



# Ecole Kwayhquitlum Middle School

3280 Flint Street  
Port Coquitlam, V3B 4J2  
Phone: 604-942-1835  
Fax: 604-942-6701  
www.sd43.bc.ca/kway

Principal: Mr. Graham  
Vice-P.: Mrs. C Potter-Smith

January 12<sup>th</sup>, 2012

**Mission Statement:** To provide a safe, caring community that values and pursues learning, respect, and responsibility.

**Énoncé de mission:** L'école s'engage à créer un environnement sécurisant permettant de favoriser l'apprentissage, le respect et la responsabilité.

## IMPORTANT DATES

January 3	School Opens ☺
January 11	Spelling Bee 1:45-2:45 Afternoon Assembly Schedule
January 12	TBirds to Rock the Fox 11:15 a.m. Pac Meeting 7:00 p.m.
January 13	Orcas to Grouse Mountain 8:40 a.m.
January 14	Ed Camp 43 8:30 – 1:30
January 19	Ski/Snowboard #1
January 20	Pep Rally
January 26	Term 2 Explorations End
January 27	Pro D Day
January 30	Term 3 Explorations begins
January 31	School wide Public Speaking Festival 11: a.m.
February 10	Hockey Jersey Day
February 13-16	Random Acts of Kindness Week
February 14	Valentines Day Dance and Activities
February 16	Ski/Snowboard #3
February 17	Pro-D Day
February 20	Fine Arts Presentation
February 23	Ski/Snowboard #4
February 29	Bullying Stops Here Pink Shirt Day
March 2	District Public Speaking Finals
Mar 12-23	Spring Break
Mar 26	Schools Open
April 6	Good Friday School Closed
April 9	Easter Monday School Closed
April 13	Term 3 Explorations End Pep Rally – 1:15 p.m.
April 19	Earth Day – Green Day
April 20	Pro D Day

Please be sure to check our calendar on the school website for further updates to the events and activities taking place at Kway!

Happy New Year to all of Parents/Guardians, Students and Staff,

I was recently speaking with some friends on the topic of parenting and the challenges that we all face in this day and age. There seems to be many competing forces that challenge our right to parent our children. Modern North American culture values individuality and often this can lead children to not heeding the advice of their parents. It sometimes seems that we question our natural instinct to make the right decisions on how to mentor our children – we question our decisions with our children and compare ourselves to others around us. A "Newsweek" magazine article in 1998 was titled "Does Parenting Matter". I venture to say that never before has the important role of parenting come under question.

A few years ago, I picked up a book entitled "Hold on to Your Kids - Why Parenting Matters" by Gordon Neufeld and Gabor Mate (2004). This book essentially talks about two things: 1) The importance of Parenting on the development of well connected children and 2) Peer Orientation - the tendency for children to look to their peers for direction. The authors of this book state that a sense of connection is the essence of a healthy Parent -Child relationship and that children who grow up without that sense of connection with their parents will look to their peers for guidance, direction and a sense of belonging. The danger with peer-oriented children is that they are being guided by children their own age who do not have the maturity, wisdom and life experience to impart values that help them move through childhood and adolescence with long-lasting and healthy connections. This book reaffirms the value of parenting, healthy family connections and helps put parent's back in the "driver's seat" when it comes to guiding their children.

So, as my friends and I convinced ourselves of the importance of our parenting on our own children's lives, I began to think about the importance of parenting in the education system and how parenting influences how a child adapts and copes with school, its' academic expectations and the many social interactions that children encounter each day. Educators can have an impact on a child's future however; we only have them for 6 hours per day 185 days of the year. A parent's positive influence is a key ingredient in a child's success at school. We know that a child who is well connected to his parents, will develop healthy connections at school and develop a resiliency that enables them to cope with the challenges of daily life.

The importance of parenting is greater than it has ever been, especially given the competing forces within society and the media. I have always said the most difficult job I have is not the work that I do for School District 43, but the work that I do at home as a parent. I tip my hat to all of you and your efforts to guide your children through this interesting world!

