



CENTENNIAL TODAY

THURSDAY * OCTOBER 3 * DAY 1

IN THE CAFETERIA:

SOUP

- ❖ Cream of mushroom \$3

ENTREE

- ❖ Chicken souvlaki with lemon roasted potatoes, greek salad & pita \$6
- ❖ BBQ beef burger \$5

SANDWICH / PIZZA

- ❖ BBQ chicken pizza \$4.50

ALL STUDENTS

TRI-CITIES VOUNTEER JOB FAIR - OCTOBER 20, 11AM - 6PM



BCIT MARINE DAY OPEN HOUSE

Explore a career at sea. Attend this open house at the North Van. Campus on Friday Oct 18th from 10 am to 7 pm. Register and get more information here: <https://www.bcit.ca/ppl/marineday/> See live demos, check out simulators, meet industry employees.

APPLICATIONS FOR SHAD ARE NOW OPEN! GRADE 10 & 11 STUDENTS

Students who are interested in STEAM are urged to apply to this outstanding month-long program. Funding is available. Shad looks for diversity and well-roundedness in Shad participants with an over-arching commitment to excellence. Students with a strong academic foundation, who are natural go-getters, curious about the world, community-minded, creative and engaged are the type that excel at Shad. If that sounds like you, please apply. Visit: <https://www.shad.ca/who-can-apply/>

INTERESTED IN THE ENVIRONMENT? SFU IS HOSTING AN EVENT

Calling all **grade 11 and 12** students! You are invited to join Simon Fraser University professors and current students at the Burnaby Campus for a **free**, fun, and informative event on **Friday, October 25th** 10:00am-2:00pm. Through hands-on mini-lectures and lab activities, you will get to experience why the Faculty of Environment is so much more than you think. Spend your Pro-D day with us – lunch is included! <http://www.sfu.ca/fenv/students/prospective-students/events/>

LOST & FOUND ITEMS

There are several pairs of glasses in the office so if you've lost a pair, visit the office to claim before they're donated to charity.

MATH CONTEST: OCTOBER 15TH

The first of six math contests run by the Canadian National Mathematics League will occur on October 15th at 3:30pm in Room B204. The contest is free, only 30 minutes long, and will be supervised by Mr. Petersen. Email for details or to sign-up: gpetersen@sd43.bc.ca

VOLUNTEERS NEEDED - READING BUDDIES AT POIRIER LIBRARY

Help school-aged kids (in gr. 1 to 4) to improve their reading skills. Teens who are enthusiastic readers and like working with children tend to do very well in the program. Meetings are: **every Wednesday from Oct. 16 to Nov. 27 (seven meetings) 4 to 5 p.m.** Application form: <http://www.coqlibrary.ca/docs/default-source/pdfs/youth/big-buddy-application-form-fall-2019.pdf?sfvrsn=0> Drop it off at the library, or take a picture of it / scan it and send the file to Chris Miller miller@coqlibrary.ca **Deadline: Friday, Oct. 4th.**

GRADE 12

NEWSFLASH!!

FIRST SCHOLARSHIP MEETING #1 TODAY, OCT. 3RD @ 3:20 in the LIBRARY for GRADS 2020

Grade 12's - Please attend this brief meeting after school which will **provide an overview of Scholarships** and an **info package**. Bring your questions! International students are welcome to attend, however CDN Citizenship or PR status is required for eligibility. Questions? See Mrs. HW in the career office.

U OF T NATIONAL BOOK AWARD

(one nomination per school – brag sheet required by Oct 10th. See your counsellor) <https://future.utoronto.ca/scholarships/national-book-award/> Student can submit regardless of what Post-Secondary Institution they are applying to. Winners will be asked to apply for a National Scholarship.

TAKING AN ONLINE COURSE? CHECK POST-SECONDARY DATES AND DEADLINES!

You are urged to check the deadlines for completion of distributed learning courses.

SFU January 31st - Deadline to complete DL courses to be used for admission (Fall)

UBC Feb. 1st, 2020 - Deadline to complete distance and distributed-learning courses if you want UBC to use those grades in calculating your competitive admissions average.

UBC APPLICATION TIPS & PERSONAL PROFILE INFO

<https://you.ubc.ca/applying-ubc/how-to-apply/application/#section-5>

<https://you.ubc.ca/applying-ubc/how-to-apply/personal-profile/>

SFU BEEDIE SCHOOL OF BUSINESS – APPLICATION FAQ'S

<https://beedie.sfu.ca/undergraduate/apply/cat1/>

ATTENTION GRADE 12s ATTENDING SENIOR SAIL

You must see Ms. Mattson in Room E216 or email mmattson@sd43.bc.ca if you require a special meal due to allergies and food intolerances. I need to know before Thursday October 3rd at 3pm to give the cruise company notice. Otherwise the dinner is lasagna, salad, and unlimited pop!

LORAN SCHOOL SPONSORSHIPS

Congratulations to our three sponsored students! This year we had 14 applicants. Please note: Students **can still apply** for this award as Direct Pool applicants – **DEADLINE: Oct. 25th/19**. Visit <https://loranscholar.ca/>

REMINDER -POST-SECONDARY INFO NIGHTS MARK YOUR CALENDARS!

Wed. Oct 9th – Canadian Universities Fair at Gleneagle Secondary. Meet reps from all over Canada. **6 – 8 PM**. Parents welcome!

Thurs. Oct 10th – UBC and SFU at the **Centennial Theatre 7 – 9 PM**. Presentations from university reps. Parents welcome!

