

Central Elementary School

Working together to strengthen our community through our
Community Schools

After School Programs **Spring 2017**



PROGRAMS: April - June 2017

REGISTRATION DATES: April 5th to April 21st 2017

PROGRAM DATES: April 24th to June 23rd 2017

No Programs Tuesday May 9th (Elections)

School Closed: Friday May 19th & Monday May 22nd

COMMUNITY SCHOOL COORDINATOR:
HEATHER ROEMER
hroemer@sd43.bc.ca

MONDAYS:

3D BASKETBALL

3D Basketball Academy is excited to introduce an after school program, that is fun and allows students to learn new skills. The program teaches athletes the necessary fundamentals required to succeed in the sport of basketball. Teaching basic skills and concepts through a series of progressive lesson plans, athletes learn the premise of sound decision-making and strategy. Constant challenge and encouragement will be stressed.

Code	Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
C – M1	Gr. K – 5	Mondays	3 to 4	Gym	April 24 – June 5	6	\$40

YOGA & MEDITATION

Yoga is good for the body and mind. Children will relax with ‘warming up’ exercises to music. They will learn the purpose of yoga poses. The program will include Yin stretching poses, Ashtanga Vinyasa to strengthen their muscles and coordination and connecting will follow, as well as ‘Laughing yoga’. The final poses will be Savasana to promote calmness and meditation. The goal of mindfulness and how yoga and meditation contribute to this relaxed, peaceful, joyful state will help participants to unwind and rejuvenate at the end of the school

Code	Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
C- M2	Gr. K – 5	Mon	4 to 5	GYM	April 24 – June 5	6	\$40

COOKING FOR KIDS

Come out and make delicious snacks, dishes and desserts. The dishes we will prepare start quick and easy and move to more advanced skills throughout the program. Each week we will prepare a different dish ranging from baked goods to snacks as well as quick meals. While learning to cook, you will also learn about kitchen safety, and nutrition and play games to learn about the different food groups and much more. Let’s start cooking!

Code	Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
C – M3	K – 5	Mon	3 to 4	MPR	April 24 - June 5	6	\$45
C – M4	K - 5	Mon	4 to 5	MPR	April 24 – June 5	6	\$45

TUESDAYS:

TRICITY KARATE

Junior Karate is for children Grades 1 to 5. Sessions focuses on karate basics, physical fitness, self-defense, introduction to sparring and manners are all part of the program custom to the needs of the children participating in the program. This class focuses on karate basics towards their next belt. Youth aged 13 and up are welcome in this class. Hopefully over time we will build a teen class.

REGISTER AND PAY DIRECTLY TO TRICITY KARATE – CLASSES HELD AT CENTRAL GYM

Ages	Day	Time	Rm.	Dates
6 – 12 years	Tues and/ or Thurs	3 to 4	Gym	Weekly

*Please note this program is **CONTINUOUS REGISTRATION**. For more information/ registration please contact: Instructor Junya Yamamura bmtckarate@gmail.com*

S.U.C.C.E.S.S. CONNECT

Program Goals: The goal of this program is to offer local neighborhood children a safe environment to express themselves freely through expressive arts, visual arts, and recreational activities. We hope these activities will help them develop a long lasting connection with their peers, school, and community. Attendance is for Tuesdays **or** Thursdays – **not both**

Please contact Sarah Yoon at sunju.yoon@success.bc.ca to see if there is still room in either day.

Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
Gr. 3 - 5	Tues	3 to 5	MPR-Gym	Continuous Ends April	Weekly	Free

BRICKS4KIDZ AMAZING ROBOTIC ANIMALS

The world of robotic animals! Are you fascinated by weird but true, wild and wacky, gross and yuck - then this is the class for you. In this session we build and explore all kinds of animals. Spiders that crawl, monkeys that walk, snakes that slither, turkeys and so much more.

Code	Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
BRICKS	Gr. K – 5	Fri	3 to 4	LIBRARY	April 25 – June 6	6	\$65

*To register for **Bricks4Kidz – Amusement Parks**:*

Register online at www.Bricks4Kidz.com/coquitlam or fill out the forms located online at the Central Community Programs website or pick them up at the Central Community office and return to the office with complete forms and payment by cash or cheque made payable to **Brick4Kidz**.

WEDNESDAYS:

SOCCER CLUB

Soccer is a great development program for young children. Our classes are non-competitive, using positive reinforcement to teach children soccer skills in a fun, engaging, educational environment. Soccer Club is a fun, active program so you can have a blast from the moment the whistle blows. Children will develop fundamental movement skills and fundamental sport and soccer skills. They will be playing outside on the gravel field or undercover – weather permitting. Please dress for all weather.

