



# CENTENNIAL TODAY

MONDAY \* OCTOBER 21 \* DAY 2

## IN THE CAFETERIA:



### SOUP

Minestrone soup \$3

### ENTRÉE

Chicken cacciatore with buttered noodles, caesar salad & fresh bread \$6

BBQ beef burger \$5

### SANDWICH / PIZZA

Vegetarian pizza \$4.50

Chorizo & salami pizza \$4.50

## ALL STUDENTS

### **HALLOWEEN TRIVIA FROM OCTOBER 23RD THROUGH TO THE 31<sup>ST</sup>**

The Library will be running Halloween Trivia from October 23rd through to the 31st! A daily prize of Cafeteria Cash will be awarded to the lucky daily winner.

### **VOLUNTEER WITH MOUNT SEYMOUR SNOW SCHOOL!**

Students can earn volunteer hours while enjoying the great outdoors!

For details and commitment expectations

see: <https://www.sd43.bc.ca/school/centennial/ProgramsServices/CareerCentre/experiences/Pages/default.aspx?InitialTabId=Ribbon%2ERead&VisibilityContext=WSSTabPersistence#/=>

### **WISH YOUTH NETWORK SOCIETY**

Centennial's Wish Youth Network Society (WYNS) will be having a bake sale on Tuesday Oct. 22 outside the music room during blocks 2,3, & 4! We're fundraising for Eagle Ridge Hospital and supporting youth with serious medical conditions. Please show your support by purchasing a delicious treat and helping them at the same time.

### **PA-MOJA HALLOWEEN MOVIE NIGHT**

Pa-moja Halloween Movie Night on October 29th at 6:30PM! Admission is only \$4 and includes: snacks, pop, and hot chocolate. Come buy tickets in the foyer and vote for which movie you want to watch here:

<https://bit.ly/32lDXJ4>

### **KCC LEADERSHIP MOVIE NIGHT**

Attention all students who purchased a ticket for the KCC-ELL/International student movie night tonight. The movie and pizza will be served at 3:30pm. Check your movie ticket for room location. We will see you tonight! Get ready for some good food, snacks and a spooky movie.

### **REPORT CARDS**

If you did not get your report card in homeroom last week please come to the office and pick it up as soon as possible. Thank you.

### **ARTONA PHOTOS**

If you ordered photos, they are in the main office for pick up.

### **UBC INFO SESSION**

Did you miss our visit? PORT MOODY SECONDARY is hosting UBC on Wednesday evening

Wednesday evening, October 23 PORT MOODY SECONDARY – Don't miss this Port Moody Secondary School info session for all Grade 11 and 12 students and their parents - clarifying the application, admissions processes and deadlines for this year. You'll be better prepared for admission - and have a sense of what it might be like to be a student at one of UBC's two campuses. 7 pm in the Main Gym.

### **VOLUNTEER AT CAPE HORN HALLOWEEN DANCE**

Mature students can earn volunteer hours and enjoy a free dinner. **Date: Oct. 24<sup>th</sup>, 5:30 to 8:30 pm.** EMAIL NAME PHONE# Station preference and if you want to be buddied with a friend to: [capehornpac@gmail.com](mailto:capehornpac@gmail.com) Questions? See Mrs. HW in the career office.

## TICKETS FOR THE HALLOWEEN SCAVENGER HUNT & MOVIE NIGHT

KCC (ELL/International Student Leadership Class) are now selling tickets for the Halloween Scavenger Hunt & Movie Night taking place on **today, Monday October 21<sup>st</sup>**. The scavenger hunt will take place starting at 9am with the Halloween movie and pizza happening at 3:30pm. Leadership students will be going to all ELL classes to sell tickets. The tickets are \$2 and includes, movie snacks, pizza and refreshments! For more information, send a direct message on Instagram to @KCCLeadership.

