



September 30, 2011

ÉCOLE IRVINE ELEMENTARY SCHOOL

Working together. Ensemble, nous travaillons.



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www.sd43.bc.ca/irvine



Asst. Sup: Mr. D. Derpak Trustee: Mr. Robinson

Dear École Irvine Families;
 Wow! This month has just flown by! It has been just three weeks since Day 1 and so many great things have happened.

We have settled into classes, found our way through new routines and the students are already busy at work! We spent the first few days working on the Social Responsibility Curriculum through our Healthy and Active Living theme. We met new friends and new teachers in all grades. We will repeat this exercise a few times during the year to keep us acquainted

with these new friends and bring our new Kindergarten friends into the mix.

When I travel from class to class, I see planners out and at the ready for the daily routine. Your support with this part of home-school communication is essential to your child's success. This is the morning check for messages from you and at the end of the day will give you an indication of how the day went, give you a conversations starter, perhaps, or an idea of what to work on tonight.

Once again, we hope to

work in concert with you, the family team, to get your child reading regularly and applying the skills they learn in class.

Working Together, Ensemble, nous travaillons

Is not just the motto for students, but you can see...it's not just for the children, it's for all of us!

Mme Darlene Proulx
 dproulx@sd43.bc.ca

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Welcome to Irvine!

We are sending you this important reminder about the following staff returning and new to Irvine. We know you will welcome our new additions!

- Mrs. J. Bischoff: Gr. 4/5 English
- Mrs. K. Petersen: Gr. 3/4 English
- Mrs. L. Graham: Gr. 2/3 English
- Mlle R. Butterfield: Gr. 1 French
- Mme I. Baril: Gr. K/1 French

- Mrs. J. Kask: Gr. K/1 English
- Mrs. T. Sengotta : Gr. K/1 English
- Mlle B. Bergen: Gr. K French
- Mrs. P. Webster: SEA
- Mr. Latipov: Custodian

Accessibility and Parking Information for our School

For the safety and accessibility of students and parents, please do not stop or park in front of the wheelchair access point to the school on Renton Avenue. Signage will be posted at that location as a reminder.

In addition, please respect the handicapped parking space in front of the school entrance in the staff parking lot.

Your cooperation with these requests is greatly appreciated.

As parking continues to be at a premium around the school I would like to advise everyone of the available parking.

◇ NO STOPPING on the school side

of either Wellington or Renton (Port Coquitlam Bylaw)

◇ NO STOPPING at the crosswalks at both Kent and Renton (Port Coquitlam Bylaw)

◇ Please keep moving on these streets to avoid congestion or park on another side street. Please note that due to a lack of sidewalks on the school side, you may see pedestrians there.

◇ Use lower parking lot if you intend to park and leave your vehicle

◇ Please remember to turn off your engine. You are saving precious fuel as well as the environment.

◇ Please do not encourage your children to walk across the staff park-

ing lot. This is very dangerous! Have them walk along the path by the building or by the trees.

◇ Please do not stop in a crosswalk to let your child out of the vehicle. We've had some near accidents!

◇ Please avoid blocking driveways on neighbourhood streets.



School Bell Schedule and Absences: Try on the E-form for size!

8:40a.m.: Line-up Bell

8:45a.m. school starts

10: 15-10:35 a.m. recess

12:05 p.m. to 12:45 p.m. Lunch

2:44 p.m. Dismissal



Please remember that if your child is going to be late or absent from school, please call the office and advise us. You could also send us a message by email. Mrs. Lien, (email below), will be pleased to accept your call and note down any important messages. This year we also have the [e-form for absences](#) which is found on our website. This will avoid a phone call to your home to verify the absences. Your cooperation is greatly appreciated.

WLien@sd43.bc.ca



Communication between home and school is critical to our success as partners in the education of your children. To that end, the

monthly newsletter is a vital link between us, letting you know about the fabulous things going on in this school and giving you a "heads up!" about events to come.

Going Green

If your family does not have access to a computer and would like to read the monthly newsletter in paper format, as of October we will provide copies. Extras are available in the office.

I will continue to post the newsletter in PDF format on the school website and send it out via the Parent Network every month.

We appreciate your support of this initia-

tive and here's why:

345 students x 8 pages =2760 pages.

We only printed 45 copies last year and that is 360 pages. What a difference!

If you have not already sent in the tear off sheet... and you need a paper copy please do so.

“Wet Coast” Recess Success!



Research and our parenting experience indicate that children do their best if they have time to play in fresh air.

In our climate, that means some

days are wetter than others and we need to be prepared.

We will be sending the children out to play in some drizzly days, misty mornings or liquid lunchtimes to help them make the most of their day. To help us with this and to make sure your child is as comfortable as possible, please send along some extra clothing or make sure they have a jacket or umbrella, in addition to appropriate footwear.

