

## **Mt Seymour Snow School**

### **Bear Cubs Program Volunteers 2019 - 2020**

Thank you for volunteering to assist with Mt Seymour's Bear Cubs Program for skiers and snowboarders ages 4-7. Volunteers are needed to assist instructors and to help in different areas of the program. The Bear Cubs Program operates mornings and afternoons on weekends and holidays from Dec. 14<sup>TH</sup> to March 29<sup>th</sup> and on Wednesday evenings from January 15<sup>TH</sup> to March 4<sup>TH</sup>. In return for volunteering your time and commitment Mt. Seymour provides a full Staff season pass, training and staff benefits.

#### **Volunteer Program Benefits**

- All staff benefits outlined in the volunteer handbook and employee perks sheet.
- Uniform.
- Space to leave your equipment up at the mountain (at your own risk).

#### **Volunteer Program Options**

##### **A. High School Practicum Pass**

- For a minimum of 100 hours on-hill volunteering throughout the season plus 2 training days - volunteers will receive a complimentary staff season pass & Seymour Shuttle Bus Pass
- Training and full subsidize of a Canadian Ski Instructor Alliances Level 1 Course and can also be count towards high school 10 (2 credits).
- You may select any combination of AM, PM, evenings or all day shifts to fulfill your commitment.
- Volunteers will receive approximately 16 hours of training, including orientation training
- **Total Commitment:** 100 hours volunteering plus 16 hours training.

##### **B. Complimentary Staff Pass.**

- For a minimum of 60 hours on-hill volunteering throughout the season plus 2 training days –volunteers will receive a complimentary staff season pass & Seymour Shuttle Bus Pass.
- You may select any combination of AM, PM, evenings or all day shifts to fulfill your commitment.
- Volunteers will receive approximately 16 hours of training, including orientation training
- **Total Commitment:** 60 hours volunteering plus 16 hours training

##### **C. Complimentary Staff + Family Pass (Over 19 years)**

- For a minimum of 80 hours on-hill volunteering throughout the season plus 2 training days –volunteers will receive a complimentary staff season pass & Seymour Shuttle Bus Pass plus a family pass for immediate family (some restrictions apply).
- You may select any combination of AM, PM, evenings or all day shifts to fulfill your commitment.
- Volunteers will receive approximately 16 hours of training, including orientation training
- **Total Commitment:** 80 hours volunteering plus 16 hours training

## **Volunteer Duties**

- Arrive on time.
- Commit to volunteer for either the AM Bear Cub Session, the PM Bear Cub Session or volunteer for the whole day.
- Submit your commitment sheets to the Bear Clubs volunteer coordinator and keep the office updated if you make any changes to your schedule.
- Sign In and Sign out in the Volunteer Binder Located in the Bear's Den – this will be used to track your commitment hours.
- Set up the Bear Bowl in the morning with all the equipment.
- Clean up Bear Bowl and tidy up at the end of the PM session.
- Assist with dressing of Bear Cub Program participants with boots, skis, helmets and bibs.
- Participate in warm up games with the Bear Cub participants.
- Assist instructors either in the Bear Bowl teaching area, or out on the hill.
- Assemble and clean up instructional aids.
- Maintain Bear's Den cleanliness and tidiness.
- Be aware of Mt. Seymour's products and services.
- Maintain a polite and professional attitude while on the mountain.

## **Training**

Training will be conducted over two days, Sunday the 1<sup>st</sup> December and Sunday the 8<sup>th</sup> of December.

The first Sunday (1<sup>st</sup> of December) will be all theory based in the Earl Plestch meeting room. Starting at 10:00am and finishing at 3:00pm. This day will cover off all the theory based training. Complete required forms and process volunteer staff passes.

The second Sunday (8<sup>th</sup> of December) will be the practical on snow component. Conducted in the Bears Den learning area where you will be volunteering a majority of the season. Starting at 10:00am and finishing at 2:00pm. Training will cover off on correct operation of the magic carpet in the Bear Bowl, loading students onto chairlifts and fitting boots and skis to students. Along with activities conducted in the learning area and building.

