

Is *your* neighbourhood prepared?

We can't prevent a disaster, but those who are prepared are likely to cope better during the event and recover more quickly afterwards. We offer a program that teaches how to become personally prepared for at least 72 hours. It also teaches neighbours how to plan and train to respond as a team during a disaster. Contact us for details.

IF DISASTER STRIKES, YOUR HELP MIGHT BE NEEDED!

Consider volunteering as an Emergency Preparedness Volunteer. All training is provided.



Be Prepared!

All training is held at:

Port Coquitlam Fire & Emergency Services

No. 1 Fire Hall
1725 Broadway Street
Port Coquitlam, BC

(Entrance & parking lot is off of Cameron Ave)



To register, volunteer or find out more about Port Coquitlam's free Emergency Preparedness training programs, call

604-927-5466

or visit

www.portcoquitlam.ca



1725 Broadway Street
Port Coquitlam, BC V3C 2M9
604-927-5466

EMERGENCY PREPAREDNESS TRAINING

2011 Calendar



FREE training for Residents of Port Coquitlam

Be prepared to help your family and your community

ALL COURSES ARE FREE AND RUN FROM 7-9 PM AT PORT COQUITLAM FIRE & EMERGENCY SERVICES, 1725 BROADWAY ST.

COURSE

DESCRIPTION

2011 COURSE DATES

Personal Family Preparedness



Emergency services and utilities may not be available for the first 72 hours after a disaster strikes.

This course will train you to help yourself, your family, your co-workers and your neighbours in those first 72 hours and beyond.

Tuesdays

January 11

March 15

May 10

September 13

November 15

Rapid Damage Assessment



Learn to identify unsafe conditions in a single-family dwelling, so you know if your home is safe to occupy after an earthquake.

This training is provided as general building/safety information; it does not certify you to be qualified to perform post-earthquake damage assessment.

Thursdays

January 13

March 17

May 12

September 15

November 17

Basic Fire Suppression



Learn about basic fire chemistry and classes of fire, how to use a fire extinguisher, and basic steps for fire response and intervention in the event of water, gas and electrical problems.

This is hands-on fire extinguisher training: please dress appropriately.

Tuesdays

January 18

March 22

May 17

September 20

November 22

Basic Light Urban Search and Rescue



If someone is trapped in a home during a disaster, do you know how to identify if and how you can help? Learn what to do.

Please dress in old, comfortable clothing – this is a hands-on experience.

Thursdays

January 20

March 24

May 19

September 22

November 24