



BLAKEBURN ELEMENTARY

A caring, creative, intelligent school!

(604) 944-9037, Fax (604) 944-8634

<http://www.sd73.bc.ca/elementary/blakeburn/>



November 21, 2014

November & December 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16	17	18	19 Bricks 4 Kids in the library 2:45	20	21 Pizza Day	22
23	24	25	26 Bricks 4 Kids in the library 2:45	27	28 Movie Night PAC Hot Lunch	29
30	1 Photo Retakes	2	3 Bricks 4 Kids in the library 2:45	4	5 Report Cards Home PAC Treat Day	6
7	8	9	10 Winter Concert 10:30 am 1:30 pm 7:00 pm	11	12 PAC Hot Lunch	13
14	15	16	17 Bricks 4 Kids in the library 2:45	18	19 Pancake Breakfast	20 Winter Break School re-opens Jan 5, 2015



Heart and Mind

At our gathering today we talked about integrating the right side or emotional side of the brain with the left, logical, storytelling side of the brain. The strategy we discussed is called, “***Name it to tame it***” from Daniel Siegel and Tina Bryson’s book, ***The Whole Brain Child***.

Storytelling helps children when they are feeling big emotions to put the details in order and engage the left side of the brain to make sense of their emotions. Remind them that the feelings pass, they are not permanent. Help frame the story so your child tells it as an empowered character.

Remember that big emotions take a lot of energy. Our ability as adults to stay in a calm and good frame of mind supports our children to be able to integrate the stories of their lives.

We shared a beautiful story called; ***Hope is an Open Heart*** by Lauren Thompson, where the author reflects that in helping her daughter understand a difficult experience, she came to be more integrated.

Natural Hearts created by Ms. Brown’s Class



Parent/Teacher Interviews

The First Term report cards are coming home on Dec. 5th. Originally we had planned our early dismissal days for early in the year and unfortunately we ended up missing them due to job action. We will look at rescheduling parent/teacher interviews for later in the second term.

For this term, if you want to touch base with the teacher, please make an appointment.

Winter Concert

Our winter concert, "**Simple Gifts**" will be performed three times on December 10th. There will be a 10:30am, 1:30pm and 7:00pm show. We have limited seating and ask that you read the notice that went home in the youngest or only child in your family's backpack today.

I will personally collect returned notices Monday morning and each day after that for ticket requests. We are issuing 3 tickets per family and your ordering options and ability to request are outlined in the notice.

Monday morning we will follow up with an email option in case your child lost the family letter.

I would like to extend my sincere gratitude to the staff and more particularly Ms. Clark for the generosity of time and effort in preparing for this special event.

Share Food Drive

Please send shelf-stable items to donate to Share Society with your child between December 1st and December 12th. (*I have included SHARE's list of suggested items at the end of the newsletter*). They can be placed in the decorated boxes in the foyer. Thank you Mrs. Pawley and family for your help with this worthwhile project!

Blakeburn Boxes

Thank you for all your generous donations of packed shoe boxes to go overseas to a needy child. Blakeburn ***packed141 boxes!***

News From the PAC

Website: www.blakeburnpac.org Facebook: "Blakeburn Elementary PAC"

Hot Lunch – Friday, November 28

This hot lunch was pre-ordered through Munchalunch. Parent volunteers welcome to assist with lunch distribution at 11:30-12:00ish.

Blakeburn Elementary Family Movie Night "The Nut Job" (Ticket Forms due November 25th)

Blakeburn PAC is excited to be organizing another Family Movie Night on Friday, November 28th at 7:00pm. Bring your blankets, pillows and stuffies and come in your jammies to hang out with your friends and watch the hilarious movie "The Nut Job" in the gym at Blakeburn. Parents can bring chairs and set them up in the back of the gym. Parents must accompany children. **No drop offs please.**

Doors open at 6:30pm and the movie will begin at 7:00pm. The PAC kitchen will be open for concession items and will be selling items such as juice, popcorn, chips and candy treats.

Tickets are available for purchase in advance for \$10.00 per family up to 5 people. Additional people are \$2.00. Ticket sales at the door are \$12.00 per family up to 5 people and \$2.00 per additional person.

Space is limited and available on a first come, first serve basis. Please complete the form that was sent home and return it to your teacher by **Tuesday, November 25th.** Payment by cheque is preferred. **Please make cheques payable to *Blakeburn Elementary PAC.***

Any questions please contact Andrea at fundraising@blakeburnpac.org. We hope to see you there!