Mr. Graham  
Principal [agraham@sd43.bc.ca](mailto:agraham@sd43.bc.ca)

Ms. Potter-Smith  
Vice-principal [cpottersmith@sd43.bc.ca](mailto:cpottersmith@sd43.bc.ca)

## Happenings at Kway!

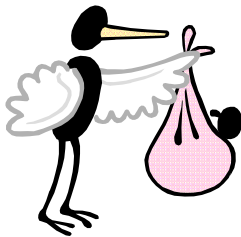
On the Move - the New Year brings about one of two School District 43 Administrative shuffles. It is with great pleasure to inform you that our wonderful VP, Christine Potter-Smith has been appointed as Principal of Moody Elementary effective January 30, 2012. It is a bittersweet piece of news for all of us, as we will miss her dearly as a respected colleague and dedicated staff member. Our loss is Moody's gain. Congratulations Ms. Potter-Smith!

Please welcome, Nicole Daneault, who has been appointed VP here at Kway also effective January 30th. Nicole is currently working at Walton Elementary as a teacher as well as doing work as a learning support teacher with the staff development department. Although her last few years have been in early learning, Nicole has many years of experience as a teacher at both Junior High and Middle School.

### **PAC Meeting - Tonight!**

Our next PAC meeting is scheduled for tonight, Thursday, January 12<sup>th</sup> starting at 7:00 in our library. All parents are welcome to attend.

### **Parents of Grade 8 students!**



It's that time of year again when we start formalizing pages in our Yearbook, including a baby page for our grade 8's! Grade 8 students are encouraged to bring their baby photos to Ms. Bauder (or to Ms. Bauder's box at the office). Photos MUST have the student's first name, last name, and division labeled clearly on the back. All photos will be scanned and returned within a few weeks. Or even better, email a medium-sized quality baby photo (.jpg, .tif or .png formats only please) directly to Ms. Bauder at [ebauder@sd43.bc.ca](mailto:ebauder@sd43.bc.ca). Don't forget to include your child's full name and division.

☺ **All baby photos are due by Friday, January 27<sup>th</sup>.**

### **School/Athletic and Yearbook Fees/PAC Donation**

A very enthusiastic thank you goes out to parent(s) and guardian(s) for sending in your fees so promptly. We very much appreciate your attending to this in such a timely manner. Those who have not sent in your fees please do so at your earliest convenience.

Student fees \$35.00, Yearbook \$40.00 Engraving \$5.00, Athletic fees \$15.00 and PAC Donation \$30.00. We do accept post-dated cheques and "payment plans". Please call Mr. Graham if you have any questions or concerns.

### **Labels for the Office**

We are looking for donations of new or used labels that we can use for various tasks in our school for staff and students. If you would like to donate any kind of labels please send them into Mrs. Andrews in the office. Thank you, ☺

### **Extreme Weather!!**



We keep hearing how this winter is going to be tremendously white and perhaps this may yet prove to be correct! Please be advised as a general expectation that when it snows, schools will remain open. In the case of extreme weather conditions, the Superintendent has the authority to close schools temporarily, when conditions may endanger the health and safety of students. Should such a closure be made before morning classes begin,

announcements will be made on most local radio stations, but notably on CKNW (980), CKWX (1130) and CBC (690). If parents believe the local conditions are unsafe, you have the option of keeping your child(ren) at home, or arranging for early dismissal. If you choose to keep your children at home, please remember to contact the school at 604-942-1835. Thank you.

## PARKING, DROP OFF AND PICK UP REMINDER

For the safety of our students, parents and staff, we would please ask that you please adhere to the following when entering our parking areas:

- Please do not park and leave your car in the drive through area - this area is for pick up and drop off only. If you are leaving your vehicle to enter the school, then please park on the street in front of the school. It is only a few extra meters of walking to get to the school from the street!
- Please do not drive through or park in the staff parking area directly in front of the school. This area is reserved for staff only and has two spots for persons with handicapped tags.
- If you arrive early to pick up your child and are waiting for the end of the school day, then please arrange for your child to meet you in safe location that is not in the drive through area - this will help prevent congestion in the drive through area which is intended to be continuously flowing.
- Please do not stop or park in the yellow area marked "NO PARKING" in front of the school closest to the front entrance. This area needs to be left clear for handicapped and emergency vehicles.
- Please use common courtesy when dropping off and picking up your child - remember to drive in areas around our school as you would on your own street.
- Please drive slowly through the parking areas and on the streets surrounding our school.

