

# Fall 2015 Practice Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday
Before School <b>7:45 – 8:30am</b>		Grade 7/8 Boys Volleyball		Grade 7/8 Boys Volleyball	
After School <b>3-4pm</b> (unless otherwise specified)	Gr. 7 GIRLS VOLLEYBALL  <b>SWIMMING – 4-4:50pm</b> Eagle Ridge Pool	Gr. 7 VOLLEYBALL GAMES	Gr. 8 VOLLEYBALL GAMES  <b>SWIMMING – 4-4:50pm</b> Eagle Ridge Pool	Gr. 8 GIRLS VOLLEYBALL  <b>CROSS COUNTRY MEETS</b> (see attached schedule)	Grade 7/8 Boys Volleyball

## Tournaments/Meets:

Swimming District meet – City centre Aquatic center – Wed. Oct 7th

Cross Country – District Meet - Thursday, Oct. 22nd

Grade 6 Volleyball – Friday, Oct. 30<sup>th</sup> (High school to be determined)

Grade 7 Volleyball – Nov. 17<sup>th</sup>

**Girls play at Charles Best**

**Boys (location to be determined)**

Grade 8 Volleyball Tournament :

**Semi-finals: Nov. 17<sup>th</sup> various locations**

**Finals: Nov. 18<sup>th</sup> (location to be determined)**

## Fall Coaches

Mme. Gordon/Mr. Hunter

Mme. Gordon

Volleyball: Grade 6 – Nicolson/Karsenti  
Grade 7 Girls – Vincent/Loewy  
Grade 7 Boys – Trask  
Grade 8 Boys – Trask  
Grade 8 Girls – Kimura

