

Track and Field Practice Schedule

In preparation for the upcoming district competition, students will need to attend the practices for the events they would like to try out for. As some students may be trying out for multiple events, they should make sure that they have proper gym strip at school at all times. Since some practices will be held before and after school (as well as at lunchtime) parents may need to arrange alternate transportation for their child. We thank you in advance for your cooperation and support at this busy time.

Just a reminder: Coaches are limited in the number of students they are able to take for their events. Further, some events, such as long jump, high jump, distance, require a standard to be met by students. As a result, students are not guaranteed to “make” the event they have tried out for. Our main goal is to take as many students as possible, but to better the chances of getting to the Track Meet; we are encouraging students to try out for as many events as possible. Please take the time to discuss with your child if he/she is committed to participating in Blakeburn’s Track and Field practices as **attendance** is important and will be monitored. As mentioned, students will require proper running attire e.g. running shoes, shorts or running pants, jacket etc.

Practices begin: Tuesday, April 23th, 2019

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:15 - 8:40	High Jump Grade 3/4 Mr. Urquhart	Long Jump (Gr. 3 only) Ms. Pagazzi/ Ms. Harvey	Discus/ Shot Put Gr. 4/5 Mr. Morwick/ Ms. Ciolfitto	Long Jump (Gr.4 only) Ms. Pagazzi/ Ms. Harvey	Discus/ Shot Put Gr. 4/5 Mr. Morwick/ Ms. Ciolfitto
12:25- 12:55	Long Jump (Gr.5) Ms. Hartl/Ms. Harris	High Jump Gr. 5 Ms. Yeager/ Ms. Brown	Long Jump (Gr.5) Ms. Hartl/ Ms. Harris	High Jump Gr. 5 Ms. Yeager/ Ms. De Boeur	Relays/ 100M Ms.Vivienne/ Ms. Eden
2:50 - 3:20	Distance: (Gr. 3-5) (400,800,1500) Ms. Clerkson/ Ms.Hughes/ Ms. Rodgers	Relays/ 100M Mr.Urquhart/ Ms. Gill	Distance: (Gr. 3-5) (400,800,1500) Ms. Clerkson/ Ms.Hughes/ Ms. Rodgers	High Jump Grade 3/4 Mr. Urquhart	

Please Note: There will be no practices on the following dates:

Thursday, April 25th, no after school practice: Student Led Conferences

Friday, April 26th, no practices: Pro. D.

Tuesday, May 7th, no after school practice: Staff Meeting

Tuesday, May 14th, no lunch practice: Teacher Appreciation Luncheon

Monday, May 20th, no practices: Victoria Day

District Track Meet is on Thursday, MAY 23rd, 2019

FYI: We are planning to take a large team to the meet and will need to rely on parent drivers. If you can drive, please make sure that you have completed both (needs to be done yearly) the Drivers Certificate of Insurance form, Driver’s Abstract and submit them both to the office as soon as possible.