## RED CROSS STUDENT MOVEMENT 'HUMANITARIANS IN TRAINING' CONFERENCE

This annual conference will be held on NOV. 16<sup>th</sup> at UBC. Cost is \$15. We can have fees waived for 3 students. Speak to Ms. Chambers or Mrs. Healey Wright. Students can register (by Nov. 3<sup>rd</sup>) directly here:

[https://docs.google.com/forms/d/e/1FAIpQLSc2N7CD4GSOLvsQKt0ZdH68kT4\\_hAe82F1yq\\_6AjFNmC8deg/viewform](https://docs.google.com/forms/d/e/1FAIpQLSc2N7CD4GSOLvsQKt0ZdH68kT4_hAe82F1yq_6AjFNmC8deg/viewform) or visit <https://www.humanitariansintraining.com/register.html>

## LANGUAGE COURSE CHALLENGE

Students who have exceptional ability in French 11/12, Japanese 11/12, Korean 11/12, Mandarin 11/12, Punjabi 11/12 or Spanish 11/12, and have **not** previously received credit for these courses, have the opportunity to challenge a language course for credit. Go to <https://www.deltasd.bc.ca/schools/secondary/challenge-exams/> (or google "Language Challenge Exams"); fill in the application before printing out the application package. Completed applications including photos must be turned in to your counsellor for review and signature **before** 3:30pm on Friday, November 1st.

## BCIT BIG INFO SESSION

Will be held on Nov. 16<sup>th</sup> at the Burnaby campus. Interested Students are urged to **register in advance** [HERE](#)

## INTERESTED IN THE ENVIRONMENT? SFU IS HOSTING AN EVENT

Calling all **grade 11 and 12** students! You are invited to join Simon Fraser University professors and current students at the Burnaby Campus for a **free**, fun, and informative event **TODAY Friday, October 25<sup>th</sup>** 10:00am-2:00pm. Through hands-on mini-lectures and lab activities, you will get to experience why the Faculty of Environment is so much more than you think. Spend your Pro-D day with us – lunch is included! <http://www.sfu.ca/fenv/students/prospective-students/events/>

## CENTENNIAL SALMON CLUB – ALOUETTE RIVER EGG TAKE FULL DAY TRIP - MON OCT28TH

Attention all club members and other salmon enthusiasts! Our trip is on for Mon Oct28th. Seats are limited so we need people to confirm interest ASAP. Priority will be given to people who have been active in the salmon club last year, but all Centennial students are welcome. We will be leaving Centennial in the morning before school starts (exact time TBA) and will be return sometime after the end of the school day (more details to come). **Cost of the trip is \$5** and will be collected on the bus when we depart. Parent as well as teacher permission slips will also be required. We will be having a meeting to organize the trip sometime next week (stay tuned). **If you're interested in attending the trip please email Mr. Malakoff ([dmalakoff@sd43.bc.ca](mailto:dmalakoff@sd43.bc.ca)).** **The first 15 people to email Mr. Malakoff are guaranteed a seat on the bus.**

## GRADE 12

### MED CONNECT 2019 – SFU CAMPUS (BURNABY) SATURDAY NOVEMBER 23<sup>RD</sup> 8:30 AM – 5:30

Cost \$25 – Attend this conference if you are interested in the **pathway to medicine**. Lectures, Workshops and a Panel of UBC Medical Students will be available. Spots will fill quickly! View the conference/ program guide and REGISTER HERE -

<https://www.eventbrite.ca/e/medconnect-2019-registration-75253149195>

### BCIT VIEWBOOKS

Are available in the career centre for students who could not attend the info session. Some Program applications **open Nov. 1<sup>st</sup>**.

### UCOMING INFO SESSIONS – JIBC, SFU Environment, KPU, U of T

Many external info sessions this week visit:

[https://www.sd43.bc.ca/school/centennial/ProgramsServices/CareerCentre/postsecondary/Pages/default.aspx#/="](https://www.sd43.bc.ca/school/centennial/ProgramsServices/CareerCentre/postsecondary/Pages/default.aspx#/=)

### DREAM IT BE IT CAREER FAIR (PRO-D OCT 25<sup>TH</sup> AT CENTENNIAL)

Reminder to registrants – This event is **at capacity**. Doors open at 9:15 am.

### UPCOMING SCHOLARSHIPS

Horatio Alger – Oct 25<sup>th</sup>, TD Scholarships for Community Leadership Nov. 15<sup>th</sup>, Loran Direct entry Oct. 25<sup>th</sup>.

