

## Daily Health Check – Students

(September 2021)

### Important Information – Please Translate

這是一份重要資訊 — 請找人為您翻譯 這是一份重要信息 — 請找人為您翻譯

Mahalagang Impormasyon - Paki salin sa sariling wika

Thông tin quan trọng - Xin tìm phiên dịch

ਮਹੱਤਵਪੂਰਨ ਜਾਣਕਾਰੀ-ਮਿਹਰਬਾਨੀ ਕਰਕੇ ਅਨੁਵਾਦ ਕਰੋ/ਕਰਵਾਓ

महत्वपूर्ण जानकारी - कृपया अनुवाद करें

중요한 정보 - 번역 부탁드립니다

Información importante - Por favor traducir

معلومات مهمة - الرجاء الترجمة

重要な情報-翻訳してください

اطلاعات مهم - لطفا ترجمه کنید

Dear Parents,

The Ministry Daily Health Check for students can also be accessed on-line or through the Ministry App. These are listed on the district and school websites under Covid-19 Pandemic Response banner.

If your child has any of the symptoms listed below, follow the directions listed below. This check is to be completed daily before arrival at school.

SYMPTOMS	WHAT TO DO
<ul style="list-style-type: none"> <li>Fever (above 38° C)</li> <li>Chills</li> <li>Cough</li> <li>Loss of sense of smell or taste</li> <li>Difficulty breathing</li> </ul>	<p>1 or more of these symptoms:</p> <ul style="list-style-type: none"> <li>Stay home.</li> <li>Contact health care provider or 8-1-1 about your symptoms and next steps.</li> </ul>
<ul style="list-style-type: none"> <li>Sore throat</li> <li>Loss of appetite</li> <li>Headache</li> <li>Body aches</li> <li>Extreme fatigue or tiredness</li> <li>Nausea or vomiting</li> <li>Diarrhea</li> </ul>	<p>If you have <b>1 symptom</b>:</p> <ul style="list-style-type: none"> <li>Stay home until you feel better.</li> <li>If symptoms don't get better or get worse, get a health assessment; contact a health care provider or 8-1-1 about your symptoms and next steps.</li> </ul> <p>If you have <b>2 or more of these symptoms</b>:</p> <ul style="list-style-type: none"> <li>Stay home and wait 24 hrs. to see if you feel better.</li> <li>If symptoms don't get better or get worse, get a health assessment; contact a health care provider or 8-1-1 about your symptoms and next steps.</li> </ul>
<p><b>Close Contact</b></p> <p>If you are a <b>close contact</b> of someone who has COVID-19.</p> <ul style="list-style-type: none"> <li>Follow the directions that public health provided you.</li> <li>You will know if you are a close contact, as you would have been contacted by Public Health. For more information on close contacts, go to <a href="http://www.bccdc.ca/covid19closecontacts">http://www.bccdc.ca/covid19closecontacts</a>.</li> <li>If you are unsure, please contact 8-1-1.</li> </ul>	
<p><b>International Travel</b></p> <p>Have you returned from travel outside Canada in the last 14 days?</p> <ul style="list-style-type: none"> <li>All students are required to follow the Federal travel regulations and the isolation orders that apply. If unsure contact 8-1-1.</li> </ul>	
<p>If your child develops severe symptoms, such as difficulty breathing (e.g. struggling to breathe or speaking in single words) or chest pain, <b>call 9-1-1 or go to the nearest Emergency Department.</b></p>	