ELEMENTARY SCHOOL MEALS PROGRAM
VEGETARIAN LUNCH ORDER FORM

School Name:
Student's Name:
Grade:
Division:
Teacher:

Allergies / Religious Requests:

☐ Fish Ok ☐ No Fish

☐ Other: _____

Payment Amount:_____

VEGETARIAN MENU October 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 STAT	**3** Choc Milk Pizza Pretzel Cookie Fruit	**4** Juice Veggie Wrap Yogurt Fruit	**5** White Milk Cheese Sandwich Trail Mix Fruit	**6** Juice Greek Salad & Naan Yogurt Fruit
9 	**10** Juice Bagel Cr Chz & Jam Pudding Fruit	**11** Chocolate Milk Veggie Wrap Granola Bar Fruit	**12** Juice Pasta Salad Muffin Fruit	**13** White Milk Deluxe Cheese Sandwich Chips Fruit
16 Juice Cucumber Sandwich *Yogurt* Fruit	**17** Chocolate Milk Hummus & Naan Bread Cookie Fruit	**18** Juice Pizza Wrap Pudding Fruit	**19** White Milk Cheese Sandwich Veggies Fruit	**20** **District Pro D day**
23 Juice Cheese Sandwich Yogurt Fruit	**24** Chocolate Milk Jam Sandwich Cookie Fruit	**25** Juice Veggie Nuggets Yogurt Fruit	**26** White Milk Croisant Cookie Fruit	**27** Juice Pasta Salad Pudding Fruit
30 Choc Milk Cucumber Sandwich Chips Fruit	31 Juice Mini Pizza Veggie Fruit			

ORDERS ARE DUE TO THE SCHOOL BY 9:00 AM, Tuesday, September 19, 2023

October Lunches: 19 days @ $6.00 = $114.00

Please make cheques payable to the school.

PLEASE NOTE:

THIS MENU IS GELATIN FREE

WE DO NOT GUARANTEE A NUT-FREE ENVIROMENT ALL OF OUR BREADS AND BAKED GOODS MAY CONTAIN TRACES OF NUTS

MENU SUBJECT TO CHANGE BASED ON AVAILABITLY FROM SUPPLIERS