[https://www.sd43.bc.ca/school/centennial/ProgramsServices/CareerCentre/financeawards/Pages/default.aspx#/="](https://www.sd43.bc.ca/school/centennial/ProgramsServices/CareerCentre/financeawards/Pages/default.aspx#/=)

### INFO SESSIONS

Capilano Film and Animation Open House Oct 19<sup>th</sup>, KPU Richmond Open House Oct 25<sup>th</sup>. U of T at the Vancouver Convention Centre Oct 27<sup>th</sup>,

[https://www.sd43.bc.ca/school/centennial/ProgramsServices/CareerCentre/postsecondary/Pages/default.aspx#/="](https://www.sd43.bc.ca/school/centennial/ProgramsServices/CareerCentre/postsecondary/Pages/default.aspx#/=)

### INTERESTED IN U OF T - ATTEND AN INFO SESSION!

Sunday, October 27<sup>th</sup> at 2:00 PM until 4:00 PM Vancouver Convention Centre, West Meeting Rooms 1055 Canada Pl, Vancouver, BC

[REGISTRATION FOR OUR PROSPECTIVE STUDENT INFO SESSION IN VANCOUVER](#)

### LORAN AWARD

Students **can still apply** for this award as Direct Pool applicants – **DEADLINE: Oct. 25<sup>th</sup>/19**. Visit <https://loranscholar.ca/>

## CLUBS, ACTIVITIES AND PROMOTIONS

### MOVE 4 MANA MEETING

Hey Centaurs, our next Move 4 Mana meeting will be on **Wednesday, October 30th, at 3:15 in room E212**. We welcome newcomers! If you are interested in going on the Uganda trip with Heritage Woods, there will be a meeting on **Tuesday, October 22, at 3:40 in room E212!**

### SALMON CLUB MEETING TOMORROW (TUE OCT22) AFTER SCHOOL IN RMB217

The purpose of the meeting is to communicate details for our Mon Oct28 full day field trip to Allouette Lake and Mossom Creek. This is our famous 'egg take' trip. All Salmon Club members as well as other interested students are welcome! Bring your friends!! No experience necessary!! If you want to hear about what the trip is about or if you have questions, please plan on attending the meeting this Tuesday (Oct22). If you're not able to attend the meeting and are interested, please email Club Leaders Berntina Hambly ([076-BHAMBLY@sd43.bc.ca](mailto:076-BHAMBLY@sd43.bc.ca)) and Taryn Van Hemmen ([076-TVANHEMMEN@sd43.bc.ca](mailto:076-TVANHEMMEN@sd43.bc.ca)) or Mr Malakoff ([Dmalakoff@cta43.org](mailto:Dmalakoff@cta43.org)).

### Poirier Youth Leadership Committee is looking for members

Hey you! Want a fun and interesting way to gain your volunteer hours for graduation? Ever think to yourself, "Man I like to lead things and I want to make my community a better place". Got Thursdays from 4-5pm free? Well the Poirier Youth Leadership Committee is looking for members and they need YOU to sign up! It's free, plus it's a great way to build marketable leadership skills and have fun while doing it! Email [CMcArthur@coquitlam.ca](mailto:CMcArthur@coquitlam.ca) to find out more information!

### GETAWAY YOUTH CENTRE, 620 POIRIER ST.

- ❖ **WILD CARD WEDNESDAYS: STIR FRY LUNCH** - Wednesday Oct. 23<sup>rd</sup> Lunch time. Cost: Free. Location Poirier Youth Centre. Come join us at the Poirier youth centre Wednesday at lunch and enjoy some wicked stir fry. Hangout for some pool, or video games as well! See you then!
- ❖ **LEARN TO COOK FRIDAY: CHILI MAKING + LIP SYNC FOR YOUR LIFE!** Friday Oct. 25<sup>th</sup> 5:00pm Start. Cost: Free. Location: Poirier Youth Centre. Come on down to the Poirier youth centre and learn to make some delicious crock-pot chili! Also, if you think you have what it takes, come over around 7pm for a LIP SYNC FOR YOUR LIFE! Prizes will be awarded to the greatest Lip singer!

### CENT STORE

Centaurs, your new hoodies are in! Our fashion industry class has been busy designing new hoodies as well as new t-shirts and long sleeves. Come check them out before they sell out!