We would really appreciate everyone's cooperation with ensuring that our school is a safe place for our students and parents. Thanks.

## Athletics



The Winter season is underway with Wrestling and Basketball. Students should listen to the announcements, and read the E-News to find out when meetings and practices are for these sports. Games for Basketball, and tournaments for Wrestling will begin in the third week of January. New participants are *always* welcome to these sports. Students are encouraged to come out and try something new!

## Community Information

### POWER TO PARENT: PART 1 - **The Vital Connection**

#### A Video Course and Discussion Group facilitated by Bridgett Miller

This video-course has been developed by internationally renowned developmental psychologist Dr. Gordon Neufeld, a best-selling and award-winning author. His revolutionary yet scientific approach turns parenting right-side up, restoring natural intuition to parenting and putting parents back in the driver's seat. His book, *Hold On To Your Kids* is

causing an international stir and is now available in eight languages. This video-course takes the best that science has to offer and renders it readily accessible to parents of children of all ages. Dr. Neufeld's approach has won powerful endorsements from such luminaries as Dr. Daniel Segal, Dr. Mary Pipher, Raffi, Dr. Peter Levine and Robert Bly. For more information about Dr. Neufeld or his approach, visit his website: [www.neufeldinstitute.com](http://www.neufeldinstitute.com).

Dates: Eight Wednesday Evenings

January 11 to February 29, 2012

Location: Port Moody Recreation Complex

300 Ioco Road, Port Moody, BC

Fees: \$140 per person

Topics Include:

- Cultivating and preserving powerful parent-child connections
- Addressing parenting challenges without sabotaging the relationship
- Disciplining in ways that don't divide or backfire
- Keeping from being replaced by competing attachments
- Assisting children who seek to dominate rather than depend

This parenting course delivers the best that developmental science has to offer to those who are our children's best bet - parents and those who support them. The effect of the material is to restore parents to their natural intuition as well as to their rightful place in their children's lives. The principles and dynamics apply to children of any age.

Dr. Neufeld's approach has the power to change, if not save, the lives of our children.... -  
National Post

Bridgett Miller is an educator with experience and academic grounding in education and psychology. She has specialized in working with preschool and kindergarten children and is particularly interested in working with families with young and elementary age children. Bridgett is a mother of two and has found the work of Dr Neufeld to be pivotal in understanding her own children and in helping to grow them up.

Please register online [www.portmoody.ca/recreation](http://www.portmoody.ca/recreation) or email [powertoparent@gmail.com](mailto:powertoparent@gmail.com) for more information

**Great New Programs begin this month at the Family Resource Centre**

Happy New Year Everyone:

Please make special note that the Family Resource Centre is now operating at Minnekhada Middle School and we have great new facilities for the children in SD 43. We are excited to offer new programs in January 2012.

We are now offering 2 Girls programs that are being supported by Curves Port Coquitlam and Soroptomist International. These are **social programs** on Mondays - one for girls in grades 5 through 9 at 6:00 P.M. and one for girls ages 5 through 11 at 4:00 P.M. Cost for these programs is **\$30.00**

**A new social program for boys ages 5 - 11 years of age** begins mid month and runs on Tuesdays at 6:00 P.M. Cost for this program is \$65.00.

We also have some limited multisensory literacy tutoring space available in both of our programs - choice of Mondays and Wednesdays or Tuesdays and Thursdays - qualified multisensory tutors. We are having great results with this program. Cost is only \$20.00 per hour and again, if you have children dealing with Autism, the cost of these programs is covered.

Full registration details and forms are available by email request - [ldafrasernorth@gmail.com](mailto:ldafrasernorth@gmail.com) or [frcdistrict43@gmail.com](mailto:frcdistrict43@gmail.com)

You can also leave us a voice message at 604-942-0261 extension 114. Our office hours vary due to parent meetings, etc., but I will certainly return messages as quickly as I can. Looking forward to your support - there are very few resources in the Tri Cities and we strive to offer programs that are worthwhile and affordable to all parents in our community.

