



# THE "BEST" INFORMER

## WEDNESDAY, SEPTEMBER 22, 2021

### TODAY IS DAY 1



\*\*\*\*Please note: **All new and changed items are in red**\*\*\*\*

**NO SCHOOL!  
FRIDAY**

#### GENERAL ANNOUNCEMENTS

##### DISTRICT PRO-D DAY

School is NOT in session on **Friday, September 24**. Students do not attend this day.

##### **LOST ITEM-PLEASE SEE MS. BJORNSON**

Did anyone lose a Lakers #24 shirt key chain with bike lock and IPODS inside??  
If you did, see Heather the Youth Worker in her room on the bottom floor.

##### TERRY FOX RUN

Get your loonies and toonies ready!  
Athletic Leadership students will be out front collecting donations for the Terry Fox Run before Block 1.

##### NATIONAL DAY FOR TRUTH AND RECONCILIATION

School is NOT in session on **Thursday, September 30**. Students do not attend this day.  
Classes resume Friday, October 1.

##### STUDENT PARKING PASS

ALL students parking a car at Charles Best are required to display a parking pass.  
Please come to the office to request a Student Vehicle Registration form.

##### CONNECT WITH THE BEST CAREER CENTRE

The Career Centre is located on the main floor in the main hallway near the Counsellors' office. It shares the space with the Tech Centre. We're open 9 am to 3.30 pm daily and is a great starting point if you are exploring your post-secondary options, are wondering about financial aid, or you are looking for a volunteer position.

All Grade 9-12 students are invited to join the Career Centre on TEAMS (code gvrymg1) and to follow [bestcareercentre](#) on Instagram for the latest updates on post-secondary events, scholarship deadlines and volunteering or workshop opportunities.

##### SCHOOL CASH ONLINE ACCOUNTS

###### ALL GRADES

Students, please get your parents to check your school cash on-line account.  
This years "School Policy Form" must be completed asap. Also please pay any outstanding fees from previous years, return lost textbooks to the office, return library books to the library and keep all accounts up to date.

###### GRADE 12'S

Students, please get have your parents to ensure all fees/accounts are clear **by Nov 30** so you can purchase grad related items when they become available.

##### YEARBOOKS

Yearbooks are selling fast don't miss out! Purchase it now for delivery in June 2022.  
Parents can log in to your School Cash Online account for more details.

##### CAFETERIA

Good news! The Charles Best Cafeteria is up and running and is looking forward to serving you.  
Hours: 8:00-1:30 daily  
Block 1-baked goods only  
Block 2-1:30 will feature baked goods, salads, and hot foods.

### **WAYS TO STAY INFORMED AT CHARLES BEST THIS YEAR-INSTAGRAM ADDED**

There are many ways to stay up to date with what is happening at Charles Best this year:

**Check the school website**-it is updated regularly.

**Download the Charles Best App** and set your phone to receive push notifications.

**Check out the main information board in the school lobby.**

**Newsletters are emailed regularly**-parents check your junk folder.



## **CAREER CENTRE NEWS: OPPORTUNITIES FOR ALL STUDENTS**

### **PHARMACY VOLUNTEER OPPORTUNITY**

Medical Shoppe Pharmacy in PoCo is looking for Grade 11 & 12 students interested in pursuing pharmacology in post-sec to help with directing patients when they come for flu shots, answering the phone, filing prescriptions, helping to keep the pharmacy tidy, checking for expiration on products and counting medications. More info on Career Centre team.

### **SFU STEM SPEAKER SERIES: BIOINFORMATICS**

Check out this ongoing speaker series if you are a Grade 9-12 student wondering about career options in the STEM field, what to study in university, and what university is like. Meet and interact with university students, faculty members, and/or working professionals in STEM fields. The upcoming talk will focus on the topic of bioinformatics and how artificial intelligence is used to personalize treatment for cancer. **Sept 25, 2021, 1-2pm.**

**Free.** Register here: <http://websurvey.sfu.ca/survey/407740562>

### **IBPOC/LGBT2SQ+ YOUTH EXHIBIT MENTORSHIP & INTERNSHIP PROGRAM**

Create and implement a mini exhibit under mentorship of Coquitlam Heritage staff. The theme of this program is 'Your Heritage' with the students creating exhibits that expresses their cultural identity, heritage, and stories from their perspective. 3 positions available. This is a paid internship starting in October. (\$15.20/hour for 15 weeks at 4 hours per week. The 4 hours per week can be negotiated depending on the student's schedule and availability. **Apply by Sept 27<sup>th</sup>, 5 pm.** <https://www.coquitlamheritage.ca/opportunities>

### **VOLUNTEER FAIR AT THE COQUITLAM LIBRARY**

Are you looking for a volunteer opportunity in the Tri-Cities? Join the Community Volunteer Connections, in partnership with The Coquitlam Public Library for a Volunteer Job Fair. Meet with volunteer coordinators and the non-profit organizations they represent. **Sat, October 2, 11 am – 4 pm.** No registration required, hosted at City Centre branch in Rooms 136 & 137.