### COQUITLAM OPTIMIST CLUB WALK FOR YOUTH

Raise money for your group by collecting pledges with the Coquitlam Optimist Club. The sharing benefit - your group gets back 75% of the funds you collected!

We HELP you fundraise by taking care of the EVENT details: management, signage, promotion, registration and refreshments with hot dogs and entertainment! Just submit your pledge forms with the funds. YOUR group receives a cheque for 75% of the money you raised! The 25% of funds raised will support many Optimist Club Community Service Projects such as Optimist Health and Wellness programs, your Community Schools, Youth Choral, Youth Sports groups like curling, golf and karate, Scouting and Girl Guides and Food Banks.

**WHEN: Sunday, November 17, 2019 – Registration: 11:30am – Walk: 12:30pm**

**WHERE: Poirier Sports and Leisure Complex**

**TO REGISTER: [coquitlamoptimists@gmail.com](mailto:coquitlamoptimists@gmail.com) or Phone: 604-562-9390**

Get pumped up with the sing-along warm up! Wear costumes, matching uniforms, school colors!

One lucky group will win the Walkers Windfall Draw – up to \$1,000!

For more information visit us at: <http://coquitlameveningoptimistclub.blogspot.com/> or see our Facebook page:

<https://www.facebook.com/CoquitlamOptimists/> or email: [coquitlamoptimists@gmail.com](mailto:coquitlamoptimists@gmail.com)

## SPORTS

### THE SR. BOYS SOCCER TEAM

The Sr. Boys Soccer team lost a tough game yesterday to Port Moody by a score of 5-2. The Centaurs had a chance to lock up first place in the league, but ultimately came out flat against a quick Port Moody team and gave up 2 goals relatively early in the first half. Just before half time, Jo Jo Reis got the Centaurs on the board and in the second half, the Port Moody Blues scored again to go up 3-1, but Dante Bandiera answered with a Semi-Bicycle Kick goal. However, with the team changing its formation from a 4-2-3-1 to a 3-5-2 to try and get an equalizing goal, the Centaurs left themselves open to counter attacks and Port Moody scored 2 more goals to finish the game. Playing well in the loss were Jee-Oh Lee, Jo Jo Reis, and Nico Porretti. The team now must wait to see what happens next week between Best and Fox to see where they finish in the standings going into playoffs.

### SENIOR GIRLS VOLLEYBALL

Reminder that today's Volleyball practice is at Como Lake Middle @ 6pm to 7:30pm. Next match is on Tuesday @ Pinetree Secondary. This is an AWAY match. We need to be at Pinetree for 5:30pm. Let Grant know if you need a ride to get to the match Tuesday. Wednesday we will have practice in the Blue Gym from 6:30pm to 8:00pm. On Saturday, the team is competing in the "Days at the Dome" tournament at the Harry Jerome Sports Center in Burnaby. First match on Saturday will be at 9:00am. We will need to be at the center for 8:30am on Saturday.

## **FIELD HOCKEY**

This week will see the Field Hockey team entering the District Playoffs ranked 2nd in league. The team has already qualified for the Fraser North Championships; however, the Districts will sort out their rankings. The team will play in the Semi-Final this Tuesday against Maple Ridge. Practice today after school at Charles Best Turf.

## **JUNIOR SOCCER BOYS**

Just a reminder to the junior soccer boys, we have a game today at Towncenter. Game starts at 3:30.

## **JUNIOR BOYS BASKETBALL**

Practice – Tues.Oct.22 @ 6:00PM (Como Lake)

Practice – Thurs.Oct.24 @ 7:30PM (Como Lake)

## **VOLLEYBALL GRADE 9 GIRLS' GAMES**

Tuesday, October 22nd 3:45 PM we have a home game against Riverside

Thursday, October 24th 3:45 PM we play at Terry Fox

## **THE DISTRICT CHAMPIONSHIP WILL BE HELD AT ARCHBISHOP CARNEY AND WILL TAKE PLACE:**

Monday, October 28th 3:45pm

Tuesday, October 29th 3:45pm

Wednesday, October 30th 3:45pm

Come cheer on your fellow Centaurs!