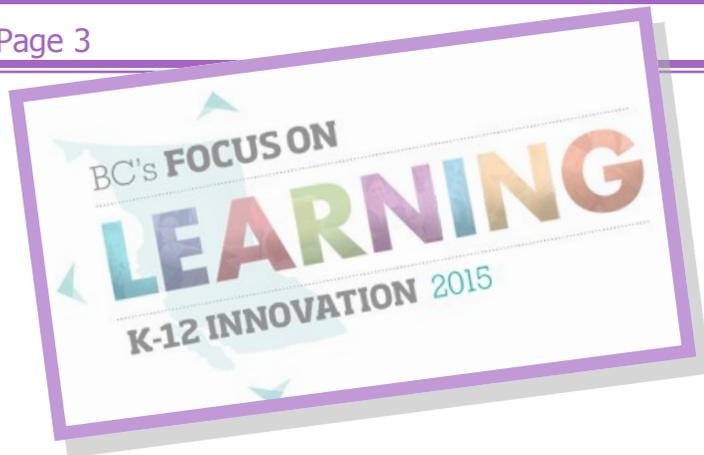
- **The Cross Boundary application process**

Every family lives in an area called a school catchment, the school in your catchment area is called your home school. Your child's home school is decided by your home address. The school catchment area is different for French Immersion and English programs as not all schools offer French Immersion.

Parents who want their child to attend a school that is not their home school (catchment school) must apply by the deadline. Some schools are closed to applications for cross boundary as the school is already full. Glen is a school that is closed to cross boundary applications, as it is full (at capacity).

- **Registering for Programs of Choice**

Parents are reminded that EVERY child who will be 5 by Dec 31, 2017 must be registered for Kindergarten. Information about late French Immersion and other programs of Choice have been posted on the school district website.



## THE WORLD IS CHANGING !

The Ministry of Education is developing a new K-12 education plan. The plan was developed in response to the significant changes we have made as a society. We have moved from a knowledge based society (content is learned) to an inquiry based society (we teach children how to be learners).

This plan was developed in consultation with global experts, educational research, parents, educators and students. The new K-9 curriculum has been released and is in the pilot (practise) phase this year with full implementation in 2016/17.

The New Education Plan has several areas of change

- **New K-12 curriculum**

  - K-9 full implementation in 16/17

  - Grade 10 –12 implementation in 18/19

- **Changes to reporting and assessment**

  - Moving away from letter grades at the lower grades to more descriptive feedback.

  - Input is being gathered this year from parents and educators.

- **A new graduation program** (the secondary courses required to graduate)-date to be announced
- **First Peoples' Principles of Learning** are reflected throughout the K-12 curriculum
- A focus on **personalized learning** and student engagement and the development of the whole child.

To learn more about these important changes visit the Ministry of Education Website.

**[Curriculum re design](https://curriculum.gov.bc.ca/rethinking-curriculum)**

<https://curriculum.gov.bc.ca/rethinking-curriculum>

**[Assessment and evaluation re-design](https://curriculum.gov.bc.ca/redesigning-assessment)**

<https://curriculum.gov.bc.ca/redesigning-assessment>

## Dress for Success and Comfort

Students will be outside to play almost everyday so they need to bring the right clothes for the weather.



### For the rain

Water proof boots & jacket

Kindergarten to grade 3 children

kept in their cubby space. Small children love to play in puddles and sometimes get very wet. We do not want children in wet clothes (water or pee) at school without a change of clothes. It is cold and uncomfortable for your child.



### For cold or snow

Warm coat, hat, gloves/mitts, boots & warm socks

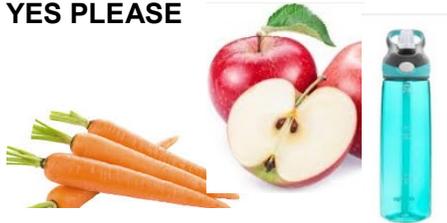
**need** to have extra clothes at school that can be

## Eat for Success

What your child eats makes a difference to your child's ability to stay focused while learning. Parents are asked to please send healthy food for snacks and lunch. Please leave treats and juice at home for after school. Eating well takes a little more thinking and food costs have gone up. One simple way to save money is to switch to water in a water bottle. It is free, healthy and most classes allow children to drink water throughout the day.

[Click here](#) for 30 ways to stretch your food budget.

### YES PLEASE



### NO THANKS



## Sleep for Success

Sleep matters! Children 7 to 12 need 10-12 hours of sleep each night. Lack of sleep affects concentration, mood and our ability to manage stress. A well rested child learns better. In other words sleep matters.



Doctors and sleep experts recommend a regular bedtime routine and keeping technology (TV, computers, games and phones) **out** of the bedroom. This is called sleep hygiene. Screen time an hour before bedtime interferes with the release of melatonin. The chemical in the brain that helps us fall asleep.



Most parents get additional technology to stay connected to their children. In reality, most technology connects children to their peers especially once they are in middle school. Connecting with friends late at night (online) is developmentally hard to resist. Create the habits that you want now for the years ahead.

If you need help to create a bedtime routine [click here](#) to visit the Kelly Mental Health Centre which is part of Children's Hospital (great website).

The link takes you to an online inactive tool that allows you to create a visual bedtime routine.

## Parent Advisory Council (PAC) Page

### SEXUAL HEALTH INFORMATION AND EDUCATION

The PAC is pleased to support two evening information sessions. The sessions are through Saleema Noon's company. Saleema is a well respected sexual health educator who has provided hundreds of lessons to students and parents throughout school district 43.

Wednesday, Feb 15th 7-8:30pm      Parent Session

Tuesday, Feb 21                              Student Sessions (2)

All children must be with an adult who is responsible for them.

Kindergarten– Grade 2              6:20-7:00pm

Grade 3-5                                      7:00-8:00pm

Please see page 8 of the newsletter for more information. Please email Nadia Shaikh-Naeem at [nshaikh@gmail.com](mailto:nshaikh@gmail.com) if you plan to attend the parent session or child session.

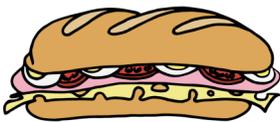
### NEXT PAC MEETING

When: Wednesday,  
January 18th-7:00pm

Where: Staffroom

Who: All parents

### SUBWAY LUNCH



FRIDAY, JANUARY 27th

FORMS DUE-

WED, JANUARY 18th

Please include your child's name  
and division on the order form

### FRIENDS, NEIGHBOURS & RECYCLERS!



The Glen School PAC is supporting a school wide recycling system. PACIFIC MOBILE DEPOT comes to the Glen parking lot on the third Saturday of every month.

**January 21, 2017 9am -12pm**

Please go to <http://pmdrecycling.com/> to find out more on the items they accept.

Items can be dropped for free or a small fee (depending on the items). The fees from Pacific Mobile Depot are for the service of picking up and distributing the recyclables to the proper facilities. The Glen PAC will also get a portion of the fees collected to help us maintain our recycling program!!

This will help Glen students keep more out of the landfill, and teach the kids environmental/resource responsibility!!

This is a perfect chance to recycle items that can not be recycled from home.

As always, we will be looking for Volunteers!! Come out and help once or twice, as you are able or once a month. Thanks Nadine Gibb    [Nadine.Gibb@shaw.ca](mailto:Nadine.Gibb@shaw.ca)

## Litter Free Lunch at École Glen Elementary



We need the help of every child and staff member to get rid of a fruit fly infestation. This means that no food waste can be left in the open at any time. Students and staff will be taking all their waste and packages home from their lunches each day.

Parents are encouraged to leave a small plastic bag in the lunch box that food waste can be put in. Please compost or recycle as you are able.

### LUNCH AT GLEN

- LUNCH LADY**– this is a business that parents can order lunches from for some Fridays. The ordering and payment is done through order forms across from the office. Glen School has no direct involvement with Lunch Lady services.
- PAC HOT LUNCHES**– The parent advisory committee organizes 7 or 8 hot lunches each year, including the lunch on sports day. Order forms are sent home with all children and forms are returned to classroom teachers. Parent volunteers organize the lunches.
- LATE LUNCHES**- Parents are asked to send lunch with their child in the morning. If you have to leave a late lunch use the drop off bin near the front door. Print your child's name on it and their division number. The lunch will be delivered to your child at lunch time.



### WINTER WEATHER AND SCHOOL CLOSURES

Schools are not usually closed because of snow or other poor weather. If possible all schools in the Coquitlam School District will remain open during winter weather, including snowfall.

There may be the need for **some** schools to be closed in the district while others remain open. If some schools close within the school district, each school will be named. Full or partial school closures do not happen often.



Coquitlam School District school closures will be decided by 6:30 a.m. or earlier and will be announced on:

- School District 43 website [www.sd43.bc.ca](http://www.sd43.bc.ca)
- The Glen website
- Radio
  - CKNW 980am radio
  - CKWX 1130am radio
  - CBC 690am radio

**Please do not call the school**

# GLEN WEB SITE

## THE BEST PLACE FOR NEWS ABOUT GLEN



École Glen Elementary School  
School District No. 43 (Coquitlam)

Staff Email my43 login Office 365

Home About Programs & Services Staff Parents Intranet Publications

Search



### Welcome to École Glen Elementary

School Goals for 2016-17

1. Self Regulation through the Zones of Regulation
2. Self Regulated Learning through the development of Growth Mindsets
3. Numeracy (one to one correspondence, counting, counting on (eg, 33, 34, 35), skip counting (eg 5, 10, 15))

See "About" for Registration information

### School News



Kateslem mini after school program

[VIEW ANNOUNCEMENTS](#)

### District News

**Have a safe and happy winter break! Students return to school on January 3**  
School District No. 43 (Coquitlam) wishes all students, parents and employees a safe and happy winter break! Read important dates and other information here. The final day of school...

Community Consultation: Proposed

### On the Calendar



**School Close for Winter Vacation - Students do not attend**

17 Dec 2016 All Day



**School Re-opens**

03 Jan 2017 All Day



**EFI Info Night**

03 Jan 2017 7:00 PM- 9:00 PM

[VIEW CALENDAR](#)

### Bell Schedule

### Quick Links



[Absence Report](#)



[Online Payments](#)



[Parent eForms](#)



[Volunteer Opportunities](#)

[VIEW LINKS](#)

### Documents

[School News](#)-After school programs offered at Glen. More coming in January

[On the Calendar](#)-An up to date list of events. click [view calendar](#) to see a full calendar

[Documents](#)- School newsletters and information

[Quick Links](#)- Active links to make access easier



## **Sex talk. No sweat. A Workshop for Parents**

Not all parents are comfortable talking to their children about sex, but all parents can *learn to be comfortable*. During this informational session, parents will learn about sexual health, and understand how it is part of their children's lives at this stage of life.

Parents will learn how to easily overcome embarrassment when talking about sexual health, learn words and concepts that are easy to use, and leave well equipped to clearly answer the questions children ask. The workshop is light hearted, but delivers straight and current facts on how parents and children can work together to promote good sexual decisions for a lifetime.

**Where:** Glen Elementary 3064 Glen Dr, Coquitlam,  
**When:** Wednesday February 15<sup>th</sup> 2017 6.30pm-8pm  
**Presenter:** Sarah Stark (Saleema Noon Sexual Health Educators)

### **Sarah Stark** *Sexual Health Educator*



Sarah Stark, BScN. Sarah is thrilled to be able to bring her career as a nurse and experience as a parent of three to the Body Science classroom. Sarah received her Bachelors of Science in Nursing in 2007, then went on to work for many years at Women's Hospital (High Risk Antepartum specialty) and establish a business teaching newborn care courses. A graduate of the Sexual Health Educators Certification program through Opt, Sarah is excited and passionate about this important work. Her contagious positivity and friendly smile bring light-hearted warmth to all her classes, and she looks forward to creating an inclusive environment in every group she meets. Sarah is a bilingual in French and English and will soon be delivering Body Science classes in both official languages. When she's not teaching, Sarah spends most of her time hiking and biking the North Shore trails with her family and friends.

# Glen School Calendar 2017

<p>PAC Meeting</p> <p>PAC Hot Lunch (pre-ordered Subway)</p> <p>First Term Parent-Teacher Interviews</p> <p><b>District Professional Day -</b></p> <p>Second Term Student Led Conference Early Dismissal</p> <p><b>B.C. Family Day Holiday</b></p> <p>Real Acts of Care Week</p> <p>Parent Presentation Sex Talk No Sweat</p> <p>Pink Shirt Day</p> <p><b>District Non-Instructional Day</b></p> <p>Dance Festival &amp; Schools Close for Spring Vacation</p> <p><b>Spring Vacation</b></p> <p>Schools Open</p> <p>Second Term Report Cards sent home</p> <p>Second Term Parent-Teacher Conferences</p> <p>Good Friday Holiday- Students do not attend</p> <p>Easter Monday Holiday- Students do not attend</p> <p>Maple Creek Grade 6 Parent Night</p> <p><b>District Non-Instructional Day-</b></p> <p>Music Monday- (10:00 am outside parents welcome)</p> <p>What is Middle School? Gr. 5 Parents and Students</p> <p>Class and Team Photos</p> <p><b>Victoria Day Holiday-</b></p> <p><b>School Based Professional Day</b></p> <p>Grade 6 for a day at Maple Creek</p> <p>Welcome to Kindergarten Meetings</p> <p style="padding-left: 20px;">17/18 Kindergarten Students English Program 9am</p> <p style="padding-left: 20px;">17/18 Kindergarten Students French Immersion 1pm in the gym</p> <p style="padding-left: 20px;">Current English Kindergarten students start school at 10:30am (attend 10:30 until 2:38pm)</p> <p style="padding-left: 20px;">Current French Kindergarten students finish school at 12:00pm (attend 8:35 until 12:00)</p> <p>Parent Appreciation Tea</p> <p>Sports Day– parents welcome to watch events</p> <p>Grade 5 leaving ceremony (time TBA)</p> <p>Last day for students (dismissal at 2:37 pm)</p> <p>Final Report Cards sent home</p> <p><b>Administrative Day–Students do not attend</b></p>	<p>Wednesday, January 18, 2017 7:00pm</p> <p>Staff room all parents welcome</p> <p>Friday, January 27, 2016</p> <p>Tuesday, January 10, 2016      <b>Early Dismissal 1:38 pm</b></p> <p><b>Monday, Jan 30, 2017      Students do not attend/ office closed</b></p> <p>Thursday, February 2, 2017      <b>Early Dismissal 1:38 pm</b></p> <p><b>Monday, February 13, 2017      Students do not attend</b></p> <p>Monday, Feb 13 to Friday, Feb 17</p> <p>Wednesday, February 15, 2017 6:30-8:00pm</p> <p>Wednesday, February 22, 2017</p> <p><b>Friday, Feb 24, 2017      Students do not attend/ office closed</b></p> <p>Friday, March 10, 2017</p> <p><b>Sat., March 11- 26, 2017      Students do not attend</b></p> <p>Monday, March 27, 2017</p> <p>Friday, March 31, 2017</p> <p>Thursday, April 6, 2017      <b>Early Dismissal 1:38 pm</b></p> <p>Friday, April 14, 2017</p> <p>Monday, April 17, 2017</p> <p>Thursday, April 20, 2017      7pm at Maple Creek</p> <p><b>Friday, April 21, 2017      Students do not attend /office closed</b></p> <p>Monday, May 1, 2017</p> <p>Wednesday, May 17, 2017      6:30pm at Maple Creek</p> <p>Thursday, May 18, 2017</p> <p><b>Monday, May 22, 2017      Students do not attend</b></p> <p><b>Tuesday, May 23, 2017      Students do not attend/ office closed</b></p> <p>Thursday, June 1, 2017      Grade 5 students attending Maple Creek</p> <p>Thursday, June 1, 2017</p> <p>Tuesday, June 6, 2017 (1:00 pm)</p> <p>Friday, June 9, 2017</p> <p>Thursday, June 29, 2017</p> <p>Thursday, June 29, 2017</p> <p>Thursday, June 29, 2017</p> <p><b>Friday, June 30, 2017      Office closes at 11am</b></p>
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NEW

NEW

## Absence Report

Quick Links



Please help Mrs. Carswell by completing the online absence report or calling the school every time your child is going to be away from school or late.

Each day Mrs. Carswell calls to check on each student when we do not know why they are absent or late. On a busy day this can take 3 hours to complete the school attendance.

# After-School Fencing at Glen Elementary!

For over nine years, the Tri-City Fencing Academy has operated Youth Fencing Programs in Port Moody, Coquitlam, and Port Coquitlam. The Academy's staff of professional coaches and instructors delivers an educational and fun sports experience in all of District #43's public Recreation Centers. We have over 150 students training and competing at local, provincial, national, and international levels.



We bring the sport to youths 8-18 years old—  
over 2,000 students per year! We provide a fun and competitive sports environment,  
suitable for students of all fitness levels.



Starting in February we will be bringing our after-school programs to Glen Elementary.

We supply all the required safe and modern equipment.

Students only need to bring a water bottle, PE strip, good fitting shoes, and a smile.

## After School Fencing Beginner Class:

15-20 Students in Grades 4 and 5

Thursdays from 2:38-4:00pm

A 4 week program on February 7, 14, 21 and 28

\$16 / student (fee is due by cash or cheque at the first class)

To register please email: [brad@tri-cityfencing.com](mailto:brad@tri-cityfencing.com)

This beginner class prepares students to join any of our training programs in the Tri-Cities

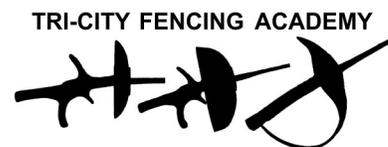
For more information please contact:

Brad Kelly, General Manager, Instructor

[brad@tri-cityfencing.com](mailto:brad@tri-cityfencing.com)

c: 604-506-1356

d: [www.tri-cityfencing.com](http://www.tri-cityfencing.com)





# Home Alone Program

## 10-11 year olds

Designed by Canada Safety Council, the Home Alone Program provides children with the necessary skills and knowledge to be safe and responsible when home alone for short periods of time.

This course uses role play and games to problem solve real-life situations, and provides ideas for staying constructively occupied.

Meet in room 205 (Ms. Stables classroom).

**Mondays, 2:40 p.m. - 3:45 p.m.**

Date: January 23 – March 6, 2017

*Register by phone: 604-927-4FUN(4386)*

*Barcode #590959*

*6 sessions, \$34.00*



Offered in partnership with Coquitlam Parks, Recreation & Culture

**TOP  
SECRET**

**COMING SOON....**

**TOP SECRET SPY CLUB**  
**Kindergarten to Grade 3**

Our resident spy is recruiting boys & girls for top secret spy training! We can't reveal too much, but come prepared to solve mysteries and learn new spy skills (like making invisible ink and tackling tricky obstacle courses). Meet in the kitchen afterschool.

**Mondays, 2:40 p.m. - 3:45 p.m.**

Date: January 23 – March 6, 2017

*Register by phone: 604-927-4FUN(4386)*

*Barcode #590960*

*6 sessions, \$34.00*



Offered in partnership with Coquitlam Parks, Recreation & Culture