A shuttle bus will be available on both days to get up and down the mountain. With one trip up in the morning leaving from outside Parkgate Library. Then returning back down in the afternoon to Parkgate Library.

## **Qualifications**

- Minimum 15 years old (14 with letter from parent or guardian)
- Intermediate skiing or snowboarding abilities
- Customer service experience (desirable)
- Must enjoy working with 4-7 year old children
- Good physical condition
- Reliable transportation / shuttle bus
- Have ski/snowboard equipment
- Provide own Helmet

## **Snow School Volunteer Commitment Sheet**

**NAME:** \_\_\_\_\_

**Email:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

Please indicate the sessions for which you will be available to volunteer on the table below. By marking an **X** in the box that you will be volunteering. The hours of the sessions are as follows:

### **Volunteer shifts**

Shift that are available over Christmas break. **December 14<sup>h</sup> to January 5<sup>th</sup>.**

- AM session – 8:30am to 1:30pm
- PM session – 11:30 to 5:00pm
- Full session – 8:30am to 5:00pm

Shifts that are available in the New Year. **January 11<sup>th</sup> to March 29<sup>th</sup>.**

- AM session – 8:30am to 1:30pm
- PM session – 11:30pm to 5:00pm
- Full session – 8:30am to 5:00pm
- Wednesday session – 4:00pm to 6:30pm

To complete your commitment you may work full days, AM Sessions, PM Sessions, evening sessions or a combination of sessions. The Sessions are listed below. Please tally up your total hours you wish to volunteer, to make sure you reach your minimum required and sign off on your commitment.

To provide continuity with our programs it is preferable if you commit to the same session for a complete program so that the students get to know you as their instructor. For example for the Step Ahead Program the preference would be for you to commit to either both AM sessions, both PM Sessions and both full day sessions.

If one of your sessions is cancelled due to bad weather, or you have to cancel a session. It will be up to you to reschedule to another date and time.

## **December 14<sup>th</sup> to January 5<sup>th</sup> Schedule.**

### **Step Ahead**

	Morning 8:30am – 1:30pm	Afternoon 11:30am – 4:30pm	Full Day 8:30am – 4:30pm	Total Hours
December 14 <sup>th</sup>				
December 15 <sup>th</sup>				

### **Christmas #1**

	Morning 8:30am – 1:30pm	Afternoon 11:30am – 4:30pm	Full Day 8:30am – 4:30pm	Total Hours
December 21 <sup>st</sup>				
December 22 <sup>rd</sup>				
December 23 <sup>rd</sup>				

### **Christmas #2**

	Morning 8:30am – 1:30pm	Afternoon 11:30am – 4:30pm	Full Day 8:30am – 4:30pm	Total Hours
December 26 <sup>th</sup>				
December 27 <sup>th</sup>				
December 28 <sup>th</sup>				

### **Christmas #3**

	Morning 8:30am – 1:30pm	Afternoon 11:30am – 4:30pm	Full Day 8:30am – 4:30pm	Total Hours
December 29 <sup>th</sup>				
December 30 <sup>th</sup>				
December 31 <sup>st</sup>				

### **Christmas #4**

	Morning 8:30am – 1:30pm	Afternoon 11:30am – 4:30pm	Full Day 8:30am – 4:30pm	Total Hours
January 2 <sup>nd</sup>				
January 3 <sup>rd</sup>				
January 4 <sup>th</sup>				
January 5 <sup>th</sup>				

## **January 12<sup>th</sup> to March 31<sup>st</sup> Schedule.**

### **Winter #1 Saturdays**

	Morning 8:30am – 1:00pm	Afternoon 12:30am – 5:00pm	Full Day 8:30am – 5:00pm	Total Hours
January 11 <sup>th</sup>				
January 18 <sup>th</sup>				
January 25 <sup>th</sup>				
February 1 <sup>st</sup>				

### **Winter #1 Sundays**

	Morning 8:30am – 1:00pm	Afternoon 12:30am – 5:00pm	Full Day 8:30am – 5:00pm	Total Hours
January 12 <sup>th</sup>				
January 19 <sup>th</sup>				
January 27 <sup>th</sup>				
February 2 <sup>nd</sup>				