Those cotton hoodies are great for chilly days but when they get soaked, they stay cold and wet all day.

We will encourage students to make good choices, using their coats and umbrellas,

avoiding large puddles and using whatever covered areas we have. We hope that by sending along a change of clothing, we will avoid having your child uncomfortable all day.

We'll be having students think about these two poems:

Dress for success

For a WET COAST recess!

And

On dit “oui!”

Et on s'habille

Pour s'amuser

A la petite pluie!

Terry Fox Run!

École Irvine Elementary join hundreds of thousands of schools across Canada in honouring Terry Fox on our special day, Friday, September 30, 2011.

What an extra special day we have planned we would also like to thank Terry Fox Secondary for sending us 12 great volunteers!

Many thanks to Mrs. Leslie and the parents for organizing the run and treats as well as for their encouragement for our students.

The wonderful P.A.C hot lunch committee kicked off with this event. We will have a spectacular day!

Emergency & Volunteer Information

~ **VERY IMPORTANT** ~

Did you notice that we posted all of the volunteer forms and letters on our school website?

Click on the big blue button e-forms and you will find them all.

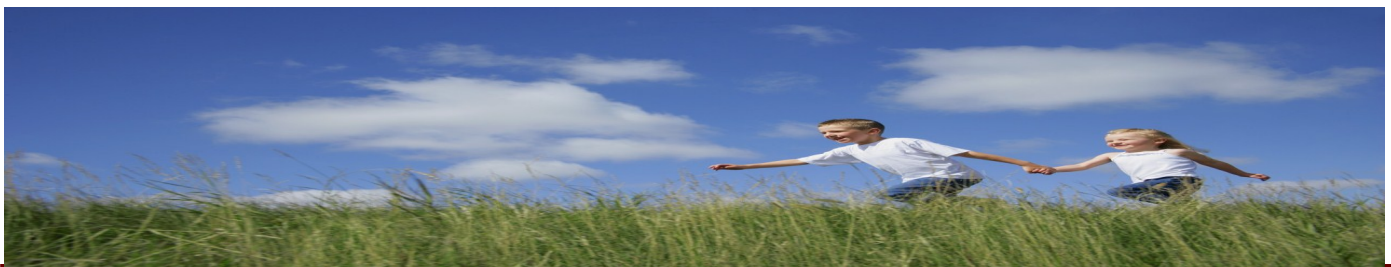
We would really like to encourage you to volunteer in the school, your help is appreciated and the students love to have you in!

Please remember to review all the electronic forms found on our website. Please remember to click the tab marked School Policies. Here, you will find the internet form that is very important as it gives your

child access to the internet if they are working on research or another project. Also, often we do take pictures of students in various activities around the school. We only include photos of children who have their permission forms submitted

There is also a section allowing permission for short walking trips. This is especially important in the Primary years or for trips to Hyde Creek Centre or the pool.

Please check the school website and make sure you are up to date.



School Goal #1: Literacy: Improving Reading Comprehension

Reading with your child is one of the most important things a parent can do.

We all know that to be true, but it can be tough to find the time, for sure, in our active family lives.

It doesn't matter if you read with your child in English, French, Russian or Punjabi, it's the act of reading together that makes the difference.

Your child will get to understand how stories develop, connect their reading with personal experience and learn to visualize. These are only some of the skills you teach your child when you pick up a book and read with your child for even a short period of time. That one on one attention is worth gold!

We are hoping to build a bigger library of books we can send home to families this

year. We would like to request that you send in any books that your children have outgrown that fall into reading for the primary years category. Please send in books that are in good shape, however, and able to withstand a loving reading session in someone else's home! We will collect them and start circulating them as soon as possible. Thanks for your help!

School Goal #2: Social Responsibility:

1. CONTRIBUTING TO THE CLASSROOM AND SCHOOL COMMUNITY

2. SOLVING PROBLEMS IN PEACEFUL WAYS

3. VALUING DIVERSITY AND DEFENDING HUMAN RIGHTS

4. EXERCISING DEMOCRATIC RIGHTS AND RESPONSIBILITIES

These are 4 of the aspects of the Social

Responsibility curriculum on which we focused during the first week of school. As we start the year, we always focus on the first...contributing to the classroom community. We worked with students in same grade groups and asked teachers to focus on these points to set the tone for the year and for our school.

It was pure magic to see students lying on the floor together in games and drawing posters together with new friends. I feel blessed to be working with a fine group of

professionals that can pull this together in a short period of time!

Class & school tone was set for success!

We are a school that lives our motto:

Working together. Ensemble, nous travaillons.

Message from the Simon Fraser Health Authority

Back to school also means the start of organized activities and sports for many young people. Children and youth need to take care of their bodies in order for them to have fun and perform optimally physically and in school.