Thanks.....Betty Anne

Betty Anne Myers LDA Fraser North  
Community Education/Family Support  
FRC - Minnekhada Middle School  
#9A - 1390 Laurier Avenue  
Port Coquitlam, B.C. V3B 2B8  
604-942-0261 extension 114



SouthSide Family of Schools  
Parent Education

Proudly Presents

## **“Nurturing the Roots of Natural Self-Esteem in Children”**

Learn about three different types of self-esteem and strategies on how to nurture children's intrinsic self-worth based on the Neufeld paradigm!

Featuring:

Dr. Deborah MacNamara, Ph.D.

**Wednesday, January 18, 2012**

**6:45 – 8:30pm**

**at Citadel Middle School**

Cost: \$3/adult or \$5/couple

Free Childminding available  
with advance registration.

**To register:** Visit your child's school website for this event flyer and fill out the form and return it with payment to the school office by Jan. 11, 2012. Or register by e-mail [ssfspe@gmail.com](mailto:ssfspe@gmail.com) including your name, number attending, and the name and ages of any children that require childminding in your email and bring payment to presentation.

# CPF *Canadian Parents for French*

- Congratulations to **Darleen Bemister** and **Deborah Patz** who both won an autographed Charlotte Diamond CD simply by liking us on Facebook.
- We had our Annual CPF member skate on Jan 2, 2012 @ Port Moody Arena. Congratulations to the draw winners: **LeFaive family** (moose stuffy), **Zimmerman family** (Amuse-moi bien game), **Sepp family** (Autographed Charlotte Diamond CD), **Nigel and Betty** (CPF hat), **Nickason family** (CPF water bottle), **Zimmerman family** (Crayola art set), **Kindersley family** (autographed Charlotte Diamond CD and music book), **Rosie** (CPF travel mug) and **LeBlanc family** (CPF travel mug). Special thank you to Charlotte Diamond for donating CDs and music book for the draw. We thank everyone who came out and enjoyed our event.
- Our next meeting is **January 10, 2012** at Glen Elementary school. We have a guest speaker, Sophie Bergeron who is the French Program Coordinator for SD 43, to talk about how to help your FI child with homework @ **6:30pm**. Meeting begins at **7:00pm** and everyone is welcome to attend
- The next two "Parents Night Out" are held on **Friday, February 3<sup>rd</sup>, 2012** and **Friday, March 2<sup>nd</sup>, 2012** at Place Maillardville, 1200 Cartier Avenue, from **5:00pm to 9:00pm**. Email us at [tricityscpf@gmail.com](mailto:tricityscpf@gmail.com) for secure your child's place today.
- Register now for the French lessons, starting in January and running for 10 weeks. Three levels offered, \$100 (plus \$10 membership fees): **Beginner I**: Tuesday, January 17<sup>th</sup> to March 20<sup>th</sup> from 6 to 7:30pm; **Beginner II**: Thursday, January 19<sup>th</sup> to March 22<sup>nd</sup> from 6:30 to 8pm; **Conversation**: Tuesday, January 17<sup>th</sup> to March 20<sup>th</sup> from 8 to 9:30pm. For more information or to register, please contact Isabelle (604) 515-7070 or [info@maillardville.com](mailto:info@maillardville.com).

[tricityscpf@gmail.com](mailto:tricityscpf@gmail.com) / [www.cpf.bc.ca/tricity](http://www.cpf.bc.ca/tricity)

[Facebook.com/cpftricity](https://www.facebook.com/cpftricity)

**Late Montessori Registration  
at Montgomery & Scott Creek Middle Schools  
(Grade 6 entry)**

**AN INVITATION TO PARENTS:** If you are considering the Montessori program at middle school in September 2012, you are invited to attend an information meeting to learn about the program. An information meeting regarding the middle school program will take place at:

**SCOTT CREEK MIDDLE SCHOOL**

**1240 Lansdowne Dr., Coquitlam**

**Wednesday, February 1, 2012 at 7:00 pm**

**\*\*Please note that for this year only Scott Creek will be accepting Gr. 7 students who have attended Montessori at the elementary level.**

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For further information visit our website:

[www.sd43.bc.ca](http://www.sd43.bc.ca) or contact Rob McFaul, Principal,  
Montgomery Middle School at 604-939-7367

or e-mail: [montgomery@sd43.bc.ca](mailto:montgomery@sd43.bc.ca) or Judy Robb, Principal,

Scott Creek Middle School at 604-945-0156 or email: [scottcreek@sd43.bc.ca](mailto:scottcreek@sd43.bc.ca)



## Speaking Circle: Women's Resource Centre

### Would you like to:

- Nurture your well-being and self-healing by being heard in a safe and supportive group?
- Foster a deeper appreciation for your relationship with family, friends and others by learning how to communicate while being fully present - speaking and listening from the heart with clarity?
- Improve your self-esteem, confidence, authenticity and spontaneity by learning to communicate from your heart?



