

UNDERSTANDING ADOLESCENCE

Presenter ; Farah Dawood (Counsellor)

**In collaboration
with:**

**Reine Tanios
(SWIS)**

Location : ZOOM

January 28, 2022

**From 4:30 pm to
6:00pm**

• In ARABIC

Outlines:

- 1– Introduction
- 2– Understanding Adolescence Phase,
- 3– Reasons for teenagers behavior,
- 4– Communication with Teenagers,
- 5– Listening to Teenagers is a Skill,
- 6– How do we deal with Bad behavior,
- 7– The difference between Consequences and penalties,
- 8– How to help solve Teenagers Problems,
- 9– Common mistakes parents make when using consequences.
- 10– Questions and Answers.



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