



CENTENNIAL TODAY

Monday, May 6 * 2024 - Day 1*

In order to speed up the process of serving you at lunch:

- 1. Please leave your backpacks or bags in your locker or outside the cafeteria service area**
- 2. Please read the menu in the Centennial Today before entering the lineup**
- 3. Use hand sanitizer before entering**
- 3. Have your payment ready before you order**
- 4. No touching items that you are not going to buy**
- 5. Only those buying are permitted to enter the lineup. This will help speed up service.**
- 6. No cutting into the line. Please wait your turn and line up in an orderly manner.**

Bon appetit!



Menu

~ LUNCH ~

Bon appetit!



Soup of the Day: Southwest Yam

Small \$2.50, Medium \$3.50, Large \$5.50

A.M. Break

Turkey Sausage Egg Wrap \$3

Sandwiches

Grilled Cheese \$5.00

BBQ Beef Burger \$5.50

Chicken Burger \$6.00

Turkey Pot Pie \$6.00

Salads

Fruit Salad Cup \$2.50

Centennial Salad \$5.00 w/ Chicken \$7.00

Caesar Salad \$4.50 w/Chicken \$5.50



SHAWALS

Summer Learning

2024

Elementary

Eight locations, Tuesday July 9 - Friday July 26 9:00am-12:00pm. K to 1 transition, English for Beginners, Visual & Performing Arts, French Immersion, Integrated studies, Math, Reading & Writing, Coding (Info Tech), Outdoor Science, STEAM, and more! Free to all BC residents*.

Middle

Three locations, Tuesday July 9 - Friday July 26 8:45-11:45am. Band, Guitar, Creative Writing, Drama/Improv, English for Beginners, Guitar, Home Ec/Culinary, Integrated studies, English and French Immersion Language Arts, Mathematics, PE/Leadership, Coding (Info Tech), Outdoor Science, STEAM, Tech Ed, Visual & Performing Arts, and more! Free to all BC residents*.

Two locations. Tuesday July 9 - Friday July 26 8:30-11:30am OR 12:00-3:00pm. English, English for Beginners, IB Math & Science, Jazz & Concert Band, Science, Home Ec, Sewing, 2D Animation, Metal and Wood Tech Ed, Math, Coding (Info Tech), Skills for Success. Free to all BC residents*. These non-credit courses may be taken to review previously covered course content OR preview a course. Academic Completion 9/10 (earn a passing mark) also available, by referral.

Secondary Skill Building

Face-to-Face Advanced Credit OR Online Blended Fast Track
Two locations. Wednesday July 3 - Thursday August 8 8:00-11:30am OR 12:00-3:30pm. Biology 11,12; Career Life Education 10; Chemistry 11,12; EAL 10,11; English 10,11,12; English First Peoples 11,12; Mathematics 10,11,12; Physics 11,12; PHE 10; Socials 10,11.

Secondary Full Credit

Check out the SOYL full day program on our website!

Registration begins at 6:00am for ...
- Elementary: Tuesday April 30
- Middle & Secondary Skill Building: Friday May 3
- Secondary Full Credit: Wed. May 8
Phone 604-936-4261 for assistance.
*SD43 Residency requirements apply

To Register

WWW.SD43SUMMERLEARNING.CA / Phone 604-936-4261

Courses and locations listed above are subject to change



STYVING

ALL STUDENTS

NEW ITEMS:

Centennial Spring Fling Dance - Open to ALL grades

Hey Centaurs, it is our last dance of the year so make sure to purchase your tickets through school cash online.

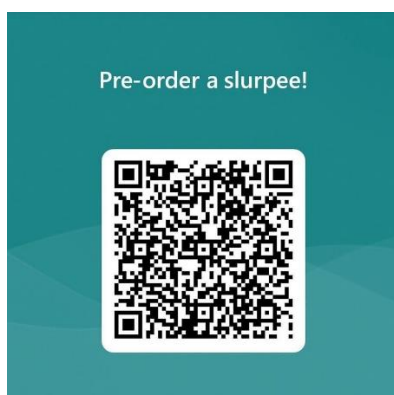
Date: Thursday May 9

Time: 6:30 Door Open, Dance 7:00pm-9:30pm.

Cost: \$20

*Pizza and drinks provided.

Paws Rescue Society will be having a Slurpee sale on May 10th (Thursday) at lunch in the foyer. We will be also be accepting pre orders through the QR code online . We will also have a table set up for in person pre orders through May 6-9th in the foyer during lunch.



Staff and Students: Please come audition for our student-produced TV show! Email 076-dayres@sd43.bc.ca or 076-emcaffer@sd43.bc.ca to sign up and get more information.

Presented by the Social Justice Committee

DUMPLING WORKSHOP

Totally FREE!
Come make your own dumpling and celebrate Asian Heritage Month!

Date:
May 8 - Demo @lunch
May 9 - Workshop @Cent time

Place:
Food's Room

Sign Up Form



Congratulations to the Centennial STEAM Team for placing 3rd at the District Sustainability Fair last Friday! 6 of our club members were able to represent our club's Sustainability Project and brought home \$250 in prize money for the project.

Registration open again for the Tech Leadership 10/11/12 course now!

Contact Ms. Hothi if you have any questions about this course or would like to join the team next year!

Social Justice/Equity Committee IDS

Are you passionate about social justice issues and making a difference throughout your community? Join the **Social Justice/Equity Committee IDS** (Independent Directed Studies – Foundations of Inquiry) course for 2024-2025! Students in this committee can work independently or with other group members to delve into issues important to them and organize activities and events throughout the year. Examples of past and upcoming events include Asian Heritage Month activities and Asian Heritage Night event, a Pride Month event, the Red Dress Day Project display, Truth and Reconciliation assembly and activities, and more. It's a great opportunity to get involved and have an impact on our community! If you're interested, please fill out the form using the QR code or contact Ms. Razzell.

Grade 12 Students

CAREER CENTRE

CAREER CENTRE

Visit the online Centennial Career Centre Page



@cent43careercentre

Employment/volunteering – Post Secondary Information-
Scholarships & Awards – Trades Training -

Mrs. Healey Wright, your Post-Secondary and Career Advisor, is on site Monday, Wednesday Thursday and Friday 8:00am – 3:30 pm.

Support is available for all students! Appointments & Drop-in visits available in the counselling area or email dhealeywright@sd43.bc.ca

General

RCMP NATIONAL YOUTH ADVISORY COMMITTEE

Applications for next year 24/25 will open on May 13th 2024. 125 students from across Canada will form the committee. The National Youth Advisory Committee members meet on a moderated, private online forum to discuss youth trends, RCMP programs, as well as youth crime and victimization issues. This commitment requires approximately two to four online hours per month, from October to June. [National Youth Advisory Committee | Royal Canadian Mounted Police \(rcmp-grc.gc.ca\)](#)

TRI-CITIES MENTORSHIP PROJECT – ALUMNI PANEL SERIES (Virtual)

Are you curious about what different degrees/programs have to offer? Want to learn more about how to get into a particular field? Are you interested in learning more about the different pathways available to you after high school? Do you have a field or degree that you're curious about, but you're not sure what it's like or how to get there? Don't worry, you're not alone - we've all been there too.

Join us for a **VIRTUAL** panel series where **SD43 alumni** will discuss their high school & post-secondary journeys and answer your questions!

Medical School: Thu, May 16 (7-8 PM)

Bachelor of Arts: Thu, May 23 (7-8 PM)

Business: Thu, May 30 (7-8 PM)

RSVP here: bit.ly/tricitiesalumnipanel

The Canadian Marine Careers Foundation (CMCF) Virtual Info Session

Speak with employees working in ship and shore roles in British Columbia's vibrant marine sector. Discover firsthand what it takes to pursue dynamic, well-paying careers as a port or vessel captain, naval architect, or marine service technician. **B.C. Virtual Career Event 9:20 AM-10:35 AM PST Friday, May 24th, 2024** Register [Microsoft Virtual Events Powered by Teams](#)

CURRENT VOLUNTEER OPPORTUNITIES POSTED ON THE CAREER CENTRE: [Career Centre - Centennial Secondary School \(sd43.bc.ca\)](#)

Children's Festival 2024 Key Volunteers (Feb.) and other volunteers needed May 27th to June 2nd 5/27/2024

TEDDY BEAR PICNIC 6/5/2024

BC Highland Games - volunteers needed June 13, 2024 6/13/2024

Volunteer at Place des Arts this Summer apply by June 14th 6/14/2024

GOLDEN SPIKE DAYS VOLUNTEER CALL OUT 6/28/2024

OUAC (ONTARIO Universities Application Centre) VIRTUAL INFO SESSION

MAY 22 5-7PM ET. A great opportunity for grade 10 and 11 students considering Ontario schools.