Code	Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
C – W1	K – 5	Wed	3 to 4	GYM	April 26 – June 7	7	\$45

FLOOR HOCKEY

This is a play-based program designed to develop motor and athletic skills in a positive, supportive, non-competitive environment. Children will develop fundamental movement skills and fundamental sport skills. Floor hockey is a FUN way to get active.

Code	Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
C – W2	K – 5	Wed	4 to 5	GYM	April 26 – June 7	7	\$45

PAPER MACHE

We are pleased to welcome Place des Arts in partnering to provide a Paper Mache Program

Place Des Arts Program is running this program at your school! Come out and enjoy a first rate program and you will learn to make two- and three-dimensional objects using recycled, repurposed natural materials with papier Mache techniques. You'll build molds and armatures to create a variety of projects including bowls, bugs, masks, mixed-media paintings and more! Come and explore shapes, patters, line and colour in a fun and supportive environment.

Code	Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
C - W3	K - 5	Wed	3 to 4	MPR	April 26 – June 7	7	\$65

SCIENCE AL!VE

Science AL!VE is a student-run science education program based at Simon Fraser University. In partnership with Community Schools, Science AL!VE is proud to present our fun-filled hands-on science after-school programs for students from kindergarten to grade 5 in Central Community School! Our after-school programs will introduce students to the amazing world of science, engineering, and technology through hands-on activities and interactive demonstrations led by our energetic, creative and expertly trained staff.

Code	Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
C- W4	Gr. K - 5	Wed	4 to 5	Room 102	April 26 – June 7	7	\$65

THURSDAYS:

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*16 spots maximum Thursdays

GAME DESIGN by UME ACADEMY

JUNIOR GAME DESIGN GR. 1 – 2

Learn how to create board games and video games! Students will learn creative problem solving, design thinking and digital literacy through the game design process.

Designed for young learners, this session begins with students learning to work in teams to create board games, design game art and sculpt player pieces. Students then learn essential digital literacy skills such as how to use a laptop, mouse and Unity3D software to create their own video games! The session will conclude with a Demo Day for students to showcase their creations to family and friends. All hardware, software and supplies are included.

GAME DESIGN GR. 3 – 5

Create your own video game! Guided by film and game industry veterans, students will learn creative problem solving through the game design process while employing the tools and technology that power today's top games. Each class, while rooted in a STEM topic, will also include time to create, play and evaluate games. The session will conclude with a Demo Day for students to showcase their creations to family and friends. All hardware, software and supplies are included.

Code	Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
C - TH1	Gr 1 -2	Thurs	3 - 4	Comp Lab	May 4 – June 22	8	\$70
C – TH2	Gr 3 – 5	Thurs	4 – 5:30	Comp Lab	May 4 – June 22	8	\$90

FRIDAYS:

Game Ready Crazy Sports

Come out and make delicious snacks, dishes and desserts. The dishes we will prepare start quick and easy and move to more advanced skills throughout the program. Each week we will prepare a different dish ranging from baked goods to snacks as well as quick meals. While learning to cook, you will also learn about kitchen safety, and nutrition and play games to learn about the different food groups and much more. Let's start cooking!

Code	Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
C – F1	Gr. 1 – 2	Fri	3 to 4	GYM	April 28 - June 9	6	\$45
C – F2	Gr. 3 - 5	Fri	4 to 5	GYM	April 24 – June 9	6	\$45

CODING and DESIGN

Through guided and instructed play, students will use the Engineering Design Process (EDP) in conjunction with coding software to create projects including games and solve challenges. This after-school program is aimed at enhancing students' critical and creative thinking and problem solving through coding and design.

For returning students, they will be guided to create their own projects in a manner that is within the tools/knowledge they have acquired in the previous level. These students will be encouraged to share their plans and creations with their peers, and redesign and improve their projects according to the feedback they receive.

Code	Gr.	Day	Time	Rm.	Dates	# of Sessions	Price
C – F3	Gr. 3 – 5	Friday	3 to 4:30	Computer Lab	April 28 – June 23	8	\$75

How to Register

Our **After School Programs Registration** is online and will accept payment using **Visa; MasterCard or Interac/Debit** from most major banks.

You can get instant confirmation of your spots in the programs you choose. You will require an email address in order to get your confirmation # and print out a receipt for your payment.

To access the online registration website please:

Access Central Community School Website then click on the "Community Programs" button on the homepage to register

If you do not wish to register online there is still an option to register by filling out the paper registration forms. The paper registration forms are located at the office. Please fill out the paper and return completed forms and payment by cash or cheque made payable to **Central Community School**. Please put the registration forms and payment in a sealed enveloped marked Atten: After School Programs. Drop the envelopes off at the office.

All registrations are on first come, first serve basis.