

ELEMENTARY SCHOOL MEALS PROGRAM VEGETARIAN LUNCH ORDER FORM



School Name: _____

Student's Name: _____

Grade: _____

Division: _____

Teacher: _____

Allergies / Religious Requests:

Fish Ok

No Fish

Other: _____

Payment Amount: _____



VEGETARIAN MENU November 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 White Milk Bagel & Cr Cheese & Jam Cookie Fruit	2 Juice Hummus & Naan bread Yogurt Fruit	3 Choc Milk Deluxe Cheese Sandwich Chips Fruit
6 Juice Cucumber Sandwich Yogurt Fruit	7 White Milk Cheese Sandwich Granola bar Fruit	8 Juice Pizza Pretzel Yogurt Fruit	9 Choc Milk Greek Salad Snack Fruit	10
13 No School	14 White Milk Hummus & Naan Bread Cookie Fruit	15 Juice Cucumber Sandwich Yogurt Fruit	16 Choc Milk Veggie Wrap Granola Bar Fruit	17 Juice Deluxe Cheese Sandwich Yogurt Fruit
20 White Milk Cheese Sandwich Cookie Fruit	21 Juice <i>Jam Sandwich</i> Yogurt Fruit	22 Choc Milk Pizza Wrap Snack Fruit	23 Juice Cucumber Sandwich Yogurt Fruit	24 White Milk Pasta Salad Snack Fruit
27 Juice Cucumber Sandwich Yogurt Fruit	28 Choc Milk Hummus & Naan Bread Snack Fruit	29 Juice Begel & Cr Cheese & Jam Pudding Fruit	30 White Milk Jam Sandwich Snack Fruit	

ORDERS ARE DUE TO THE SCHOOL BY 9:00 AM, Tuesday, October 10, 2023

November Lunches: 20 days @ \$6.00 = \$120.00

Please make cheques payable to the school.

PLEASE NOTE:

THIS MENU IS GELATIN FREE

WE DO NOT GUARANTEE A NUT-FREE ENVIROMENT ALL OF OUR BREADS AND BAKED GOODS MAY
CONTAIN TRACES OF NUTS

MENU SUBJECT TO CHANGE BASED ON AVAILABILTY FROM SUPPLIERS