**START DATE:** January 17, 2012 (6-week group)

**TIME:** 11:00 am - 1:00 pm

**PLACE:** 2540 Mary Hill Rd., Port Coquitlam, BC

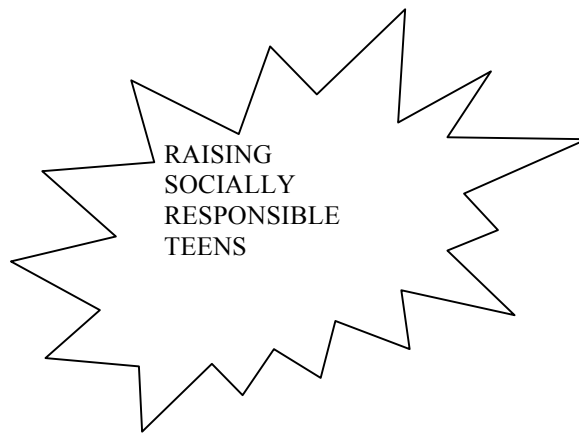
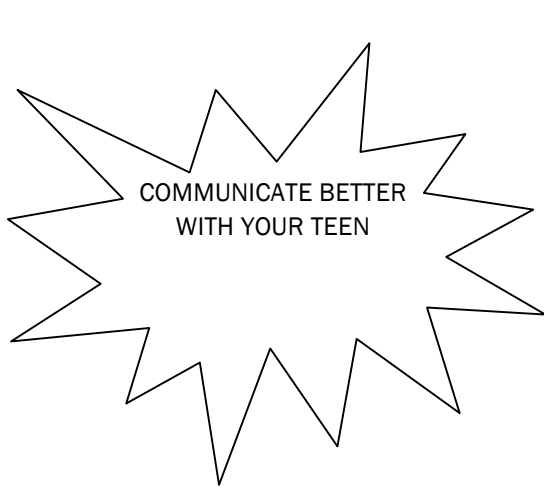
For more information, call 604 941-6311



# Fine Tune Your Parenting Skills With

## *STEPS TO EFFECTIVE PARENTING*

Teen Program – For Parents of teens...ages 11 - 17



STEP offers a down-to-earth and practical way to meet the challenges of raising teenagers today. It's a group discussion program that paves the way to improved parent-teen relationships; more responsible teenage behaviour in home, school and community; and teenage self-esteem and self-reliance.

Place: Gleneagle Secondary School

Time: 7p.m. – 9p.m.

Dates: Thursday April 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>, May 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, and 24<sup>th</sup>, 2012  
{inclusive}

Facilitated by: Marilyn Abram Itinerant Youth Worker

To register: Phone: 604-230-1563

E-mail: [mabram@sd43.bc.ca](mailto:mabram@sd43.bc.ca)

**Books may be purchased at the first class – cost \$20.**

**Register by March 26<sup>th</sup>, 1012**

## Middle Schools

### Spring Break Workshops for Grades 6 to 8 at Place des Arts

Registration for all workshops opens January 30

Online at [www.placedesarts.ca](http://www.placedesarts.ca); by phone at 604.664.1636; in person at 1120 Brunette Avenue, Coquitlam

#### One-week Comics Workshop

**March 12 – 16, 9am – 12pm**

Ever wonder how comics are made? Learn how to storyboard and create comics in a week. You'll act out and photograph yourself into each scene using a computer and a green screen. Comicfy your photos, write scripts and explore different genres. All supplies and materials included. Teacher: James McCann

