## ELEMENTARY SCHOOL MEALS PROGRAM VEGETARIAN LUNCH ORDER FORM

School Name:		
Student's Name:		350
Grade:		V (19
Division:		
Teacher:		
Allergies / Religious Requests:		
□ <mark>Vegetarian</mark>	□ we no longer serve fish	
□ Other:		
Payment Amount:		

## **VEGETARIAN MENU January 2024**

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8	9	10	11	12
Juice	White Milk	Juice	Choc Milk	Juice
Bagel Cr Ch & Jam	Veggie Patty Kaiser	Chs & Cuke Sandwich	Beyond Chicken Wrap	Cuke, Tom Chs Croissant
Cookie	Pudding	Veg & Dip	Chips	Veg & Dip
Fruit Cup	Fruit	Yogurt/Fruit Bar	Fruit	Fruit
15	16	17	18	19
Choc Milk	Juice	White Milk	Juice	Choc Milk
Cheese Kaiser	Pizza Pretzel	Pasta Salad w Bun	Cheese & Cracker	SW Veggie Wrap
Cookie	Veg & Dip	Granola Bar	Veg & Dip	Popcorn
Fruit	Yogurt & Fruit Cup	Fruit	Yogurt/Cookie	Fruit
22	23	24	25	26
White Milk	Juice	Choc Milk	Juice	White Milk
Cuke & Cheese Croissant	Pizza Wrap	Pasta Salad w Naan	Spring Roll	Veggie Ranch Wrap
Trail Mix	Veg & Dip	Cookie	Veg & Dip	Pretzels
Fruit	Yogurt/Fruit Bar	Fruit	Yogurt/Fruit	Fruit
29	30	31		
	Juice	Choc Milk	0	
PRO D DAY	Chs & Cuke Kaiser	Greek Pasta W Naan		
	Veg & Dip	Muffin		
	Yogurt & Gr Bar	Fruit		
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HAPPY NEW YEAR				
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ORDERS ARE DUE TO THE SCHOOL BY 9:00 AM, Friday, Dec 1, 2023

January Lunches: 17 days @ \$6.00 = \$102

Please make cheques payable to the school.

**PLEASE NOTE:** 

## THIS MENU IS GELATIN FREE

WE DO NOT GUARANTEE A NUT-FREE ENVIROMENT ALL OF OUR BREADS AND BAKED GOODS MAY

CONTAIN TRACES OF NUTS

MENU SUBJECT TO CHANGE BASED ON AVAILABITLY FROM SUPPLIERS