**Mini-Meet #1 at Pitt River**

**April 27th, 2016**

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| **Events** | **Approximate start time** | **Location** | **Host school** | **Other information** |
| Shot Put | 3:45pmgirls then boysgr. 6/7/8 | Gravel field | Summit | ~2 circles, one for each gender~try to give 3 throws per athlete~athletes should exit through the back of the circle |
| Long jump | 3:45pmgirls then boysgr. 6/7/8 | Pit beside the track | Scott Creek | **~there is only one pit**~try to give 3 jumps per athlete~the jump starts at the board closest to the pit |
| Javelin | 4pmgirls then boysgr. 8 | Grass field | Citadel?Kwayhquitlum? | ~there is one throwing area~try to give 3 throws per athlete |
| Special Track 50 m dash | 3:15pm | Track | Pitt River |  |
| 4 x 200m | 3:50pmboys then girlsgr. 8/7/6 | Track | Pitt RiverMinnekhada | ~runners will start on a stagger and stay in their lanes for the 1st lap. They can cut in for the 2nd lap.~times will not be given |
| 1500m | 4:20pmboys then girlsgr. 8/7/6 | Track | Pitt RiverMinnekhada | ~runners will start on a stagger and will be allowed to cut in~times will not be given |
| 400m | 4:40pmboys then girlsgr. 8/7/6 | Track  | Pitt RiverMinnekhada | ~runners will start on a stagger and stay in their lanes throughout the race~times will not be given |
| 100m | 5:10pmboys then girlsgr. 8/7/6 | Track  | Pitt RiverMinnekhada | ~there will be as many heats as necessary~times will not be given |

**\*\*Coaches’ meeting at 3:40pm in the tennis courts\*\***