Youth & Social Media Presentation for Parents

Monday, November 24, 7 – 8:30pm at Inlet Theatre in Port Moody

The School District 43 PAC invites parents to attend this presentation:

Is your elementary or middle school child using social media? Is it safe? Parents are invited to an informative evening with social media expert, Jesse Miller.

Hosted by the Port Moody Police Department and CERA. (Communities Embracing Restorative Action)

Drop-in. No registration required <http://inspire.dpac43.org/youth-social-medianov-24/>

COMMUNITY NEWS



Food items MOST needed in the Food Bank to fill our Food Hampers

Canned Fruit	2,500 cans
Fish & Meat (canned)	2,800 cans
Peanut Butter	1,000 jars
Cereal	1,540 boxes
Rice	1,000 bags
Canned Meals	3,000 cans
Canned Vegetables	2,000 cans
Tomato Sauce	2,000 jars
Juice	1,000 containers
Pasta	1,500 packages

Special treats to consider:

Stuffing Mix
Candy or Chocolates
Jam
Coffee or Tea
Condiments such as ketchup and mayonnaise
Cooking oil

*** Please be advised that we can not use open, damaged or expired food**

WEEKEND
ROBOTICS COURSES FOR
AGES 9-15+

Looking for an innovative program to foster your child's interest and abilities in science, technology, engineering, arts and math [STEAM]?

While working in engineering teams, participants will have an opportunity to learn a number of skills related to the real world of work. Our main goal is to promote the "Design Process" while reinforcing key concepts such as applied physics, math, effective problem solving, critical thinking, and teamwork skills.

GearBots Makerspace is designed to provide hands-on, creative ways for students to learn about the exciting world of engineering and technology during our open lab times. In our Makerspace, students will collaborate, design, build, and program using a variety of technological tools.

Prerequisite: Students are required and expected to be able to work cooperatively with others, follow directions, work on-task, function within the lab / team setting, and be respectful of both the equipment and others.

Targeted Students:

Students who are curious and like to Tinker.
(ages 9-15+)

Space is limited:

Reserve your spot today. Maximum 15

Makerspace: Robotics and Coding with Dereck Dirom

This course will focus on learning how to CODE using a robotics device.

Participants will be introduced to the basic engineering and programming skills needed to complete a number of challenges. Supplies and software included.

Course Code: MSRC

SAT Nov 8-Dec 13 10:00am-12:00pm 6 Classes \$131.51

SAT Jan 17-Mar 7 1:00pm-3:00pm 8 Classes \$173.51

SAT Apr 18-Jun 6 10:00am-12:00pm 8 Classes \$173.51

How You Can Register: 1. Online at pomoarts.ca

Click on the "Program Information & Registration" button where you will find information about this class

2. In person @ 2425 St. Johns Street, Port Moody

3. Over the telephone @ 604.931.2008

Port Moody Arts Centre

2425 St. Johns Street, Port Moody

604.931.2008

To learn more about our program: **PHONE** 604.308.2241 | **EMAIL** info@gearbots.org | **VISIT** www.gearbots.org

Safety Tip

The Canadian Centre for Child Protection, through its Cybertip.ca program, is informing the public about an app called *Communit: Student Chats & Confessions* currently trending with youth in Canada. The app allows users to anonymously post comments under sections that are broken out by school name. In many cases, youth are being singled out by name in comments used for personal attacks related to appearance, sexuality, race, threats or harassment.

We encourage parents to have an open and honest discussion with their children about cyberbullying and harassment to limit the harmful impacts of this extremely concerning online activity. If a parent/guardian becomes aware of her/his child using the app on a personal device, we highly recommend the parent/guardian discuss and advise his/her child to discontinue use of the app and remove it. Parents encountering issues with this app are also strongly encouraged to notify their child's school to ensure those regularly intersecting with your child are attuned to any issues being faced among peers.

The Canadian Centre for Child Protection has also created a number of new resources for educators related to cyberbullying to address the diverse and complex nature of this type of online activity. For more information on these resources, visit [Kids in the Know](#). We encourage everyone to get involved in addressing the issue of cyberbullying and pass on information related to these valuable resources.

Regards,

Cybertip.ca, Canada's tipline operated by the Canadian Centre for Child Protection

If you would like to unsubscribe to this newsletter, please email: sfiset@sd43.bc.ca