EMPLOYMENT

Place Des Arts (Qualified After School Leader needed. Shift 2:30 – 5pm)_See the job board or view the description at

[https://www.sd43.bc.ca/school/centennial/ProgramsServices/CareerCentre/employment/Pages/default.aspx#/="](https://www.sd43.bc.ca/school/centennial/ProgramsServices/CareerCentre/employment/Pages/default.aspx#/=)

2020 GRAD HOODIES ARE AVAILABLE TO PURCHASE ONLINE

Attention Seniors: Your 2020 Grad Hoodies Are Available to Purchase Online from Friday Sept 20th - Friday Oct 4th. Please use the following link to access the Cent Grad Wear Website: <https://www.gradwear.ca/collections/cent-20>.

*If you purchased your hoodie online, after Friday Sept 20, names are an additional \$10.

TD SCHOLARSHIPS FOR COMMUNITY LEADERSHIP

Applications now open. Deadline: November 15/19. Two awards for BC/Yukon (75% avg.) Demonstrated community leadership. Visit the online career centre or <https://www.td.com/ca/en/personal-banking/solutions/student-banking/community-leadership-scholarship-for-canadians/>.

HORATION ALGER SCHOLARSHIPS (Financial need -65K family income)

Community and extra-curricular involvement, 65% + avg. 160 awards of \$5,000 in Canada. CDN Citizen. Deadline to apply Oct. 25th.

<https://horatioalger.ca/en/scholarships/about-our-scholarships-programs/provincial-programs/>.

SFU AND UBC INFO NIGHT AT CENTENNIAL IN THE THEATRE

Thursday October 10th - 7 - 9 pm. **Graduating students are encouraged to attend this event**. Join us in the Centennial Secondary Theatre for presentations from UBC and SFU Advisors. Parents welcome!

DISTRICT SD43 CUE (CANADIAN UNIVERSITIES EVENT)

Mark your calendars for **OCTOBER 9th from 6pm - 8 pm AT GLENEAGLE SECONDARY**

Annual walkabout and mini-fair with information about Universities from across Canada. Meet representatives and ask questions!! Parents welcome. <https://www.cuebcevents.ca/schedule-of-events/> **What is CUE?** The **Canadian Universities Event (CUE)** is a forum designed to highlight Canada's universities to British Columbia's secondary school students as well as to their parents, guardians, and families. **CUE brings together over 45 of Canada's finest post-secondary institutions.**

CLUBS, ACTIVITIES AND PROMOTIONS



SKI & SNOWBOARDING CLUB

Mandatory ski and snowboard meeting TODAY, Oct.3, 2019 in Room A211 (Woodwork shop). We will be handing out sign up forms then.

CLUB LEADERS

Reminder to the club leaders to make your plans for clubs' carnival. It's happening this TODAY, October 3, 2019. Please let Paige Forrester or Ms. Denholme know ASAP if you have any special requirements to set up your table space.

CHECK OUT CLUBS CARNIVAL

For all students, come to the garage door of the foyer TODAY, Oct 3, block 3 to check out the various clubs we have happening in our building this year. What a great time to get involved!

GETAWAY YOUTH CENTRE, 620 POIRIER ST.

- ❖ **Learn to Cook Friday – Kimbap (Korean Rice Triangles)** - Friday Oct. 4th, 6:00pm start. Cost: Free. Location Poirier Youth Centre. If you don't know what this is come out and be ready to have your mind blown. If you do know, then you know you can't pass up an opportunity to learn how to make one!

SPORTS

SENIOR GIRLS VOLLEYBALL

Today at 6:00pm, the Senior Girls Volleyball team has their first HOME game of the season in the Blue Gym. Come out and cheer on the team as we take on Maple Ridge. The Senior Boys have their first home game right after the Girls. Team members, please remember your jersey, and be at the Gym at 5:25pm to ensure the court is setup for the match. Warmup will begin at 5:35pm, Good luck, and Go Centaurs!

VOLLEYBALL GRADE 9 GIRLS' GAMES

- We have a home game today (oct. 3) against Pinetree at 3:45 in the blue gym
- Tuesday, October 8th 3:45 PM we play at Port Moody
- Thursday, October 10th 3:45 PM we have a home game against Charles Best
- Thursday, October 17th 3:45 PM we play at Heritage Woods
- Tuesday, October 22nd 3:45 PM we have a home game against Riverside
- Thursday, October 24th 3:45 PM we play at Terry Fox

The district championship will be held at Archbishop Carney and will take place:

- Monday, October 28th 3:45pm
- Tuesday, October 29th 3:45pm
- Wednesday, October 30th 3:45pm

SENIOR BOYS VOLLEYBALL

The Senior Boys Volleyball team faces Port Moody tonight at 730! Come support your fellow Centaurs!

SR. BOYS SOCCER TEAM

The Sr. Boys Soccer team improved to 2-0 on the season by beating Pinetree yesterday by a score of 5-2. The Centaurs started the game on fire, with goals from Dante Bandiera and JoJo Reis within the first 10 minutes. Bandiera would add a second in the 1st half, while Elijah Quinto and Chase Doucette added the other Centaur goals. Nico Porretti had 2 excellent assists from free kicks, while Adalberto Zavala and Dom Parolin were solid in net. The team now plays a tough Heritage Woods team TODAY, Oct 3 at Coquitlam Town Centre North Turf.

GIRLS FIELD HOCKEY

The team stays undefeated with a huge 4-0 win over rival Charles Best yesterday! Goals were scored by Sophia Ferreira, Saylor Kuefler, Jamie Vanstone and Paige Vanstone. It was an outstanding team effort! Good luck to the squad as they take on a strong Heritage Woods team on TODAY, Oct 3!