#### One-week Art Blender

**March 12 – 16, 12:35 – 3:35pm**

Get exposed to a variety of art techniques and ways of artistic expression in this multi-faceted class. Explore 'dark' and 'light' secrets of pencil drawing; dive deep into the 'see' of 'cool' colours of painting; make breath-taking impressions by printing your own poster or set of greeting cards; and turn collections of scrap paper, strings and glitter into a masterpiece of collage art. Teacher: Stan Hunc

#### One-week Spring Break Pottery Camp

**March 19 – 23, 12:35-3:35pm**

Spin up some fun in the pottery class with Vin. Learn the basics of wheel throwing and engage in a hand-building project to make decorative and functional works of art. Teacher: Vin Arora

#### Two-week Shakespeare 101: MacBeth Made Fun!

**March 12 – 23, 9:00am – 12:00pm**

***Plus special presentation on Sunday, March 25***

*Double, double toil and trouble . . . Before Harry Potter and Twilight, there was MacBeth. Jump into the bubbling cauldron and explore one of the bloodiest plays of all time! Taught by Kevin Bennett, acclaimed as one of Vancouver's hottest young directors and teachers, students will explore text, character and performance to bring to life a 60-minute adaptation of MacBeth.*

## **KidSport Tri-Cities Spring Used Equipment Sale**

KidSport Tri-Cities is holding their much anticipated Annual **Spring Used Sporting Goods Sale, Presented by Westminster Savings:**

**Saturday, February 18<sup>th</sup> from 10am until 2pm**

Riverside Secondary School,  
2215 Reeve Street, Port Coquitlam

If you or your family is in to sports, we will save you money. A huge variety of quality used sporting goods at incredible prices. Everything from Bikes and hockey gear to fitness equipment and wetsuits and everything in between.

To make this event a huge success KidSport needs equipment! **Families are encouraged to donate and drop off their used sporting goods of any kind from Feb 1-17 at the following locations:**

**Port Coquitlam Rec Centre**

**Port Moody Rec Centre**

**Poirier Sport and Leisure Complex**

**Cyclone Taylor Sports**

**Corner Sports - 2276 Elgin Ave. POCO**

**Thriftopolis - D-2579 Lougheed Hwy, Port Coquitlam**

If you have used equipment taking up space in your garage or basement, this is a great opportunity to free up some space, donate the equipment (including bikes) and make a great contribution to our community. Please remember to also come by the sale for some amazing deals

### **FOR MORE INFORMATION, CONTACT:**

Chris Wilson, KidSport Tri-Cities

Phone: 604-341-0241

Email: [cwilson630@gmail.com](mailto:cwilson630@gmail.com)

[www.kidsporttricity.ca](http://www.kidsporttricity.ca)



## 2012 Baseball Season Registration

Come join your friends for another exciting season of Port Coquitlam Minor Baseball. There are divisions available for **everyone** from four years to twenty-four years of age.

**To register**, please visit our website at [www.pocominorbaseball.com](http://www.pocominorbaseball.com). If you have any questions, please email [registrar@pocominorbaseball.com](mailto:registrar@pocominorbaseball.com).

Here are the levels of play that are available:

Division	Year Born
Blastball	2007
Rally Cap (T-Ball)	2005 to 2006
Tadpole	2003 to 2004
Mosquito	2001 to 2002
PeeWee	1999 to 2000
Bantam	1997 to 1998
Midget	1994 to 1996
Junior	1988 to 1993

In addition to offering on-line registration, we invite you to be a part of our **Registration Open Houses** being held on the following dates:

January 21 <sup>nd</sup> and 22 <sup>rd</sup>	9:00am to noon	Mabbet Room	Wilson Centre*
January 27 <sup>th</sup>	5:45 pm to 7:30 pm	Hyde Creek Gym	Hyde Creek
February 11 <sup>th</sup>	TBA	Spirit Week	see website*

\*Wilson Centre is located at 2150 Wilson Avenue. The Mabbett Room is located directly above the concession. Leigh Square is located at 2253 Leigh Square, southside of Port Coquitlam, behind the If you would like to register at the Open House, please bring a copy of your player's birth certificate and proof of address with you (municipal taxes or utility bill, personal cheques are not accepted as proof of address). **Be sure to register prior to January 31, 2012 to get the 2011 rate.**

We look forward to seeing you at the Open Houses and to another exciting year of Poco Minor Baseball.