



SouthSide Family of Schools  
Parent Education

Is proud to present...

## Nurturing the Roots of Natural Self-Esteem in Children

Featuring: Dr. Deborah MacNamara, Ph.D., *a Counselor and Educator in private practice with over 15 years experience working with children, adolescents, and adults.*

- Learn about three distinct kinds of self-esteem and how self-worth is based on social approval;
- How self-esteem rooted in healthy development can withstand the ravages of adversity;
- How this type of intrinsic self-worth can be nurtured in children based on the Neufeld paradigm.

**Wednesday, January 18, 2012 from 7:00 - 8:30 p.m.**

**Doors will open at 6:45 p.m.**

**Citadel Middle School (in the Cafeteria)**

1265 Citadel Dr., Port Coquitlam

**\$5 per couple/\$3 per single**

• **FREE Childminding available**

• Advance registration required • Light refreshments provided

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Nurturing Self-Esteem in Children, Jan. 18, 2012    Citadel Middle School    7:00-8:30pm

PARENTS' NAME(S): \_\_\_\_\_

STUDENT'S NAME: \_\_\_\_\_

TEACHER: \_\_\_\_\_ DIVISION: \_\_\_\_\_

Number attending: \_\_\_\_\_ Number and age of children requiring minding: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_ E-MAIL (if any): \_\_\_\_\_

Please return this registration to your school office by Wed., Jan. 11, 2012

Cheques can be made payable to 'SFSPE' or 'Southside Family of Schools Parent Education'.

Alternatively, e-mail us at [ssfspe@gmail.com](mailto:ssfspe@gmail.com) to register and bring payment to presentation.