

PAC Presents: A Parent Education Evening with Bridgett Miller

Thursday, April 16, 2015
Aspenwood Library 6:30pm-8:30pm
\$5/family (payable at the door)

****child minding will be available - if you require child minding please email:
071-pac@sd43.bc.ca to sign your family up.****

Topic of Discussion:

Surviving the BIG Behaviours and Helping Children Grow Through Them.

Adults are often thrown by typical childhood behaviour and feel at a loss on how to help children navigate their BIG emotions. Many of the BIG behaviours - including tantrums, hitting, biting, irritability, impatience, self-harming, acting mean or rude - are all rooted in frustration. Unwittingly many of the techniques we implement backfire rather than resolve the situation and may result in disconnection between parent and child. Bridgett Miller uncovers these roots and outlines steps for addressing them by sharing the developmental wisdom of Dr Gordon Neufeld, a Vancouver based clinical and developmental psychologist. Principles are applicable to children of all ages.

Facilitator Details:

Bridgett Miller is an Authorized Facilitator and Course Assistant at the Neufeld Institute. She has a background in Education, Special Education and Psychology and is a certified teacher in BC. Bridgett has over 15 years of experience in teaching children and is passionate about helping parents and educators make developmental sense of the children in their care. Her private practice www.TrueGrowthConsulting.ca is located in Port Moody, BC. On a personal note, Bridgett is the mother of two flourishing daughters and has found the work of Dr Gordon Neufeld to be pivotal in helping grow them up.