

Central Elementary School

Working together to strengthen our community through our
Community Schools

After School Programs **Winter 2018**



PROGRAMS: JANURARY - MARCH 2018

REGISTRATION DATES: December 18TH to January 10TH, 2018

PROGRAM DATES: January 12TH to March 16TH, 2018

NO PROGRAMS:

Monday - January 29, Monday - February 12,

Friday - February 9, Friday - February 23

CONTACT:

DASHA BELSKAYA

dbelskaya@sd43.bc.ca

MONDAYS:**3 - D BASKETBALL**

Want to try out Basketball? 3D Basketball Academy is excited to introduce an after school program, that is fun and allows students to learn new skills. The program teaches athletes the necessary fundamentals required to succeed in the sport of basketball. Teaching basic skills and concepts through a series of progressive lesson plans, athletes learn the premise of sound decision-making and strategy. We will constantly challenge and encourage participants to improve your skills.

Code	Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
C - M1	Gr. 3 - 5	Mon	3 - 4	Gym	Jan 15 - Feb 26	5	\$30
C - M2	Gr. K - 2	Mon	4 - 5	Gym	Jan 15 - Feb 26	5	\$30

SCIENCE AL!VE

Science AL!VE is a student-run science education program based at Simon Fraser University. In partnership with Community Schools, Science AL!VE is proud to present our fun-filled hands-on science after-school programs for students from kindergarten to grade 5. Introduction to the amazing world of science, engineering, and technology through hands-on activities and interactive demonstrations led by our energetic, creative and expertly trained staff.

Code	Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
C - M3	Gr. K - 2	Mon	3 - 4	MPR	Jan 15 - Feb 26	5	\$40
C - M4	Gr. 3 - 5	Mon	4 - 5	MPR	Jan 15 - Feb 26	5	\$40

TUESDAYS:**TRICITY KARATE**

Junior Karate is for children Grades 1 to 5. Sessions focuses on karate basics, physical fitness, self-defense, introduction to sparring and manners are all part of the program custom to the needs of the children participating in the program. This class focuses on karate basics towards their next belt. Youth aged 13 and up are welcome in this class. Hopefully over time we will build a teen class.

REGISTER AND PAY DIRECTLY TO TRICITY KARATE - CLASSES HELD AT CENTRAL GYM

Ages	Day	Time	Rm.	Dates
6 - 12 years	Tues and/ or Thurs	3 - 4	Gym	Weekly

Please note this program is CONTINUOUS REGISTRATION. For more information/ registration please contact: Instructor Junya Yamamura bmtckarate@gmail.com

THIS PROGRAM IS NOW FULLY REGISTERED S.U.C.C.E.S.S. SCHOOLS OUT

Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
Gr. 3 - 5	Tues	3 - 5	MPR - GYM	Continuous Ends April	Weekly	Free

Please contact Sarah Yoon at sunju.yoon@success.bc.ca to see if there is still room in either day

WEDNESDAYS:

RHYTHMIC GYMNASTICS

Rhythmic Gymnastics is an elegant sport both in physique and performance. It involves the use of body movement with apparatus by throwing and catching the apparatus (rope, hoop, ball, ribbon, and clubs). Students will put the skills together in choreographed routines with music.

Code	Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
C - W1	Gr. K - 5	Wed	3 - 4	Gym	Jan 17 - Feb 28	7	\$40

CREATE-A-PLAY BY PLACE DES ARTS

Play lively theatre games, learn various acting techniques and hone your storytelling skills in this dynamic drama class. You'll work as a team to rehearse and perform a short play on the last day of class.

Code	Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
C - W2	Gr. K - 2	Wed	3 - 4	MPR	Jan 17 - Feb 28	7	\$50

THURSDAYS:

GAME DESIGN

Learn how to create board games and video games! Students will learn creative problem solving, design thinking and digital literacy through the game design process. Designed for young learners, this session begins with students learning to work in teams to create board games, design game art and sculpt player pieces. Students then learn essential digital literacy skills such as how to use a laptop, mouse and Unity3D software to create their own video games! All hardware, software and supplies are included.