To help your child be at their best, provide support to:

Keep well hydrated throughout the day - water is needed for many basic functions in our bodies

Follow a healthy diet - Eat 3 meals and snacks every day, choosing foods from each of the 4 food groups

For most children, there is no need to supplement any nutrients if a balanced diet is followed

Make sure they get adequate sleep - school age kids need 8 – 10 hours per night

Be smoke-free, talk to your children about the dangers of smoking and ensure their environment is smoke-free.

Be active – it is recommended that children have at least 30 minutes of activity everyday

Role model healthy behaviours – after all, you have the most influence over your child's health choices.

Eat Well...Be Active...Live Tobacco Free.

Important ideas for Parents

Making the Grade:

Raising a Successful Student

Returning to the back-to-school routine can be challenging for kids and parents. How we start the day often determines how productive that day will be and is influenced by how we ended the day before. With the new school year underway, one of the most important things you can do to help your child succeed in school is to make sure they develop healthy sleeping habits. Unfortunately, most children are not getting enough sleep and this can have a noticeable difference in both their academic performance and behavior.

Children require a lot more sleep than many parents - or educators for that matter. Studies have suggested that sleep deprivation or bad sleeping habits among children and teens can interrupt metabolic functioning and contribute to a number of serious health problems, including diabetes, obesity, cardiovascular disease, depression and learning problems. "Sleeping is like eating," said Stephen Sheldon, chief of sleep medicine at Children's Memorial Hospital in Chicago and associate professor at Northwestern University. "It is performing a biological function that is required."

Although studies have been unable to establish precisely how much sleep school-age children and teenagers need, the National Sleep Foundation recommends:

3 to 5 year olds need 11 to 13 hours of sleep each night

5 to 10 year olds need 10 to 11 hours a night

10 to 17 year olds need 8.5 to 9.5 hours a night

Students diagnosed with ADHD can have more difficulty falling asleep. These children can easily become sleep deprived making learning even more difficult.

Here are a few ways you can create a good sleeping environment and establish a bedtime schedule that will help your child get the rest they need to succeed at school.

Try to finish eating several hours before bedtime and avoid caffeine-containing drinks and chocolate.

After the homework is out of the way, allow your child some downtime to relax.

A warm bath an hour before bedtime may help calm some children, but for others it can be stimulating. For those children, a bath or shower before school may help wake them up and improve their attentiveness.

Mrs. Wendy Bennett, SD 43 Health and Safety Director, came to speak with our students about Earthquake Safety. She visited with all primary classes and gave a review class to many intermediate students.

Make your home plan with your family!

Meet the PAC!

Here are the PAC folks you need to get to know!

Colleen Harper— Co-chair

colleenharper@gmail.com

Lisa Ploss—Co-chair

plosslisa@gmail.com

Lisa Smith— Co-vice-chair

lnsmith10@hotmail.com

Michele Wong Co-vice-chair

michele_wong@shaw.ca

Tonya Pankratz —Co-vice-chair

rtpankratz@shaw.ca

Kerrie Turner - Secretary

kerrieandscott@shaw.ca

Kelly Grisley—Class Liaison

sgrisley@shaw.ca

Ihana Hoegler - Family Events Coordinator

ih74cat@yahoo.ca



www.sd43.bc.ca/irvine

Calendar Insert

Sept. 30	Hot Lunch & Terry Fox Run 1:00 p.m. All are welcome!
Oct. 6	Parks Canada Presentation 1:00 p.m.
Oct. 10	Thanksgiving: <u>no school</u>
Oct. 12	P.A.C, meeting 7:00 in the library Hot Lunch Day
Oct. 27	Recognition Assembly 1:30 p.m.
Oct. 31	Hallowe'en Parade 1 p.m.
Nov. 10	Remembrance Day Assembly 11:00 a.m.
Nov. 11	Remembrance Day: <u>no school</u>
Nov. 14	School is not in session
Nov. 25	Hot Lunch Day

Parks Canada 100th Birthday

Justine Beaver's
Adventure!

OUR MISSION

The Irvine community is working together to create a safe and nurturing environment that challenges and motivates our students and promotes a lifelong joy of learning.

Ensemble, l'École Irvine et les parents joignent leurs efforts pour créer un environnement accueillant où la sécurité et le plaisir d'apprendre sont primordiales.

October 6th
1:00 p.m.
In the Gym,
Please come and join the fun!



It's your turn!

Please tear off this portion and return it to the office.

FEEDBACK FROM YOU ABOUT GOING GREEN

If you have not already done so, please indicate your preference:

◇ I would prefer a paper copy of the newsletter .

◇ I would prefer to access the newsletter online.

◇ Student Name:

Division:

Comments: