

Fine Tune Your Parenting Skills With

STEPS TO EFFECTIVE PARENTING

For Parents of teens... ages 11 - 17

**COMMUNICATE
BETTER WITH
YOUR TEEN**

**RAISING
SOCIALY
RESPONSIBLE
TEENS**

STEP offers a down-to-earth and practical way to meet the challenges of raising teenagers today. It's a group discussion program that paves the way to improved parent-teen relationships; more responsible teenage behaviour in home, school and community; and teenage self-esteem and self-reliance.

Place: Eagle Mountain Middle School

Time: 7p.m. - 9p.m.

Dates: Thurs. April 5th, 12th, 19th, 26th, May 3rd, 10th, 17th and 24th.

[This is an eight week program]

Facilitated by: Marilyn Abram, Adler Certified Parent Facilitator

To register: E-mail: mabram@sd43.bc.ca [preferred]

Phone: 604-469-1133

Register by March 12, 2018 as book pick up is March 15, 2018

Class is limited to 20 participants.

The only cost is \$25.00 for the parent workbook!