



CENTENNIAL TODAY

Monday March 11* 2024 - Day 2*

In order to speed up the process of serving you at lunch:

- 1. Please leave your backpacks or bags in your locker or outside the cafeteria service area**
- 2. Please read the menu in the Centennial Today before entering the lineup**
- 3. Use hand sanitizer before entering**
- 3. Have your payment ready before you order**
- 4. No touching items that you are not going to buy**
- 5. Only those buying are permitted to enter the lineup. This will help speed up service.**
- 6. No cutting into the line. Please wait your turn and line up in an orderly manner.**

Bon appetit!



Menu

~ LUNCH ~

Bon appetit!



Soup of the Day: Chicken Corn Chowder
Small \$2.50, Medium \$3.50, Large \$5.50

A.M. Break
Bacon & Egg Wrap \$3

Sandwiches
Grilled Cheese \$5
Poutine \$6
BBQ Beef Burger \$5
Chicken Burger \$6
Tortellini Carbonara \$5.50

Salads
Centennial Salad \$5.00 w/ Chicken \$7.00
Caesar Salad \$4.50 w/Chicken \$5.50

ALL STUDENTS

NEW ITEMS:

Hey Centaurs!

Spring is coming up even though we don't have cherry blossoms in the air YET! ... 🌸

To celebrate the last day of school before spring break and the upcoming spring season, we will be hosting a spirit week this week as well as a special event on Friday March 15th. This spirit week is different from any other, because you have a chance to win a bigger prize! a \$25 gift card of choice! We look forward to your participation!



CONGRATULATION TO OUR PHYSICS OLYMPICS TEAM for an impressive competition this weekend! We are still awaiting final overall results, but our Sound Lab team came 6th and our Quizzics team got top ten and qualified for the finals - super results given there were over 80 teams participating from all over BC. WELL DONE to Eloise, Daniel, Amanda, Matthew, Joanne, Hugo, Lukas, Sofiya, Bradley and Justin who attended and to Alex and Ryan for helping with the building of our solar car and cooling device.

PARTY ON WEDNESDAY TO CELEBRATE for ALL those who supported, helped, and participated this year!!!

Grade 12 Students

Grade 12's!!

We will be doing a **group grad photo** this coming Friday at Lunch. Please on the outdoor stairs outside the music rooms at 11:45 sharp. Wear any Centennial clothing you have, if you don't have any, then try to wear cent colours – red, blue, white, grey, or black. See you there!

CAREER CENTRE

CAREER CENTRE

Visit the online Centennial Career Centre Page [HERE](#)



@cent43carecentre

Employment/volunteering – Post Secondary Information-
Scholarships & Awards – Trades Training -

Mrs. Healey Wright, your Post-Secondary and Career Advisor, is on site Monday, Wednesday Thursday and Friday 8:00am – 3:30 pm. **Support is available for all students! Appointments & Drop-in visits available in the counselling area or email**

dhealeywright@sd43.bc.ca

General

POST SECONDARY INFO SESSIONS AND EVENTS

SFU Beedie webinar 3/14/2024

VFS (Vancouver Film School) School of Animation Program Preview Event 3/14/2024

PSBC MARCH Events 3/30/2024

BCIT PATHWAY AWARDS 4/3/2024

SFU CAMPS – EMPLOYMENT

[Employment Opportunities – SFU Camps – Simon Fraser University](#) Applications now open

Tomorrow! EducationPlannerBC and **SD 43 Coquitlam** invite parents, families, and student supporters to join our virtual workshop: **Parents as Education and Career Coaches (PECC)** on **Tuesday March 12th, 2024**, from **6:30pm to 8pm**.

Register [using the link here](#).

Full link: <https://events.teams.microsoft.com/event/26aca804-c68a-4c25-bf7c-7182bd0f0aef@31f68b85-2fd5-401e-88a4-bda85d3294b0>

For more information: support@educationplannerbc.ca

JOB SEARCH ENGINES

- [INDEED Job Search – part time COQUITLAM](#)
- [BC jobs Coquitlam part time](#)
- [WorkBC](#)

Be sure to check the [Career centre website](#) for more information and resources.

GRADE 12 CAREER CENTRE INFO

NEW SCHOLARSHIPS ON THE CAREER CENTRE – CHECK THEM OUT AT [THE LINK HERE](#) ON PAGE TWO

BC Adoptive Families Bursaries and Youth in Care Bursaries 4/15/2024
CHARLENE REAVELEY BURSARY PROGRAM 4/15/2024
Global Lift Equipment Scholarship (Essay) 4/15/2024
Jaymie Lynn Robertson 2024 Memorial Bursary (Epilepsy and Seizure education) 4/15/2024
KPU INTERNATIONAL SCHOLARSHIP INFO 4/15/2024
BC School Student Superintendents Association 4/16/2024
MyBlueprint H & R Block Awards 4/26/2024
BC Housing awards program 4/30/2024
Indigenous Forestry Scholarship program 4/30/2024
UVIC Entrance Scholarships - Various criteria 4/30/2024

Reminder POST SECONDARY INFO SESSIONS AND EVENTS

Douglas college info fair Coquitlam campus/Atrium March 12, 5pm 3/12/2024
PARENTS AS EDUCATION AND CAREER COACHES WEBINAR FOR PARENTS OF SD43
STUDENTS***** 3/12/2024
Douglas College info fair - New West campus in person Thursday March 14th 5pm. 3/14/2024

LOCAL AND DISTRICT SCHOLARSHIP PACKAGE FOR GRADS

The INFO SHEET and link to the APPLICATION FORM can be found here: [Career Centre - Centennial Secondary School \(sd43.bc.ca\)](#) Deadline to Apply April 11 by 3:30

SPORTS

Dragon Boat Team:

Looking for Paddlers!!!!

There will be a meeting in room 221 on Wednesday, March 13th, at the beginning of lunch in Room 221 for the upcoming season. There will be forms and important information to be presented! Please attend!

Our first practice will be on Tuesday, April 9, 2024. If unable to attend the meeting, please see Mr. Asano.



Girls' soccer Team:

Meeting today, Monday, March 11th, in B222 at lunch

Tri-City Femail Ball Hockey U21 Team:

The season starts April 2nd and we are looking for Grades 11 and 12 girls. Visit the Tri-City website for more information.

Handball Intramurals:



Centennial Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55
BLOCK 1 9:00-10:12	BLOCK 1 9:00 - 10:02	BLOCK 1 9:00-10:12	BLOCK 1 9:00 - 10:02	BLOCK 1 9:00 - 10:12
BLOCK 2 10:16-11:28	ExFLEX 10:06 - 11:11	BLOCK 2 10:16-11:28	CENT TIME 10:06 - 11:11	BLOCK 2 10:16-11:28
Lunch 11:28 - 12:13	BLOCK 2 11:15 - 12:17	Lunch 11:28 - 12:13	BLOCK 2 11:15 - 12:17	Lunch 11:28 - 12:13
BLOCK 3 12:13 - 1:25	Lunch 12:17 - 1:05	BLOCK 3 12:13 - 1:25	Lunch 12:17 - 1:05	BLOCK 3 12:13 - 1:25
ADVISORY/FLEX 1:29 - 1:59	BLOCK 3 1:05 - 2:09	FLEX 1:29 - 1:59	BLOCK 3 1:05 - 2:09	FLEX 1:29 - 1:59
BLOCK 4 2:03 - 3:15	BLOCK 4 2:13 - 3:15	BLOCK 4 2:03 - 3:15	BLOCK 4 2:13 - 3:15	BLOCK 4 2:03 - 3:15