Code	Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
C - TH1	Gr. 3 - 5	Thurs	3 - 4:30	Comp Lab	Jan 18 - March 1	7	\$70

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Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
Gr. 3 - 5	Thurs	3 to 5	MPR-GYM	Continuous Ends April	1 X Weekly	Free

Please contact Sarah Yoon at sunju.yoon@success.bc.ca to see if there is still room in either day

FRIDAYS:

THE LORAX



‘Unless someone like you cares a whole awful lot, nothing is going to change, it’s not’

The story of greed, over consumption and a young boy who can change it all. This Dr. Seuss story shows us a future without trees and clean air and how the town of Thneedville was created. This show is full of catchy songs, fun characters and a happy ending. Join P.L.A.Y. as we tell this important story.

Code	Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
C - F1	Gr. 2 – 5	Fri	3 - 4:30	Gym	Jan 12 – March 16	8	\$65

Le Petite Gourmet Cooking

Come out and make delicious snacks, dishes and desserts. The dishes we will prepare start quick and easy and move to more advanced skills throughout the program. Each week we will prepare a different dish ranging from baked goods to snacks as well as quick meals. While learning to cook, you will also learn about kitchen safety, and nutrition and play games to learn about the different food groups and much more. Let's start cooking!

C-F2 SESSION 1 - 4 CLASSES \$55

January 12: Chicken and wonton soup

January 19: Cantonese style chow mien

January 26: Sesame chicken rice bowls

February 2: Vegetable and meat spring rolls

C-F3 SESSION 2 - 4 CLASSES \$55

February 16: Apple caramel pies

March 2: Pizza pies

March 9: Chicken pies

March 16: Veg and cheese quiche

****All ingredients are naturally grown, some are locally sourced /organic. All recipes are NUT FREE**

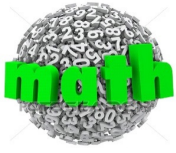
Code	Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
C – F2	1 – 5	FRI	3 to 4:30	MPR	Jan 12 – Feb 2	4	\$55
C – F3	1 – 5	FRI	3 to 4:30	MPR	Feb 16 – March 16	4	\$55

How to Register

Our **Community School After School Programs Registration** is online and will accept payment using **Visa; MasterCard or Interac/Debit** from most major banks. You can get instant confirmation of your spots in the programs you choose. You will require an email address in order to get your confirmation # and print out a receipt for your payment.

To access the registration website please **visit the Central Community School Website then click on the “Community Programs” button on the homepage.** If you do not wish to register online there is an option to register by filling out the paper registration forms. They are located at the Central Community School main office. Please return complete forms and payments by cash or cheque made payable to Central Community School.

All registrations are on first come, first serve basis.



COMMUNITY SERVICE PROGRAMS

MULTIPLICATION CAMP GR. 4 – 5

Join us for a fun multi-sensory approach to learning your times tables! Games, songs, and a whole lot more! Learn your multiplication from 0-11!

(Grade 4 & 5 only and maximum 6 kids per class)

When: Wednesdays after school from 3:00-4:00 PM

Dates: January 17 – February 21

Location: Meet at the office

Cost: \$25 for six weeks (one day per week)

Taught by: Courtney Catterall
A multi-sensory Orton Gillingham Tutor
Owner of Awesome Possum Tutoring
Home-based business of the year 2017



BOCCIA BALL WEDNESDAYS CENTRAL GYM 4 – 5 PM

To Register or for more information: Contact: Debra Abraham
Director Unique Get Together Society 604-725-2483

[Unique Get Together Society](#)

Founded in 1976, **SportAbility** is a registered charity (1982) which provides physical activity programs for individuals with a disability across British Columbia, Canada. SportAbility offers programs in four sports including **Sledge Hockey, Boccia, Power Soccer, and 7 A-Side Soccer** at both **recreational and competitive levels**.

Participants: Our programs are participant and athlete focused; we ensure a variety of opportunities at all levels. We promote the development of skills and physical literacy as well as the holistic growth of all participants – physical, social, emotional and physiological. We encourage participants to try new things and offer a range of physical activity opportunities and experiences for British Columbians with a physical disability.

[CLICK HERE TO CHECK OUT SportAbility Boccia ball](#)