### **SUSTAINABILITY FOR OUR FUTURE (GR. 12 GIRLS\*) BY GEERING UP**

Learn how modern day engineers are incorporating sustainability principles into the world of engineering to work towards creating a sustainable future. Through discussions, research, and the use of the engineering design cycle this event will bring us together so we can ideate new solutions that have the potential to directly impact future generations. **October 16, 10 am – 3 pm**, UBC campus. Free. An online version of this workshop will be running Oct. 21, 4:30-6:30PM (Gr. 11 & 12 girls\*). Register to attend.

<https://geeringup.apsc.ubc.ca/programming/general-information/events/all-girls/>

(\*Trans\*, genderqueer and non-binary folks are welcome.)

## **POST SECONDARY EVENTS**

### **STUDY & GO ABROAD FAIR**

Join EducationUSA, 21 U.S. Universities, and institutions from around the world at this virtual fair.

**Sep. 23, 12-6 pm.** To see a list of exhibitors and a schedule of webinars

visit <https://www.studyandgoabroad.com/virtual-education-fair/>

### **CANADIAN UNIVERSITY EVENT (CUE) SERIES**

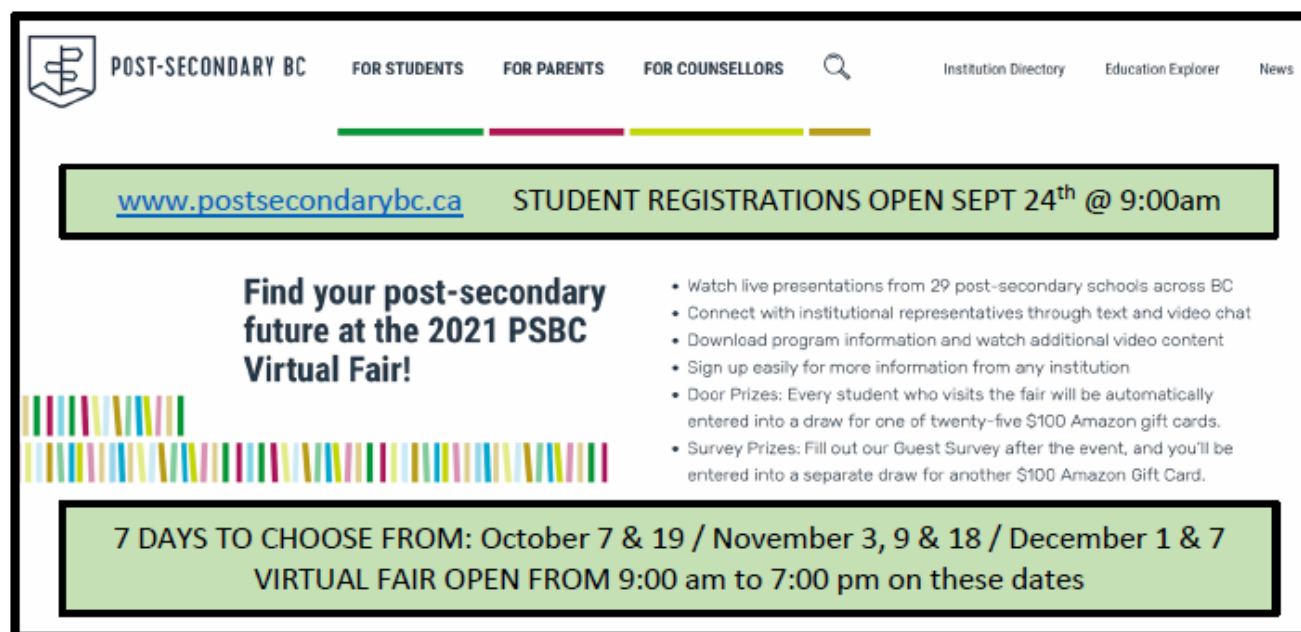
Mark your calendar for this year's virtual fair times feat. university representatives from across the country.