SUMMER JOBS ARE BEING POSTED

[Available Summer jobs near Coquitlam, BC \(with Salaries\) | Indeed.com](#)

[British Columbia Summer Jobs | Canada Government Jobs](#)

[Summer jobs in Vancouver, British Columbia | Summerjobs.ca](#)

VOLUNTEER FOR THE TEDDY BEARS PICNIC – JUNE 9 AT TOWN CENTRE PARK

HOURS ARE BETWEEN 9AM AND 6PM

Areas:

Set up

Take down (these shifts will be until 6pm)

Stage volunteers/wranglers

Open and close barricades in parking lot
Clean picnic tables in food area
Grounds maintenance
Collection of recyclables
End of line place holders for face painters, etc. at end of day

APPLICATIONS ON THE CAREER CENTRE/VOLUNTEERING

JOB SEARCH ENGINES

- [INDEED Job Search – part time COQUITLAM](#)
- [BC jobs Coquitlam part time](#)
- [WorkBC](#)

Be sure to check the [Career centre website](#) for more information and resources.

VOLUNTEERS NEEDED FOR ALDERSON ELEMENTARY CARNIVAL

We are looking for student volunteers for our upcoming **ALDERSON SPRING CARNIVAL**. If your child is able to volunteer, please fill out the form below. Parents will need to arrange transportation to and from Alderson Elementary School. Date of event **Friday May 24, 2024. Time: 2:20PM–6:00PM (1:45PM**

Early dismissal for volunteers)

Address: Alderson Elementary School- 825 Gauthier Ave, Coquitlam DEADLINE for submissions: Monday, May 13. APPLICATIONS ON THE CAREER CENTRE - [Career Centre - Centennial Secondary School \(sd43.bc.ca\)](#)

BC CHILDREN'S HOSPITAL ORTHOPAEDIC EVENT FOR FEMALE STUDENTS GRADES 10-12

Details for this June 6th event can be found here https://ubc.ca1.qualtrics.com/jfe/form/SV_c15fpTzizv2RcjQ

GRADE 12 CAREER CENTRE INFO

Grade 12

HAVE YOU WON A SCHOLARSHIP, BURSARY OR AWARD. SHARE YOUR NEWS IN THE COMMENCEMENT PROGRAM:



ADMITTED TO UBC? Interested in a Info Session or in-person tour?

See the Tours and Events page: [UBC events](#)

UBC First Year Engineering - Ask me anything [UBC event details](#) Who should attend

You are welcome to attend this event if you are:

- Deciding whether to accept your offer from UBC
- Accepting your offer of admission to UBC

LOTUS LIGHT CHARITY SCHOLARSHIP

Due May 15th. Applicants are assessed on scholastic excellence and community volunteer involvement.

JEAN LUMB AWARDS

Due May 20th – Students in grades 9-12 with Chinese Heritage. 12 awards of \$1,000 in various categories.

NUPGE SCHOLARSHIP PROGRAM 2024

Applications are now open for these awards. [Scholarship FAQ - NUPGE](#) Due June 30th

SPORTS

Soccer Intramurals



Centennial Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55	BLOCK 0 7:45 - 8:55
BLOCK 1 9:00-10:12	BLOCK 1 9:00 - 10:02	BLOCK 1 9:00-10:12	BLOCK 1 9:00 - 10:02	BLOCK 1 9:00 - 10:12
BLOCK 2 10:16-11:28	ExFLEX 10:06 - 11:11	BLOCK 2 10:16-11:28	CENT TIME 10:06 - 11:11	BLOCK 2 10:16-11:28
Lunch 11:28 - 12:13	BLOCK 2 11:15 - 12:17	Lunch 11:28 - 12:13	BLOCK 2 11:15 - 12:17	Lunch 11:28 - 12:13
BLOCK 3 12:13 - 1:25	Lunch 12:17 - 1:05	BLOCK 3 12:13 - 1:25	Lunch 12:17 - 1:05	BLOCK 3 12:13 - 1:25
ADVISORY/FLEX 1:29 - 1:59	BLOCK 3 1:05 - 2:09	FLEX 1:29 - 1:59	BLOCK 3 1:05 - 2:09	FLEX 1:29 - 1:59
BLOCK 4 2:03 - 3:15	BLOCK 4 2:13 - 3:15	BLOCK 4 2:03 - 3:15	BLOCK 4 2:13 - 3:15	BLOCK 4 2:03 - 3:15