### **Winter #1 & #2 Saturdays**

	Morning 8:30am – 1:00pm	Afternoon 12:30am – 5:00pm	Full Day 8:30am – 5:00pm	Total Hours
January 25 <sup>th</sup>				
February 1 <sup>st</sup>				

### **Winter#1& #2 Sundays**

	Morning 8:30am – 1:00pm	Afternoon 12:30am – 5:00pm	Full Day 8:30am – 5:00pm	Total Hours
January 26 <sup>th</sup>				
February 2 <sup>nd</sup>				

### **Winter #3 Saturdays**

	Morning 8:30am – 1:00pm	Afternoon 12:30am – 5:00pm	Full Day 8:30am – 5:00pm	Total Hours
February 8 <sup>th</sup>				
February 15 <sup>th</sup>				
February 22 <sup>nd</sup>				
February 29 <sup>th</sup>				
March 7 <sup>th</sup>				

**Winter #3 Sundays**

	Morning 8:30am – 1:00pm	Afternoon 12:30am – 5:00pm	Full Day 8:30am – 5:00pm	Total Hours
February 9 <sup>th</sup>				
February 16 <sup>th</sup>				
February 23 <sup>th</sup>				
March 1 <sup>st</sup>				
March 8 <sup>th</sup>				

**Winter #3 and #4 Saturdays**

	Morning 8:30am – 1:00pm	Afternoon 12:30am – 5:00pm	Full Day 8:30am – 5:00pm	Total Hours
February 22 <sup>nd</sup>				
February 29 <sup>th</sup>				
March 7 <sup>th</sup>				

**Winter #3 and #4 Sundays**

	Morning 8:30am – 1:00pm	Afternoon 12:30am – 5:00pm	Full Day 8:30am – 5:00pm	Total Hours
February 23 <sup>rd</sup>				
March 1 <sup>st</sup>				
March 8 <sup>th</sup>				

**Spring #1**

	Morning 8:30am – 1:00pm	Afternoon 12:30am – 5:00pm	Full Day 8:30am – 5:00pm	Total Hours
March 14 <sup>th</sup>				
March 15 <sup>th</sup>				

**Spring #2**

	Morning 8:30am – 1:00pm	Afternoon 12:30am – 4:00pm	Full Day 8:30am – 4:00pm	Total Hours
March 16 <sup>th</sup>				
March 17 <sup>th</sup>				
March 18 <sup>th</sup>				
March 19 <sup>th</sup>				
March 20 <sup>th</sup>				

**Spring #3**

	Morning 8:30am – 1:00pm	Afternoon 12:30am – 5:00pm	Full Day 8:30am – 5:00pm	Total Hours
March 21 <sup>st</sup>				
March 22 <sup>nd</sup>				

**Spring #4**

	Morning 8:30am – 1:00pm	Afternoon 12:30am – 4:00pm	Full Day 8:30am – 4:00pm	Total Hours
March 23 <sup>rd</sup>				
March 24 <sup>th</sup>				
March 25 <sup>th</sup>				
March 26 <sup>th</sup>				
March 27 <sup>th</sup>				

**Spring 5**

	Morning 8:30am – 1:00pm	Afternoon 12:30am – 5:00pm	Full Day 8:30am – 5:00pm	Total Hours
March 28 <sup>th</sup>				
March 29 <sup>th</sup>				

**Wednesday Bear Cubs #1 (4:00pm – 6:30pm)**

	Total Hours
January 15 <sup>th</sup>	
January 22 <sup>nd</sup>	
January 29 <sup>th</sup>	
February 5 <sup>th</sup>	

**Wednesday Bear Cubs #2 (4:00pm – 6:30pm)**

	Total Hours
February 12 <sup>th</sup>	
February 19 <sup>th</sup>	
February 26 <sup>th</sup>	
March 4 <sup>th</sup>	

**Total Volunteer Hours:**

**Please let us know if you are flexible with your schedule** – it may be necessary to make adjustments moving forward if we have too many volunteers on particular days and not enough volunteers on other days.

Flexible? - Please provide details:

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Signed: \_\_\_\_\_

Date: \_\_\_\_\_