Ask your questions, gather information, and get connected. **September 27, 28, 29** (Mon-Wed) 4 pm - 7 pm,

**October 2** (Sat) 10 am - 1 pm, **October 4, 5, 6** (Mon-Wed) 4 pm - 7 pm. **Registration will open on September 16<sup>th</sup>.** <https://cuebc.org/events/>

## POST SECONDARY EVENTS

### POST SECONDARY BC VIRTUAL FAIR



The screenshot shows the top navigation bar of the Post-Secondary BC website with links for 'FOR STUDENTS', 'FOR PARENTS', and 'FOR COUNSELLORS'. Below the navigation is a green banner with the URL [www.postsecondarybc.ca](http://www.postsecondarybc.ca) and the text 'STUDENT REGISTRATIONS OPEN SEPT 24<sup>th</sup> @ 9:00am'. The main content area features the heading 'Find your post-secondary future at the 2021 PSBC Virtual Fair!' and a list of bullet points: 'Watch live presentations from 29 post-secondary schools across BC', 'Connect with institutional representatives through text and video chat', 'Download program information and watch additional video content', 'Sign up easily for more information from any institution', 'Door Prizes: Every student who visits the fair will be automatically entered into a draw for one of twenty-five \$100 Amazon gift cards.', and 'Survey Prizes: Fill out our Guest Survey after the event, and you'll be entered into a separate draw for another \$100 Amazon Gift Card.' At the bottom of the banner is a green box with the text '7 DAYS TO CHOOSE FROM: October 7 & 19 / November 3, 9 & 18 / December 1 & 7 VIRTUAL FAIR OPEN FROM 9:00 am to 7:00 pm on these dates'.

#### UNIVERSITY OF ALBERTA-APPLICATION WORKSHOP

Learn how to submit an application for admission. Join a short presentation followed by a Q&A session with one of the UAlberta Advisors. **Mon, Sept 27 or Wed, Sept 29, 4-5 pm.** Register to attend:

<https://www.ualberta.ca/admissions/undergraduate/tours-and-events/index.html?>

#### DISCOVER UVIC

Thinking about applying at the University of Victoria? Learn more at one of the upcoming info sessions. Please register to attend. **September 29, 4:00PM.**

<https://www.uvic.ca/undergraduate/tours-events/events/index.php>

#### UBC FACULTY OF LAND & FOOD SYSTEMS WORKSHOP SERIES

Explore degree programs, meet LFS students and learn more about what makes this Faculty so special by participating in one of 9 interactive workshops scheduled for this fall. Focus will be on 3 themes that highlight key concepts covered in LFS programs: Global Impact of Food Systems, Animals in Society, and Land, Food, Sustainability and You. All events will take place Wednesday at 6 pm **starting Sept. 29<sup>th</sup>** on zoom. Register to attend: <https://www.landfood.ubc.ca/prospective/lfs-events/>

### **GRADE 12'S**

#### SCHOLARSHIP MEETING FOR ALL GRADE 12 STUDENTS

Mark your calendar! Our first scholarship meeting will take place, **Wednesday, Sept. 29<sup>th</sup>**, 3.30-4.30 pm. Learn more about financial aid opportunities for your post-secondary journey.

#### SCHOOL CASH ONLINE ACCOUNTS

##### GRADE 12'S

Students, please have your parents ensure all fees/accounts are clear **by Nov 30** so you can purchase grad related items when they become available.

### SCHOLARSHIP OPPORTUNITIES

#### BASANT MOTORS

15 x \$2,000 available in three different categories: Financial Assistance, Students with Disability, Academic achievement. Students must be graduating in 2022 and must be demonstrating good citizenship and community service. **Apply by Sept. 26.** More details and application form on Career Centre team and website: <https://www.sd43.bc.ca/school/charlesbest/ProgramsServices/career/Pages/FinancialAid.aspx?login=-964918815#/=>

#### U of T NATIONAL SCHOLARSHIP PROGRAM

Students who excel in academic pursuits, demonstrate enthusiasm for intellectual exploration and have a strong involvement in the lives of their schools and communities can apply. 25 scholarships available, amounts vary. **Deadline is October 21<sup>st</sup>, 9 pm.** <https://future.utoronto.ca/national-scholarship/about/>

## SCHOLARSHIP OPPORTUNITIES

### MOREHEAD-CAIN SCHOLARSHIP

This scholarship is a four-year, fully funded educational experience for exceptional student leaders at the University of North Carolina at Chapel Hill. Beside tuition, room and board, it includes life-changing summer enrichment and extracurricular learning experiences. Criteria: Leadership, moral force of character, lifelong desire to learn, and physical vigor. Each school can nominate only ONE student. If you are interested, please contact Mrs. Kaufmann at [skaufmann@sd43.bc.ca](mailto:skaufmann@sd43.bc.ca) to request an expression of interest form.

