

Track and Field Reminder
Friday, May 26th, at Simon Fraser University (Burnaby)

Students and parent volunteer drivers need to arrive at Blakeburn by **7:50** for attendance, and much more (e.g., jersey, event labels etc.) Students will then travel by **bus** or with **parent drivers** to Simon Fraser University (Burnaby Campus). The bus and Parent drivers will be leaving Blakeburn by **8:15 sharp!** We know this is early and we appreciate parents' help in getting students here on time. **We aim to return to Blakeburn by 3:00 p.m.**

Students will need to wear proper clothing (t-shirts, shorts, runners) and bring some extra clothes/ towel in their backpacks in case of inclement weather. There is no "inside" so if students get wet they will need something to warm them up after their event. Also, students will need to bring a healthy lunch and extra snacks (fruit, juice packs, muffins, etc.) as they will be outdoors all day. Extra water to drink is a must. Please don't send sugary drinks for the day. **A concession stand is usually open; however, the line-ups are typically lengthy and crowded, and we strongly encourage students to avoid consuming sugary snacks/drinks.**

This is a very exciting day for all students who participate and parents are welcome and encouraged to come and cheer us on. **All students are expected to stay until the end of the day, even if their events are finished, so they can cheer on their fellow teammates.** Please note that students are **not allowed** to leave the stadium with anyone but their own parent, or the parent driver they came with unless they have checked in with a teacher and have written permission to do so otherwise. ****All Students must sign out with a Blakeburn staff member.**

We are looking forward to a great day of fun and competition.
Go Blakeburn!!!!