Forms are due back **Monday, September 27th, 9 am.**

### NATIONAL BOOK AWARD 2022

Every school across Canada is invited to nominate ONE student. Criteria are outstanding academic performance, original and creative thought, strong community involvement, and exceptional achievement in a broad context. Students nominated for this award are also encouraged to apply to the [U of T National Scholarship Program](#). Find more details and expression of interest form on the Career Centre team or contact Mrs. Kaufmann. Forms are due back **Monday, October 4<sup>th</sup>, 9 am.**

### LORAN SCHOLARSHIPS

Applications are open for the 2022 Loran Award! This four-year undergraduate merit award includes study at one of 25 Canadian universities, funding for summer work experiences, mentorship, and more. Up to 34 awards of up to \$100,000 each are available for graduating students who demonstrate character, service, and leadership potential. Criteria: Min. average of 85%, Canadian citizen or PR only. **Deadline is October 13<sup>th</sup>, 5pm.**

Extended details and tips on how to apply can be found on the Career Centre TEAM (code gvrymg1)

<https://loranscholar.ca/becoming-a-scholar/>

### LESTER B. PEARSON INTERNATIONAL SCHOLARSHIP

International Students who demonstrate exceptional academic achievement and creativity, leadership and community service – talk to your counsellor about being nominated for this all-expenses-covered scholarship to U of T. Submit your brag sheet for nomination **by November 1.** More info:

<https://future.utoronto.ca/pearson/about/>

## **SPORTS**

### CROSS COUNTRY TEAM PRACTICE

Reminder to all cross country members of our practice today.

Please meet at the front doors of the school by the covered area at 3:25 pm.

### SWIMMERS

Those interested in being on the Charles Best Swim Team, please come to a meeting in room #301 after school this **Thursday, September 23rd**. Try to make it there by 3:25 so we can let you know about what we know and don't know about the swim season this year and get your best times for your strokes from you. See you there!

## **CLUBS**

### JOIN THE CHARLES BEST BOOK CLUB!

Love reading? Want to connect with other students who do too? Click the link below and join the CBSS book club! Books are voted by students and are read for enjoyment. New members are always welcome.

If you have questions, please come see Ms. Dos Santos or Ms. Henriksen in 310.

Link: <https://tinyurl.com/23t5neh8>

### JOIN THE CHARLES BEST FORCE OF NATURE ENVIRONMENTAL CLUB

Want to make a difference? Interested in meeting like-minded students? We participate in numerous environmental initiatives throughout the year including planting and maintaining the school garden, litter pick up, earth day activities, mini lessons to elementary students and much more...

First meeting is **Wed. Sept. 22**, at 3:20 in room 102. Meetings are short and sweet! Join our club, past and new students welcome, all grades, even vaguely interested, please come so we can tell you more!!

## **IMPORTANT REMINDERS**

### **\*\*\*\*\*BE BEAR AWARE\*\*\*\*\***

This is the time of year bears can be seen near or on our school grounds. Do NOT approach one if you see one and report the sighting to an Administrator or staff member.

### **\*\*\*\*\*CROSSING COMO LAKE\*\*\*\*\***

All students: Please remember to use the crosswalks and obey all traffic lights when crossing Como Lake Avenue.

### **\*\*\*\*\*SCENT FREE SCHOOL\*\*\*\*\***

All schools and buildings within SD43 are “**scent free**” places of work and learning. Numerous students and staff have serious medical complications with various natural and chemical scents/fragrances. As such, please make every effort to avoid using or wearing scented products within this space in order to establish an environment that is as “scent safe” as possible.

### **\*\*\*ATTENTION ALL STUDENTS\*\*\*NO LOITERING IN BUS SHELTER\*\*\***

Students are reminded that the bus shelters are for people who are actually waiting to get on a bus. Please do not use them as social gathering places.

### **\*\*\*\*\*STUDENT DROP OFFS\*\*\*\*\***

Please be aware that when dropping students off in the morning, vehicles are **not permitted** to stop at the west entrance roundabout. Stopping in the roundabout causes dangerous traffic problems on Como Lake Ave and impedes traffic.

### **\*\*\*SLOW DOWN AND USE CAUTION IN THE DRIVEWAY/DROP OFF AREA IN FRONT OF THE SCHOOL\*\*\***

Students are reminded to slow down and use the designated crosswalks when crossing through the school driveway area. Be very vigilant as drivers are often distracted as they are moving in and out of waiting spots. Also, our student drivers are reminded that the expectation is “dead slow” in our school driveways and parking lots.

### **\*\*\*VAPING IS NOT PERMITTED IN THE SCHOOL OR ON SCHOOL GROUNDS\*\*\***

**Vaporizers and/or e-cigarettes cannot be possessed at school under any circumstances.**

For the safety of all of our students and staff, it is important that these devices are not on school property. Students are not permitted to have these devices in their lockers, backpacks, or on their person at any time while on school property. If a student is found in possession of a vaporizer or e-cigarette, it will be confiscated. Parents will be contacted and required to meet with the administration and their son/daughter. Reoccurring incidents will result in disciplinary action.